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MYSTIC WORDS

OF

MIGHTY POWER

BY

WALTER DeVOE

Containing potent truths that have enabled many to enter the promised land of peace and plenty and rejoice in the fulness of health and happiness

"O Thou, who in wondrous Glory shineth,
In every atom Thy beauty gleams:
O Thou, who in Glory forever dwelleth,
In every atom Thine Essence beams:
Shone Thou not forth in Light Celestial,
This world would still in darkness dwell."

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TRUTH

THE TRUTH in shining brightness stands serene,
Fair as the promise in some heaven scene,
Listening so silently to every sob or moan
Coming from earth's recesses in low-breathed monotone.

She stands in mighty majesty in the sunshine's rain of gold,
And ever around the plane of earth Her matchless robe doth fold.
And to Her heart's deep throbbing millions of hearts keep time,
As through all mystic spheres around doth sound the golden chime.

Thus forever and forever shall She stand, serene in state,
So near earth's shining island or close to Heaven's gate.
And through all human channels where God's life stream courses deep
She casteth forth the pearls of truth for human hearts to reap.

PREFACE

THIS book was compiled by the author to place before a larger number of students of Mind Culture those articles, treatments and words of advice that have proved helpful to a few. It does not pretend to be a polished production of scholarly art. The articles were written at various times to satisfy definite needs. The reader must use his judgment in selecting for practice those things fitted to his temperament and aspirations. I have made no special effort to cast my thought into a systematic form of expression. The surge of the influx of ideas demanded that I use the first words that responded to the thought and I have hesitated to recast sentences from the intellectual standpoint as they might not then convey the same fervor of spiritual meaning.

Chicago, Ill. WALTER DEVOE.

FOURFOLD NATURE OF MAN

The terms under each heading have the same meaning

HUMAN HEREDITY NEGATIVE LAW OF CAUSE AND EFFECT		DIVINE HEREDITY POSITIVE LAW OF CAUSE AND EFFECT	
PHYSICAL	MENTAL	SPIRITUAL	DIVINE
senses	mind	Soul	Father-Mother God
flesh body	mind body	Divine Image	Essence
natural body	spiritual body	Son of God	Divinity
undeveloped mind substance	spirit	The Word	Spirit
conscious and sub-conscious degrees of mind		Supra-conscious Mind	Consciousness
negative mind	positive mind	I AM	I AM THAT I AM
instrument	personality	Individuality	Impersonal Being
surface mind	lower soul	Higher Self	Over Soul
human form	human character	Christ within	Universal Logos or Christ
Organized energy of space	Organized thought force	Organized faculties of Divinity	Organized Love, Wisdom and Will

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MIND CULTURE.

OMNIPOTENCE REIGNS.

In the manifested Word of Omnipotence, which is the visible universe, are written the laws of God. His laws are unchangeable and cannot be broken by any mortal will, but they may be transgressed, and pain and sorrow are the result of transgression.

God's laws work with invariable certainty; perfectly impartial in all their operations, therefore it is written that God is no respecter of persons.

When the laws of God's nature are fulfilled they bring peace and happiness, but when they are disobeyed even unwittingly, they bring pain and discord. The fault is not in the law, for it is good and perfect in its operation; the fault lies in the one who from lack of wisdom has placed himself in an inharmonious relation to the law.

No one can succeed who does not work in conformity with the laws of Omnipotence. The laws of Omnipotence are the operation of an infinite Intelligence; they are adapted perfectly to the uses which they subserve; they are the very best method of operating that could be devised; and, as all these laws are working for a good and wise purpose, and this omnipotent purpose cannot be frustrated or hindered, we are obliged to affirm that All is Good. The laws of God, which are the Will of God manifesting, reign supreme throughout His universe.

In the statement that All is Good we recognize and

glorify the omnipotent Intelligence whose presence is the life of His own vast Body, the universe.

As man's mind evolves to the comprehension of the marvelous laws of God's nature, he discovers more and more the laws of life, and this knowledge is called Science.

The laws of the material universe are discovered through the senses in combination with the reasoning mind, but the laws of the moral or spiritual universe are realized from the revelations which God gives to the soul of man, which come before his reasoning mind through soul intuition.

Jesus perceived the laws of God's nature through the illumination of his soul by the Spirit of Wisdom, and he also saw that all the sin and misery of the world was caused from a lack of understanding of these laws, and a consequent disobedience of them, and pitying but not condemning their ignorance he proclaimed, "Ye shall know the truth, and the truth will make you free."

"YE ARE THE TEMPLE OF THE LIVING GOD."

This statement from the Bible proclaims a living truth of so great an import that if its meaning were realized by humanity at large there would no longer be suffering, sorrow, disease, or the belief in death and everlasting damnation, nor any poverty or injustice in the world. The depth of meaning contained in this sentence has very seldom been sounded by the human mind. When the spirit of this one truth is realized it brings to pass a wonderful transformation in character. The one who realizes this truth no longer believes himself to be a limited mortal, bound by earth's negatives, and compelled to suffer for all his mistakes and the error of his forefathers. He rises into the perception of his inherent divinity and power as a son of the living God.

Jesus realized that He was the temple of the living God; He realized that the Spirit of God dwelt within Him, and he made this truth so manifest in His life that the world saw and is seeing still that God was manifest in the flesh. Jesus revealed a few of the divine possibilities stored within the soul of man. Few since have even approached His realization of and faith in the Father's Presence and Power, and so the world has not seen the wonderful demonstrations which spring from so mighty a faith.

We are the manifestations of God. What does this mean? Our nature is the visibility of a power and intelligence that is not separate from Omnipotence. Within our nature is a spring of life bubbling forth from the ocean of infinite life, limited only by our capacity to receive of its invigorating energy. Within each one of us there slumbers an immortal soul, which may be attuned to feel and sense through all its being the impulses of divine love that flow from the very heart of God. Our soul is an individualized atom of His grand Soul. All that we as mortals are conscious of, are but the sensations and intelligence of the body. The next step in our development is the realization of His blissful love and wisdom within our souls; the realization that He is the soul to us the body. Where shall we look for God? In His beloved—in mankind. As human parents see themselves represented in their children and love them because they are parts of their own nature, so the divine Parents—the Father-Mother God—behold their positive and negative attributes manifested in all that has life and being, and thus they love their image in all beings. Verily God is internal man. God is the life of man, the intelligence of man. Man is external God, or the intelligence and life of God manifesting. Man is God appearing in limited form. Man is limited, but it is only because of his ignorance of the unlimited power within him. He is not a fallen creature. He is in a process of evolution, growing from the more limited condition of the animal mind to

the freer and more powerful intelligence that partakes of the wisdom of God.

We cannot separate ourselves in thought from God without robbing ourselves of the faith which gives us greatest power to outgrow negative conditions of body or mind. We need to live in the constant realization of his unlimited Vitality as the strength and health of our life; we need to become more and more conscious of His guiding wisdom as the light of our intelligence and the glory of our souls, in order to develop the wonderful talents and traits through which we manifest God.

How beautiful all life becomes when we recognize the truth that it is all one substance; that all matter, all substance, all force, all intelligence is the very nature of the one omnipotent Being that we call God. There is no distinction in his nature of good and bad; it is all his own evolving substance; it is all God. We do not judge rightly, because we are misled by appearances. We look at the slime and mud with repugnance; but God is there. We take a minute portion of the slime and examine it under a microscope, and we see the most beautiful vegetation and myriads of tiny creatures active with life and intelligence; we can even see their hearts palpitating, and locate the centers of intelligence in their microscopic forms. The mud reveals diatoms and crystals of so rare a beauty that if enlarged they would be fit jewels for a queen. Can we say that this is not the life and substance of God? It is all intelligence in negative and undeveloped degree. It is the universal intelligence. Who can say that this substance of life is unreal, that it is unsubstantial, without saying that the nature and life of God are unreal? All is real; not one atom of cosmic substance can be annihilated. It may be transformed, but its nature as substance of some kind will forever Be. All is perpetual. We may try to limit by name and form this universal substance, but its transitional nature defies all analysis; nevertheless

its perpetual power is, and this perpetual power and presence, this unsearchable mystery of life, we call by the name of God.

This broader idea of universal intelligence, which reveals as brightest truth, that God is omnipresent and omnipotent, seems at the first glance to do away with the idea, held by many, of an exalted Deity of a nature so pure and holy and sublime that in it the imperfections of the animal nature have no place.

One who had held fast and faithful to his idea of God as a Being far removed from His creation, with no purpose now that his work of creation was finished but the condemnation of the wicked to everlasting torments, listened while a teacher expounded the beauty and goodness of the omnipresent Intelligence and was so thoroughly convinced that God was present in all, that he thought there could be no God in a personal sense, and almost frantic over his imaginary loss, he walked the street crying within himself, "I have lost my God! I have lost my God!"

A right understanding of the truth does not take from us the true God of love and wisdom, the living Father made manifest in the person of Jesus. It does not cloud our vision to the immortal Christ living in the bosom of the Father's love, and revealing the wisdom of His love, as the supreme Image and Word of God. The truth reveals that as souls, we are one with the Wisdom and Love which Jesus called Father. The truth frees us from our limiting bonds by showing that we are related to Omnipotence, that we are the "only begotten," that is, rightly translated, of like nature with the Father. This truth saves us from sin and the consequences of sin, by lifting our minds from the plane of our animal nature to the consciousness of our God nature, which has dominion over all things. This glorious truth makes more vivid the God in Jesus by calling us to see the God in every man. We see that the soul of man is God. Because we know

that ignorance of this truth causes sin and crime, we lose all feelings of condemnation and in compassion for the struggling souls of mortals we proclaim the inherent wisdom and goodness of man as the son of God. Our love resurrects the God in our neighbor, in our brother, and soul with soul communes in the harmony of divine fellowship, and God's kingdom is made manifest in earth.

Thus we comprehend that the universal substance, the universal Mind or Intelligence and the Soul of God, are the one infinite and eternal presence, power and consciousness of God as they express through these three degrees of being from the all-conscious within to the unconscious without, from the fully expanded consciousness of the soul state to the undeveloped mind in matter.

WHAT GOD HAS SOWN, THAT SHALL HE ALSO REAP.

Each grain of corn contains the possibility of a great number of grains.

There is a divine impulse within each living thing to "increase and multiply," and manifest the purpose of God lying latent within, but there are many steps in growth before the inherent intention and use of things is evolved.

The grain of corn does not produce corn immediately. The intelligence locked within goes to work in an orderly manner, first to produce the roots, stalk and leaves, and then after it has drawn from the earth and air and sun all the elements required, and formed them into a proper body, it evolves the fruit which it intended to produce from the beginning.

This method of procedure is carried out wherever the life of God comes into manifestation. God is unchangeable and his laws are unchangeable, therefore the laws of His great Mind operate in the same orderly fashion in the

growth of a seed as in the growth of the solar system; and a race, in its evolution from animalhood to divinity, will develop to perfect fruitage in the same manner as a single soul or a grain of corn.

Scientific research has exploded the belief, held until a few years ago, that the world was created 5,000 years ago during a period of six days, for ancient records have been discovered, which show a line of kings dating back to 90,000 B. C. And any schoolboy who studies geology knows that it took tens of thousands of years for the accumulation of the various strata of rock, clay and sand that make up the earth's crust.

And from the fossil remains found imbedded in the different strata, scientists can tell exactly the kind of animals that lived in the world at different periods of time.

It is now generally understood that since the planet consolidated from the nebulous fire-mist, ages of time have been taken up by the development of, first, the mineral kingdom, second, the vegetable kingdom, third, the animal kingdom, and last, the kingdom of man. So we see that it has taken what seems to us a very long time for the purpose of God, latent in the original fire-mist, to evolve into a race of beings, but the Eternal One does not take time into consideration. He has all time in which to carry out His mighty plans, and as He is the only Power, there is nothing that can frustrate His wise plans, or bring about any failure in His good purpose.

God has, through this great evolution occupying æons of time, evolved man, but the race of mankind has only reached that degree of development where it may be compared to corn in the tassel.

The divine intention of the Mighty Mind at work is to evolve mankind into the image and likeness of God; a race of beings expressing the Divine attributes of love, purity, wisdom, joy and prosperity.

This will be the ultimate attainment of each

individual and the race as a whole; and when the planet has come to its fruitage time, as the vineyard of the Lord God, we shall have the Kingdom of harmony on earth, with all God's laws understood and practiced universally.

Nothing can stay this glorious result, for it is the purpose of Omnipotence—a purpose potential within the nature of all life. The same force that works so silently in the seed to produce a perfect fruitage is as silently but surely working in the Mind of this planet for a divine fruitage of individuals, each one of them a god.

Every soul is an individual form of that Original Force of Light and Love which we term God. Each soul is a spoken word of Divine Intelligence, sent into the world for the experience that will develop its individuality.

The body and mind are the field in which this seed of God is sown, and from this field God will reap a spiritual individual.

The hereditary tendencies, and all the qualities partaking of the earth, are not lasting; the soul will ultimately grow through them and use all the forces of the mortal nature in the development of its own immortality. "The eternal years of God are hers," and everything of time must serve this divine end.

In the words of Paul, the soul "is sown in corruption; it is raised in incorruption. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power. It is sown a natural body; it is raised a spiritual body."

When we compare the barbarous condition of the race a thousand years ago with the present degree of civilization, we see that a mysterious Power has been at work, lifting mankind many steps above the savage, and this inherent impetus toward progressive development—which is nothing less than God working through the soul of man —has overcome mighty difficulties, and gained many vic-

tories over the gross animal nature with which the race was at first endowed.

This process of successive refinement is a law of nature, visible throughout the universal Mind in the development of the mineral into vegetable forms, and the transmutation of mineral and vegetable substances into the higher animal forms, and still finer attenuation of these elements in the organism of man. As there is no assignable limit to the expansion and purification of the elements of existence, we can comprehend how the chemical elements of the human nature are still further refined into subtle thought-forces, evolved into the invisible and spiritual nature, which is everlasting in the heavens, although still capable of infinite progression.

When the aeronaut desires his balloon to ascend to the rarefied atmosphere of space, he fills it with a gas having an affinity for the more refined levels, and the balloon is attracted upwards. In like manner, every individual soul is attracted to the positive and most intelligent heights of the Divine Mind, for God has filled each soul with Himself, and as like attracts like, mortals will forever feel an affinity for the nobler and more spiritual states of Mind, and will be attracted into sublimest paths of divine unfoldment in their efforts to realize and manifest God.

You are immortal! You are divine! No matter how many ages of ignorance press you down and condemn you as a sinner, or as an ignoble "worm of the dust," in the sight of God you are His own undeveloped substance. The mighty truth shall free you from all sin and every impurity, for Its power is within you; the abiding presence of everlasting Love enfolds you in Its saving Grace, and forever beholds you as the image and likeness of Itself.

THE INVISIBLE POWER.

You have probably handled a horseshoe magnet and watched it pick up pins and bits of steel. Did you ever stop to think that the influence which the magnet exerted was invisible? You could not see it, yet you knew there was a magnetic power which attracted the pieces of steel, not only in the magnet but all around it, to a certain distance. You have heard, no doubt, that spiritual and mental forces are more powerful than physical elements, but you have thought, "How can there be anything which I cannot see or feel, and how can such things have any power?" Now this silent and invisible power around the magnet illustrates the truth that the mental and spiritual part of existence is the most powerful. It also illustrates that there is a positive and negative side to everything. The form of the magnet is the negative part, while the force that acts through it is the positive aspect of the magnet. You only see and sense the negative side of existing things; the positive side, which is the cause, is invisible. But you can reason that it exists from the effect which is seen, just as you know from the way it influences steel that there is an invisible side to the magnet.

The trees and grasses, and even the rocks have an invisible positive influence in and around them, which is holding them in organized form and causing them to grow. It will help you to understand this to think of the positive part as the mind of things. Existence becomes more interesting when you think of everything having a mind of its own. The mind of the tree or of the grass is not so highly developed as the mind of the animal, and the animal mind is not so conscious as the mind of man, yet everything is subject to the great law of mental growth and progression. How wonderfully the mind of the acorn appropriates the warmth of the sun and the moisture of

the earth, unfolding its dormant powers, sending roots downward for strength and sustenance and then sprouting upward into the light and air until it stands a majestic oak that produces acorns, each one of which contains the power to create an image and likeness of its parent. Yet the mind of the animal is more wonderful than that of the acorn because it has a conscious instinct which the tree does not possess. But far superior to all is man, the lord of creation, with the Godlike power of thinking and reasoning.

I wish you to realize that mind is the most actual thing in existence, although intangible to the senses; that in and around each form there is a sphere of positive force, which is the life and organizing power of the form. In and around you is the sphere of your mind, which is holding your flesh in form, pumping the blood through your heart day and night, forcing you to breathe and carrying on all the involuntary operations of your physical organism. This is the positive pole of you, your mind-body, or what the Scriptures refer to as the spiritual body. "There is a natural body and there is a spiritual body."—1 Cor. 1:44. You are living within a sphere of mental forces which you are adding to and qualifying by your thoughts, and these thought forces which your mind generates influence every part of your body and act on other minds to influence them also.

A French scientist has succeeded in producing photographs of the sphere which encircles the human form and the pictures show radiations proceeding from the sphere like the radiations of the sun's corona which are seen and photographed during an eclipse.

You will understand from this how it is that you feel repelled by some people and attracted toward others; you feel the vibrations from their mental sphere, and they make you sad or joyful according to their quality. Your mind-body has its main center in the brain, but it

has other centers in various parts of the physical body. This mind body is your real and immortal body, which cannot be destroyed even though your flesh be burned to ashes. It feels and sees and acts through its negative and obedient instrument, but it also thinks and feels and sees in the dream state, when the body and brain are asleep, for it is superior to the flesh-body and will continue to live and think and use its senses in the spiritual realms, or in what might properly be called the realms of Mind, when the flesh has turned to dust.

You are superior to the body and should begin to cultivate the knowledge of your Real Self and of the potent power of thought. Many diseased conditions are caused by being too negative, subject to every mental and disturbing influence that comes along. You need to cultivate a positive state of mind, and you can do this by affirming over and over: "I am, I know I am." This simple statement constantly repeated will give you mental backbone, increasing your thought power and the ability to concentrate your mind; and it will also infuse your body with positive mental energy, which will increase your vitality and strength, helping you to resist and overcome all diseased conditions.

STATEMENT OF BEING.

God the changeless, eternal, omniscient, omnipotent Love, is the life principle, the inexhaustible source of health, strength, peace, wisdom and knowledge. He is impersonal Love, pure Spirit, divine Mind. I in my being am the created of God. As a soul I am not subject to any inheritance of the flesh, for One is my Father, even God.

By recognizing my God-derived being, and speaking the words of appropriation that declare my divine birth-

right, I become powerful to rise above all conditions of mortal sense.

I will remember that I am spiritual, not material.

Health cannot depart from me nor strength forsake me while I keep my eye single to and fixed on the inexhaustible life and love of God.

Strength is just as much a mental energy as faith, hope or any of the attributes of mentality.

I think into existence the glory of God.

I am the embodiment of all my realizations.

I am the Limitless One.

THE IMMORTAL MIND.

Exact science has commenced to delve into the mysteries of the immaterial and unseen world. After having made wonderful discoveries through experiment with material elements, it now turns its attention to the realm of finer or more spiritual forces, and after many years of patient research leading scientists, and religionists as well, have been convinced that knowledge may be received from intelligent beings who no longer wear the garb of flesh.

The belief in immortality has been part of the religious teaching of the world, but now that it is becoming known as a demonstrated fact by scientific investigation, much of the fear and terror of death will be removed from human minds, and the knowledge of eternal life to every human being as an unalterable fact, will make life more real and worth the while.

Everything has a positive mind-body and a negative material body. Now close your eyes to the material forms of things and imagine that you see into the realm of mind form, into the positive spiritual side of existence which surrounds all material things. You see that even the

planet is the visible body of a great mind, and that the solar system and all those great suns, which we call stars, are every one held in the embrace of the mighty Mind of God. This makes clear the meaning of this passage of Scripture: "God is not far from every one of us; for in Him we live, and move, and have our being. For we are also His offspring."—Acts 17:27-28. The mind that rules all things is in everything that it controls as the very life and mind of each and every form. This vast universe that fills boundless space is the visible body of God, and His infinite mind pervades the whole, giving life and intelligence to everything in creation; and each individual mind is being formed from the universal mind of God, which Paul calls the Spirit. "There is one body and one Spirit. One God and Father of all, who is above all, and through all, and in you all."—Eph. 4:6. Your individual mind lives in the universal mind, and cannot die, because it is a part of the everlasting mind of God. You have drawn all the life and intelligence you manifest from this Divine Mind, and you can learn to draw consciously on this inexhaustible source for all that you need.

Although the negative constantly decreases as the positive increases, there will always be negative and positive in the human magnet. This is the process of growth through eternity.

The visible body of man is the negative pole. Much more wonderful than even this complex instrument is his real self, the invisible, positive pole of his being.

When the physical form is laid aside the thought-form or mind-body which surrounds the soul is the negative part.

Every mind that ever existed still lives in the bosom of the infinite Mind, and your mind-body or spiritual body is in this spiritual realm this instant. Even when the physical body is laid away this mind body continues to live in the great ocean of Mind, and is free to float off to

any part of the spiritual worlds to which it may be attracted, and is able to receive the knowledge of divine things from any wise mind that has lived on earth.

The present duty of each one is to learn to make the most of life while on the earth, for the universe is a great school—God's school—and it is a general rule that no one can attain to a high spiritual estate except through the cultivation of his mind, for the mind is the spiritual part of the person, and in proportion as it gains knowledge from experience it becomes wise and loving and strong in the power of a perfect character. The overshadowing Mind of God is in you and around you, holding you in its everlasting love, and in its vast embrace it also holds all the loved ones who have passed from your sight. Nothing ever really dies in the Mind of God for in His merciful goodness everyone enjoys everlasting life and constantly progresses in intelligence. The all-wise, all-loving Mind is ever pouring out the living benediction of its presence upon all of its beloved humanity. It surrounds and blesses the wise and the unwise, the evil and the good alike with its life and intelligence, knowing that through this giving of itself to all, all will gradually grow in individuality, and sometime, somewhere, each and every mind will recognize from whence comes its life and power, and conform to the divine image that lies latent within.

As you recognize that your mind is sustained by the unlimited life and strength of the God-mind, you will feel more of life and strength, for it is the recognition of the omnipresence of God that establishes the faith which saves from disease and pain. You have believed that your life was limited, that the healing power of God was something far away in the sky, and by these beliefs you closed your mind to the mighty healing life, in you and all around you, which was able to build your nature strong and perfect with its living energy.

Recognize the truth that the mighty forces of the God-mind, which produce health, happiness and prosperity, and cleanse from all sin and sickness, are focused upon you, and strengthen your faith by affirming over and over:

I am Life.

I am Intelligence.

I am alive with the healing life of God.

I am created in the perfect image and likeness of God, and all the beneficent influence of the Divine Mind is working for my happiness and prosperity.

Recognize only the good, for that is the dominant power in the universe, and the more you believe in the power of good, the stronger it becomes in your life and affairs. "According to your faith be it unto you."

THE POWER OF THOUGHT.

A human being is a wonderful battery of forces. The electric dynamo draws from space only one kind of force, namely, electricity, but the physical body generates electricity and also magnetism, while the mind appropriates the universal thought-power to enable it to hold in organization all lesser forces of its nature. All power in the universe exists for the good of humanity. All the apparent evil that man experiences comes from his mistakes, or from the misuse of the forces within and around him.

There is no limit to the power of thought. Thought is the power that God uses to guide the destiny of His great universe, and man can use the same power from the omnipotent Mind to mold his life and destiny as he will.

The act of thinking generates forces as actual as electricity, and more powerful, because endowed with intelligence. Thoughts are living things, and spoken words give to thoughts a body of physical vibrations which makes them still stronger.

As is well known, people have prayed intensely for some merciful favor, like the healing of some apparently incurable disease, or the lifting of the burden of poverty, and the prayer has been answered. What happened to bring about the result? The mind in the intensity of its devotion to the one desire of the prayer, came in touch with the mighty thought currents that circulate through the Divine Mind and generated a force which brought the desire into manifestation.

Many a mother, in the ardor of her love for her child, has generated thought forces by prayer that have surrounded the object of her affection with a mantle of protection or renewed the life that was fast ebbing away.

Mortals do not know or believe that their thoughts and words bring about many of their conditions, because the results usually do not become apparent for some time after they have been conceived in the mind. For instance, a man will become very angry and curse his horse, thus creating a strong mental force which acts on the mind of the horse, and long after he has forgotten about it, that same influence will suddenly exert its power, and the horse will be seized with a wild impulse to break from all restraint and "run away." The curse was a mental seed sown in the mind of the horse, and in time it grew to be so powerful that it swayed his whole nature. Persons who curse an animal need not be surprised to see it sicken and die, for they are ignorantly using a divine force to cause injury. Paul understanding this law said: "Bless, and curse not."

It was because Jesus understood the power of mind that he said: "Every idle word that men shall speak they shall give account thereof in the day of judgment."—Matt. 12:36. The "day of judgment" is the day when the thought bears its fruit of good or ill. It may be the same day, or it may be after many days.

Human beings, through their ignorance of the laws

of Mind, are constantly placing many heavy burdens upon themselves, sowing thoughts of poverty and sickness and ill luck through thinking and talking about evil conditions and expecting the same, and through their faith in some evil influence or belief in the power of evil.

The truth that makes free from such false mental conditions is the knowledge that every force and power in the universe is a part of the Mind of God—the All-Good. That all the power of the all-present Mind is love, which is continually striving to heal and bless and prosper all mankind. That there is no evil power or devil in the universe working against the good of any one, because all power is an expression of God, the Almighty Good. It is contrary to the truth of His goodness to believe that His freeing spirit places any bondage or burdens of sickness or pain on His beloved humanity.

Much of the misery of mortals is created by their own minds, through the false belief and fear of a vengeful, fault-finding Deity, who they imagine waiting for an opportunity to punish them for some little mistake they have made in solving life's problems, whereas "He is kind unto the unthankful and to the evil."—Luke 6:35.

"Every man's word shall be his burden."—Jer. 23:36. There is no "score" against anyone but the words and thoughts that have been thought or spoken against him either by self or others, and these can all be overcome by the knowledge and affirmation of the truth that All is Good. "By thy words thou shalt be justified, and by thy words thou shalt be condemned."—Matt. 12:37. Remember that you are encompassed by the Mind of God with all its potent forces working for your good, and place your mind in unity with this mighty Goodness by affirming over and over: "God the Good is my protection, and the protection of every created thing. God is my support and the support of the whole universe. God is my life and protection, and the health of the whole race."

Remember to be merciful with your thoughts, "as your Father also is merciful;" to "condemn not, and ye shall not be condemned;" to "forgive, and ye shall be forgiven;" thus fulfilling the law of the Divine Mind, which will make you radiant with its mighty healing love and good will toward all mankind.

In the center of each atom, within the heart of all beings, and interpenetrating every energy, is Love, the God of all, the wisest and most powerful force in the universe. The universal love of God for all beings is the vital impulse at the root of all creation, and those who will polarize love by thinking and feeling love for insects, birds or man, will develop such a harmonious healing character as will make for them and all who come into their life a heaven on earth.

Why call upon God for mercy when you have closed your mind to mercy and compassion for humanity? The merciful love of God is not withdrawn from your mind, but you will not feel it until you exercise that quality towards others, for thus is the Divine circulation started into action, which will bless you as you become a blessing to others. "Love is the fulfilling of the law" of the omnipresent Mind, whereby the individual attains the greatest growth and progresses into the divinest powers, and becomes a god among men, as was illustrated by the man who walked and talked in Galilee.

FAITH FORMULATES GOOD OR EVIL.

Like a thief in the night of Time has come the fulfillment of the prophecy of the ages—the second coming of Christ to humanity. We now behold the golden glory of the dawn preceding the rising of the Sun of Wisdom, which shall dissolve the clouds of ignorance and superstition, and

illuminate the mind of the world with the joyous knowledge of the omnipotent Goodness that pervades all life.

The man-made beliefs of the dark ages—the deification of the devil as a being more active and prevalent than God; the worship of a vengeful, vindicative Being who would cast innocent babes into endless torment, because they were not baptized; the faith in evil and sin, and fear of disease and death—have made a grievous load for humanity to bear. But now the Sun of Wisdom is pouring its merciful rays over the world and revealing the new faith, which the angels proclaimed would bring peace on earth and good will to men.

The churches that have taught the death and damnation of the soul are finding empty pews where they had fearful listeners. The blind faith of the past in a far away God of Goodness and an ever present Evil is evolving into a rational faith, founded on the scientific knowledge of the exact and unerring laws of Mind. The glad tidings of great joy are revealing the truth that the soul of man is immortal, and subject only to the law of everlasting growth and progression.

The beneficent forces of the universal Mind that forever focus on the individual are turned and directed by the individual mind for good or ill, according to its faith, for faith is the most potent mental force generated by man, and when it is founded on the Reality, and formulated from the knowledge of the All Good, it can become the most positive healing and redeeming power in the world, embodying the mercy of omnipotent Truth.

Earnest religionists have failed to overcome the apparent evils of existence because of their faith in the power of evil; to their minds evil was more real and powerful than Good. They saw the devil running loose among mankind, while God was afar off in the sky. They believed so earnestly in the innate degeneracy of mankind that they threw the whole mental force of their faith

toward perpetuating the evils they were trying to overcome. By the manifesting power of faith they have turned the healing intelligence of mind to creating sin, sickness and pain, and then claimed that Infinite Love had stooped to chasten the human atoms floating in its boundless mercy, in order to show its love. The aggregate faith of all their minds was a power so tremendous as to cover the whole race with a mantle of darkness and fear that during the dark ages hid the light of truth and hindered all progress.

But the soul of man is waking to the light of true faith, and mankind are beginning to see and understand that all life and intelligence and all power are manifestations of the universal Good called God. They are thinking so much and so devotedly of the power of good that their faith is becoming a mighty regenerative force in the world. They are fixing their minds so persistently on the healing, soothing power of life, that disease and pain are overcome by their thought power, and even death is stayed by the victory of true faith. Recognizing only the purity and goodness of the soul of the so-called sinner, their faith is stimulating and reviving that positive reality so that the senses no longer sway the nature. And standing in the realization that there is no lack nor want of any good thing in the all-bountiful Goodness, they are fulfilling the law of attraction, which draws to them the prosperity that satisfies all their needs. Thus proving that faith in the truth that All is Good is the key to heaven on earth.

"If ye lay bound upon the wheel of change,
And no way were of breaking from the chain,
The Heart of boundless Being is a curse,
The Soul of Things fell Pain.

Ye are not bound! the Soul of Things is sweet,
The Heart of Being is celestial rest;

Stronger than woe is will: that which was Good
Doth pass to Better—Best.

Before beginning, and without an end,
As space eternal and as surety sure,
Is fixed a Power divine which moves to good,
Only its laws endure."

—Light of Asia.

A PATH TO POWER.

The money kings who have accumulated riches by their own efforts are all men of strong and powerful minds. The positive pole of the body—the brain—has polarized great mental force, so that their minds dominate and control, to a large degree, the minds with whom they have dealings. It has been so with all who have swayed the destiny of the race. They were all powerful minds. It is not always the king or acknowledged ruler who is guiding the ship of state, but very often a power behind the throne in a character of great mental force and energy. Mind rules. To be a leader one must have a mind more positive and intelligent than those who are led.

It is said the planets rule, but it will be noticed that the individual who seems to be favored by the stars, and who is led into a high position, is one whose brain shows a very decided development of that mental quality which the stars represent.

Look at the size and quality of the brain of a leader in the world of finance in comparison with the brain of a common laboring man, and you will see that it is the polarization of mental force that enables one to control so many less developed minds, and the lack of this intelligence that holds the other in his lowly state. The same mental, astrological and soul forces impinge upon both; their ability to polarize these forces to their use determines their place in evolution. If the soul of such a

leader were awakened to the expression of a Christ-Mind, it would have more power in expression than the soul of the laboring man. One would be a mightier Christ than the other, because one has a more forceful mental magnet than the other. The soul deals with the material side of the law of attraction through an instrument composed of the elements pertaining to this plane. Therefore mental science strives to educate minds to the most positive degree of faith in the Good, that they may be more powerful magnets for Good. And this positive faith in the power of Goodness organizes that Goodness into a spiritual body through which the soul can express the fullness of its grace and perfection.

If you are one of those negative characters who seem to be always on the negative side of life, whether in matters of health or prosperity, or in the realization of any ideal, do not be discouraged but begin to cultivate a positive, intelligent mind, and as you gradually polarize mental force you will see that you are gaining dominion over your negative characteristics, which have caused you to be a down-trodden wretch or a sickly sinner.

Your soul is a potential germ from the bosom of Almighty Intelligence, capable of endless growth and development and containing the essentials for the building of a God-like character, with dominion over every living thing.

You are in the position you now occupy, not because you are a sinner upon whom God has frowned, nor because some one is holding you down, but simply because you have not polarized sufficient intelligence and character to warrant your being elsewhere. But the supply is equal to the demand. "Ask, and it shall be given to you," when you understand that your mind is not separate or apart from the universal Mind of Jehovah.

You must understand that you are a mental magnet. To your positive pole you can draw or polarize intelligence,

and around your negative pole you can accumulate vitality. The relative positions of beings in life are in accordance with the strength or weakness of their character. "Character is destiny." The tree, the bird, the dog and the man have each polarized that degree of intelligence which gives them their form and their place in evolution. But man has attained to a position where he can progress consciously through the appropriation of the thought and will power of the God-Mind. He can outgrow all negative conditions by lifting his mind to a more positive degree of development. The universal Mind contains infinite possibilities. There is every possible quality of mind imaginable to be appropriated, from the undeveloped state called matter, to the developed quality of omniscience, and every being, from atom to archangel, is an individualized form of the universal Mind, perpetually progressing toward the positive pole of intelligence and life—the great I AM—through cultivation of his own I Am, which is the rock of ages—the soul power that never dies.

While a person may polarize and build the character of any mental quality he pleases, yet it is easily understood that the highest qualities of the universal Mind are the most powerful and most conducive to the progression of the individual.

You have been living in the negative states of mind. Now lift your mind to the positive state by thinking daily the following thoughts, and you will come in touch with the angelic powers of the spiritual universe that are the mighty causes of spiritual and physical harmony, health and perfection. Think as the angels think, if you would feel the divine harmony in which they live, move and have their being:

"In all thy ways acknowledge Him,
And He shall direct thy paths." Prov. 3:6.

"Am I a God at hand, saith the Lord,
And not a God afar off?
Can any hide himself in secret places
That I shall not see him?
Do not I fill heaven and earth? saith the Lord."
Jer. 23:23, 24.

I know I am one unbroken stream of vital force, of Godlike vitality. This vitality is overmastering and will put out of my nature every particle of error and discord.

I am a vibrating vital force. I am not a victim of negation. I am not held in bondage by any negative thoughts or by ignorant minds.

I am unlimited freedom, because I am created in the image of Omnipotence. I am in recognition of the infinite power of Good. Every atom of my nature vibrates to the vital tone of the Christ.

All power frees. I have the freedom of God now. All power and dominion are given unto me through the love of God. I have found in Jesus Christ my refuge, my joy, my love and my freedom. Jesus Christ is my protection and sustaining strength now and forever.

I am in the stillness of the secret place of the Most High. I am under the shadow of His wing, and I praise Him for His mercies.

Praises! Praises! To God the Eternal,
Ruler of spirits and Master of angels—
Forever and ever. Amen.

THIS MOMENT IS DIVINE.

I realize the full measure of Divinity that the present moment holds for me.

I realize the good that God offers me this moment.

I live in the now, poised in the realization of my eternal nature.

This moment is overflowing with unlimited life.

This moment holds inexhaustible strength for me.

God is this moment blessing me with His fulness of love, wisdom and power.

I hold my mind poised this moment in the realization of the eternal truth that all the goodness and power of God are NOW mine. Thus I open the way this moment for the entrance of the Spirit of Truth. These moments of realization are precious. In them the mind grasps more and more of the GREAT REALITY, the fadeless light of eternity. My mind is stilled in the contemplation of the Presence and Power that is always here, and bows to receive the blessing of the merciful, peaceful Spirit of Truth.

RECOGNITION.

It has taken ages for us to round out and build up our present, strong individuality. Individuality is the first grand step in the evolutionary process from atom to man. Even after we had gained the faculty of thinking, which graduated us from the animal to the human species, there remained many paths of experience for us to traverse ere we became of such intensity of character and mental texture as would cause us to aspire to a knowledge of the ideal realm above and beyond the plane of mere animal sensation.

That was an immortal and intelligent Force in us which pushed on unceasingly through all these grades of growth and enabled us to retain our individuality through all the vicissitudes of many lives and many seeming deaths.

It was the Immortal Mind of God that became individualized. and organized form after form in order to

express its intelligence and become conscious of itself or self-conscious.

Even though when in human form beings seem more animal than man, and do wrong instead of right in their pursuit of happiness, there should be no condemnation, for the divine intelligence in them will sooner or later awaken to the fact that happiness lies in another direction. Ultimately there will come the realization that happiness comes from living the divine life, which is the growth and expression of all the finer, nobler attributes of intelligence.

We live in this great Intelligent Mind. In fact, it lives in us, and we are It.

As all physical objects exist in space, and are a modification of space, so we have our existence in the Mind of God, which fills all immensity with its great comprehension, and surrounds and fills us with a goodness and love and life which we as yet but faintly recognize or grasp with our intellectual perception.

We have now come to the step in our unfoldment called Recognition, through which we gain the power to recognize who and what we are.

The Jews were not intelligent enough to recognize the unlimited possibilities of the Intelligence within them, and so they denied the power of God in Jesus and in themselves.

It takes a god to understand a god. We should recognize the mighty goodness of God forever present within us. He works for our benefit according to our faith or recognition of the good instead of the evil.

We can grow more Godlike in wisdom and understanding in proportion as we cultivate ourselves in the recognition of God, the omnipresent Good, in the same manner as our artistic sense expands as we become acquainted with the genius of a Wagner or a Raphael.

This knowledge of the Divinity within our nature is inspiring and full of satisfaction.

When we contemplate the truth that we are linked to the Almighty God; that he desires to express more and more of Himself through us forever, we feel the thrill of a new Life, for this recognition is the beginning of a new and larger Life wherein we realize our unity with God the Father, and enjoy the consciousness of an inherent nobility as the children of the Living God.

This faith or recognition fertilizes the mind and prepares it for the growth of more intelligent thoughts, thoughts that will develop the mind for the reception of that most wonderful degree of intelligence called Intuition, whereby the mind realizes its oneness with the all-knowing Mind, and draws definite knowledge from this inexhaustible Source.

Through belief in evil, man turns the forces of his mind to work against his good. He actually builds mental walls to hinder the divine mental influence from working in his behalf. His ignorance breeds a thousand fears, which make him negative and weak, where faith in the omnipresent Good would charge him with strength and courage.

Encouraging fears of sickness and dilating upon the power of disease, he makes himself negative to every disturbing influence, and microbes find all entrances open into his system. His mind checks the action of the healing potency inherent in all living organisms, and fosters false growths and any unnatural condition that happens to locate.

The mind that is thoroughly imbued with a living recognition of the power of the Life resident within can become so positive in the affirmation of this faith that every cell of the body will tingle in response to the quickening impulse of the thought power.

Health is an attribute of Life, and is a positive power which can be claimed and appropriated through positive intelligence, while disease is a negative condition, having

no power in itself to endure for any length of time, unless fed and strengthened by mental belief.

The children of God will, in time, see the foolishness of their beliefs as they rise to the recognition of the goodness and power of all life. They will overcome all evil by the knowledge that All is Good; and as all their beliefs are converted to see and affirm the Good, they will become positive individualizations of the God Substance, knowing the joy of Life free from all disturbing elements.

These thoughts of recognition will help to awaken the dormant activities of soul, mind and body.

I am an individualization of the Substance of God.

The substance of my mind and body is radiant with the vitalizing Life and Intelligence of God.

I recognize that Health, Happiness and Prosperity are the most positive and potent influences in my life and affairs.

I have faith in the inherent goodness of all beings and things, and expect to reap only good in all my ways.

I see the goodness of God expressing in all the world.

THE DOMINION OF MIND.

The human brain can generate thoughts which will kill or cure. Man stands at the head of evolved beings, because in him is vested the creative thought power of the almighty God-Mind. In his ignorance of this wonderful power, man has misused it, often causing much suffering to himself and others through thinking false thoughts. But he is in the School of Life, and by his mistakes he learns which is the wrong method of thinking, and his intelligence pushes him on to find the right way.

According to the strength of your mental magnet, or in proportion as you have individualized the law of attraction, will you attract persons and things from universal

nature. Every thing in existence is a center of attraction, a mental magnet, and according to the development of magnets and according to their quality do they unceasingly operate the law of attraction to draw the necessities of existence to them.

Your mind has drawn to you the conditions with which you find yourself surrounded. The law of attraction is working unceasingly to bring to you just what your mind attracts to you. "Like attracts like." "Whatsoever a man soweth, that shall he also reap." If you think of pain and poverty and sorrow, and brood over the dark and evil side of existence, you will surely multiply misery, disease and disturbances in your life. If you sow condemnations and evil thoughts for others, you will reap of the same sort from other minds. You are living on the negative side of life and blaming God and luck for your misfortunes when you have thought the thoughts and spoken the words which picture out as false conditions.

How shall you be saved from your false and ignorant thinking? By the knowledge of the truth. What is the truth? It is the truth that your soul is the image and likeness of the living eternal God, and cannot sin, or be sick or sorrowful, or suffer any evil; and can never die. It is the very substance and life of God individualized. Your soul is the likeness of God; just like God in essence, wisdom and power though less in degree of unfoldment. All the possibilities of the God-Mind are imaged in your soul, and by knowing the truth of your soul, you can think the thought and speak the words which will develop the God-image latent in you, and can rise to such a positive thought power as will enable you to overcome every negative condition of mind, body or affairs.

Your soul is your real, true Self, your eternal I Am. Therefore, when you say I Am, speak the truth of your

soul, that it may manifest its perfection in God, in this manner:

I am pure and perfect now. I am the vitality and health of God. I have the power to keep my mind and body in perfect peace and harmony. I am a mighty magnet to draw to myself the prosperity and abundant provision of the Father's goodness.

Such are the thoughts and words of the soul. It judges not from appearances, but judges righteous judgment. If one thinks and speaks constantly about being sick, poor, sinful, and disturbed, condemning himself and others, he is creating a false faith, and that false condition of mind does not accord with the soul life, and consequently there is discord and inharmony in the whole nature.

Think thoughts of health, perfection, joy and prosperity, and you will realize the everlasting life and happiness of oneness with the God-Mind, which is all and in all.

The Jews condemned Jesus for making himself equal with God when He spoke from the truth of His soul. Although to appearances they acted like devils toward Him, yet with the clear vision of Truth, He beheld the God-soul of each, and quoted to them the inspiring words of David—"Ye are Gods."

* * *

Harmony in the body is the result of a number of atoms working in obedience to one center. When the atoms are polarized to a center they are in harmony; when that polarity is disturbed and the atoms are scattered in their movements discord reigns.

Many symptoms of disease that manifest at night while the body is negative immediately disappear when the mind awakens to conscious activity, because even the natural state of consciousness is positive enough to bring harmony out of discord.

Very often in treating some part of the body that is

out of harmony it is sufficient to feel oneself consciously present in that part to restore order and peace.

The mind is master and must make its presence felt in all parts of the body. Thus the flesh becomes infused with life and intelligence and all parts are polarized to the central intelligence of the organism.

The apparent decay and disintegration of the physical proves that the polarizing ego—the soul—cannot hold the atoms of its organism in harmonious unity. Every atom in existence is being drawn by the law of attraction toward some center, and disintegration is caused by the atoms responding to a new center and leaving the old. When the soul leaves the body there is no longer a polarizing center, and the atoms are drawn from their unity toward new centers of attraction. If the mind and body were educated to a positive state of knowing and feeling, instead of living in the negative condition of mind, they would become glorified with the love and wisdom of the soul. The negative intelligence in the atoms will respond to and obey the positive, spiritual will.

Glory to God for the power of will, and the working of wisdom, whereby mankind will realize their God-given dominion over every thing of the earth-mind, and exercise their wonderful rights and privileges as sons and daughters of the mighty King of life and love.

MYSTIC WORDS.

Build your mental body on the eternal foundation of God by true thought and your perfect structure of thought will endure for all ages.

— My soul is alive with the healing Will of Omnipotence.
I have faith in the healing power of life.
Omnipresence is with me.
Omniscience is guiding me.

Omnipotence wills my permanent health and success.

My soul is alive with the joyous life and wisdom of God.

All things around me are working for my permanent peace and prosperity.

Omnipotence is invigorating every nerve and muscle in my body.

I inbreathe the healing peace of the Holy Spirit.

The joyous, freeing peace of the Spirit is permeating my being.

God fills every atom of my flesh with life, strength and power.

God brightens my heart and my face and my affairs with His smile of everlasting joy.

The Angel of Prosperity is working to fulfill all my desires.

My flesh is alive with the life, strength and intelligence of the healing Spirit.

God is my Vitality. God is my Health.
God is my Happiness. God is my Prosperity.

GOD IS MY ALL.

THE LAW OF POLARITY.

God is an eternal Essence that is forever formulating itself into organized forms. God is Love and Wisdom; essence and form. The masculine and feminine principles inhere in the very essence which is pure Divinity. Polarity, the law of positive and negative, is the unchangeable law of the eternal Being.

An atom of matter is composed of a center of positive electricity, surrounded by a larger or smaller number of particles of negative electric force. On a larger scale this is the polarity of the solar system. The sun is the positive center; the planets are the negative particles.

All life is the same from the simple polarity of an atom to the unbounded soul of God. Polarity is the basic law of Being. By its omnipotent action crystals, plants, animals and men become organized and evolve in intelligence. Through the operation of polarity solar systems and universes are born and evolve. By their polarizing power minds continue to organize spiritual forms after their physical forms are cast aside. By the power of polarity spirits rise above the negative law of death into more positive realms on high. By this eternal power angels and archangels and gods eternally progressing grow mighty in wisdom and love. By the polarizing power of his mighty soul Jesus Jehovah is the supreme attraction of love in the heavens of angelic souls. Through this law the deific forms—souls in the image and likeness of God—are perpetually generated from the soul nature of the Mother-Father God. Through this wonderfully intelligent law of attraction — a perfect law — order and harmony are maintained throughout the whole vast cosmos. Through this law the eternal evolution of God and his negative nature proceeds. Through the operation of polarity the essentially perfect nature and essence of God express and manifest in endless growth and progression, evolution and revolution, their power and wisdom and love. God is love, the supreme attraction.

In contrast to this idea of God which I have received and hold as truth, there is the teaching that God is an eternal Isness, undefinable under any name whatsoever, so unchangeably perfect and blissful in His eternal serenity that He could not create. So infinitely all is the serene, unchangeable Presence that there is no other presence or power to create, and, therefore, no creation. How could there be any universe, any sun or world, any God or man, anything at all if God is all and unchangeable? There would be no reason for God to create if He or It were unchangeable bliss, and there were nothing else

beside that bliss. How could there be anything else, or any place for anything else to be if such a Being were infinite and eternal? Thus is the reasoning of metaphysics brought to its logical conclusion. If we deny the reality of the negative pole of the universe, and continue logical, we shall be forced to deny the reality of the positive pole of the universe, which is God, of we shall formulate a theory of God and existence inconsistent with the facts of the material and spiritual worlds. If we deny matter, we deny spirit. How does this teaching account for existence as it appears? you will ask. Well, as there was nothing else to make existence from but God, and as He would not and could not be used for "world timber," it was thought best to formulate things from pure nothingness. Of course there was no one with the ability to so think or to create, but the doctrine must show cause for existence. I should say it must show that there was no cause for existence, because these metaphysicians do not believe that existence exists, or that there are any causes at all; neither do they believe that they exist as individuals only as they have become self-hypnotized to so believe. Even the idea or suggestion which brought about the universal hypnotism of existence, evolved from Nothingness, the mother of all things.

This philosophy can be found in the Encyclopedia Britannica under the heading Vedanta. This all may seem absurd to the reader, but it would not seem so if you had sat in a simple receptive attitude before a teacher of this philosophy whom you knew to be true and sincere, and listened to the sparkling gems of original thought as they dropped from his lips. You would feel the soul sincerity of the teacher, and if you had no previous conceptions of truth, would be uplifted by his earnestness, and be persuaded to see things as he saw them.

I have given but a naked outline of the fundamental idea; he would adorn it with the grace of his imagination,

and make it beautiful. In its entirety it is a wonderful philosophy. It was evolved by ancient oriental metaphysicians as a way to freedom from everlasting transmigration and the terrible beliefs in omnipresent evil. They believed existence to be evil, and transmigration an inevitable necessity from the operation of the law of cause and effect, and so they declared existence unreal and sought to lose individuality in the bosom of the Absolute. We believe all is good, and certain to develop our individuality to the most positive degree, because only as we polarize the intelligence and vitality which are all about us can we outgrow negative conditions and exercise the free will which comes from a knowledge of the true laws of Being. That school of thought holds that man is God because, according to the philosophy, there is nothing else for him to be. They identify man with the eternal and deny the reality of the personality, and also the individuality, saying: "How can there be anything but the formless God, if He is unchangeable?"

Christian Science teaches that God is one and indivisible. "Man is not God. He is but a reflector of God. How can the soul contain the indivisible God? It can only reflect Him as the dewdrop reflects the sun."

Another school of thought accepts the facts of existence as they appear, teaching that man as a soul is the perfect image of God's likeness; that God is Spirit, while man is spiritual; that God is Life, man is living from that great Life. This is somewhat akin to the philosophy of Swedenborg, which teaches that man is generated by God through physical parents as a receptacle of God's life and love, and that man did not exist as a self-conscious soul prior to the birth of his physical form, but that he will so exist throughout eternity.

These ideas of God and man are all good and meet the need of the various types of minds, otherwise they would not exist. Each teacher, in an endeavor to under-

stand the great Reality, formulates his own conceptions of the truth according to past education. If he is faithful, no matter how crude his conception, he will come face to face with all he can realize of the Spirit, and then his mortal conceptions will be the vehicles for the carrying of the Spirit that he realizes to his pupils. But the pupils may mistake the vehicle for the Reality, the letter for the Spirit, and become lost in the mazes of intellectual philosophy. Each one of these philosophies of truth points to a living Spirit that is powerful to heal and enlighten, and those who keep their eye single to this Spirit will realize its power. Each teacher has his or her favorite way of explaining the mysteries of Godliness, leading the pupil to the understanding which will give a perfect faith in Omnipotence.

I hold as truth that there are infinite degrees of deific life and intelligence; that God's nature extends from the most negative atoms of electricity called matter to the positive atoms of Divine consciousness called God, and that the law of polarity in each degree of the infinite life is individualizing atoms into the forms called by the various names of cells, crystals, plants, animals, men, planets, suns, spirits, souls, angels, archangels, gods, solar systems, universe, God. There is but one life, one being, one power. All is God. God is all in all.

The real man dwelling in this tabernacle of flesh is the God-idea, perfect, pure, divine. This soul organization is polarized from the Divine Essence; the physical organization which the soul inhabits is polarized from the elements of space.

How does polarity create? An atom of Jehovah God by the law of attraction draws about it other deific atoms, and gradually in the bright glory of Divinity atoms of wisdom, love and power become organized into a soul form radiant with the Spirit of God.

The individual soul that comes to the body at the

time of quickening is powerful with the forces that it has individualized in the most positive state of the God-Mind, but at first it is limited to the mere expression of life. Later from its body of physical life it develops sensation and thought, and if the thoughts of the mind are developed to the positive conception of the truths of the soul-world, then the soul can gradually gain conscious expression, and the mind will polarize its power and be able to sustain such a harmonious tone as will hold all parts of the physical body in vibrant accord—in perfect health. In the present undeveloped condition of humanity very few souls are awake to the powers that pertain to the kingdom of the soul, and consequently they are influenced and entirely controlled by the negative, astrological and mental forces that impinge upon them from the outer universe. The soul can transform the influences of Saturn into universal love, and ambition into aspiration, while acquisitiveness will become soul attractiveness that will draw abundantly from the Father's bounty.

In most people the soul slumbers during physical incarnation. Let the mind be raised to the understanding of the eternal life, power, wisdom and love resident within the soul, and the thoughts will begin to polarize (or draw to themselves) the light of heaven. When the thoughts are lifted above the mere animal ambitions and desires, into the ideal realm of thought, then the soul begins to realize in the spiritual atmosphere of thought, some of its divine attributes, and as the more spiritual thoughts are cultivated the soul awakens gradually to somewhat of its former grandeur and glory as a son of the living God.

Souls are not all created alike. There is an infinite variety of souls, of different attributes and powers, and the possibilities of new combinations of soul attributes can never be exhausted. Each soul represents in form what

it has polarized of Divinity. All forms of life in the material world also represent what they have polarized into an individual form of the universal intelligence. Each human being represents what he or she has polarized of life and intelligence, plus a divine soul power; but in most persons the soul power does no more than provide the element of humanity, and a slight inclination toward spiritual aspiration. If it is very strong, it may produce a feeling of great dissatisfaction because the person lives so much like an animal. This soul disease, often a source of bodily ill health and even death, is overcome when the soul is properly fed through communion with God. The following prayer will rouse the soul to draw upon the Father for the Essence Divine:

Father! I feel Thy holy presence. I desire to incorporate thy living substance into every part of my being. I desire that every atom of my flesh shall polarize thy holy wisdom power. By my love for thy perfect Spirit I am drawing thy heavenly love into my soul. Heavenly Father, my desires are magnets drawing upon the mighty dynamo of thy love for all that I desire. Thou art always giving. Thy Presence is forever radiant with every possibility and power of thy infinite goodness and love. Only as I understand the generosity of thy goodness and love—only as I desire to have and fulfill thy perfect nature—does my mind embrace and individualize thy Spirit.

Father, I desire to be perfect as thou art perfect. I know it is thy unceasing desire to glorify every object and every being, in every degree of development, with all the perfect graces of thy divine nature.

I desire to be pure, perfect and powerful, as was Jesus Christ.

I hold before my mind the beauty and perfection of the immaculate and immortal Christ, the mightiest Son

of Jehovah God, and I draw into my mind and soul the glory that he realizes.

I know, O Father! that only by intense devotion to Thee, only by purity and sincerity of thought can I realize in any degree what he realized of thy blissful presence.

Only as I live above the attraction and distraction of mortal things, and fill my mind with immortal truth, may I expect to realize the peace and perfection of thy immortal nature.

Thou art my life, my strength, my immortal health and perfection. In Thee I find endless growth and eternal peace.

Thou, oh God. art my all.

AFFIRMATIONS OF RECOGNITION.

Almighty Life is all about us.
God's presence is always with us.
The Spirit of the Lord Christ is always with us.
His presence broods over our souls.
His presence awakens the divine within us.
His presence is now focused on our souls.
His mighty Mind comprehends our needs.
He is the wisdom power of eternity.
He is the guide of our souls.
He is the light of humanity.
He is guiding us onward and upward.
He is the Master of all souls.
His Spirit is within all souls.
He directs us to the Father.
He is drawing us continually.
My soul feels his presence.
I feel the presence of life.
I feel the presence of power.
I recognize goodness within me.

I recognize that I am an immortal Spirit.
I recognize that all things good are for me.
I recognize that eternity is before me.
Yea, I live in eternity now.
There is no end to my consciousness.
My consciousness is growing greater day by day.
I shall awake in the consciousness of divinity.
I shall see God face to face.
I shall see His presence in humanity.
Nature will reveal Him to me.
My own soul will shine with His glory.
His goodness and power are in me now,
And I strive to bring them into expression.
I try to express the real spiritual self.
I try to live from my soul,
For the Almighty is my strength.

EVOLUTION OF MIND.

The upward struggle of the immortal mind is always from darkness to light, from ignorance to intelligence, from negative to positive.

The animal races made their unconscious appeals for light, and the light came. Gradually step by step they climbed the ladder of progression and reached the light, and are now holding it in the erect posture of manhood. Every advancing step upward has increased the beauty and utility of their bodily organization. Through their unconscious prayer and appropriation they have gained the light of conscious intelligence. Thus are we here who have prayed and aspired ourselves through constant steps of advancement into men, and now we are consciously praying and aspiring ourselves into gods. We now have discovered the tree of the knowledge of good

and error. We have it now in the midst of our garden in humanhood, midway between animalhood and godhood.

Now it is demanded of us to know what we are doing. We have had the knowledge given us of the fact that we are manifested or made visible by limitation. Thus as the expressed thought of God we are constantly coming in contact with something which we must overcome. It seems as though obstacles were being placed in our path by some invisible agency. Not so!

These are but our own limitations which we have not outgrown. We must meet and overcome them if we would still continue to grow and develop in knowledge. Certain of these seeming obstacles which we have not overcome circumscribe our form and render us visible externally. As time ripens conditions it is easier to overcome environment. As we become more intense as individuals, limitations become less dense and gradually yield, and the more perfect creature expresses. We have attained to the human form, but we are still limited.

Limited by what? The Overlife. The higher life not yet understood by us. The divine possibilities of God which ignorance conceals.

In the world of mind it is that which we fail to understand that forms our limitations, which gives us the forms that render us visible to each other.

All things are rendered visible by limitation. God alone is unlimited. He is therefore as a whole invisible.

"No man hath seen God." If we could see God we should be unlimited. There would be no more growth for us; we should be grown; we should be the whole. We should fill immensity.

How do we grow? We are the expressions of God. God means something in every expression ever made. We grow by expressing God's entirety more and more. If we could cease to express God's meaning we should lose organization, which would be to lose individuality. We

should drift back into the original life essence that is God in possibility.

Study, think and progress through the infinite realm of possibility.

ATTAINING TO THE ABSOLUTE.

There is only one Mind. There is but one Good and all of God's children are manifestations of that Good. The universal Mind that occupies all space is the all-embracing Goodness. We have been latent in the eternal Mind forever. We have become individualized expressions of this Mind, drawn to coherence through the law of attraction. Our intelligence has gradually grown to its present state of individualization, where it begins to recognize its true being in God, and at times it has indistinct visions of a future condition of mastery which it will gain through soul unfoldment.

We have been through a long journey, through surroundings and environments when we did not know our strength, hence we were not able to control our conditions. We possessed the strength, but it was a latent power within us. We were even through our crude surroundings developing from negative to positive, from ignorance to knowledge.

We did not then possess the knowledge that this one omnipresent Power was with us, that we were growing nearer and nearer to a wonderful unfoldment, to the degree of Recognition.

We have risen higher and higher in the scale of intelligence until we have become awakened to a perception of the I Am, the Truth. This great truth will help us to recognize and overcome all our past unbelief.

Now we are overcoming all conflictions as we draw near to the degree of Appropriation when we learn to make this mighty truth our own.

The light of this truth is so illuminating to the mind that it enables us to see that GOD IS ALL, hence ALL IS GOOD, therefore in this absolute sense THERE IS NO EVIL.

We have now gained the knowledge that our ego has survived all changes. This gives us the faith that every future condition must succumb to our will and intelligence. Therefore we exert our will to gain realization.

We will with the will of a Soul for the power that shall enable us to mold our lives and conditions as we will.

We will to have established within us the conscious knowing that we shall gain the position of Mastery. Through this understanding of the mighty Truth we shall gain the mastery over all appearances of sin, sickness and death. Glory to Jehovah-Jehovah. We are housed in God.

REALIZE YOUR POWER.

Mental positiveness is the first step in overcoming. The intelligence that you now exercise is divine, and is already in its subjective state the cause of your human organization. Take away the intelligent YOU and the body will no longer remain a concrete unit, because your intelligence is the organizing power that enlivens and holds your body in form. Your intelligence already has dominion over every atom of your being and is exerting that dominion unceasingly. You can now gain the realization that this is true, and begin to use your power of intelligence consciously in ruling every part of your negative nature, in overcoming all the negative conditions of disease and pain which exist in your nature because of a lack of positive, harmonizing intelligence in the parts affected.

All causes are more positive than their effects. All the forces of life and intelligence of which the mighty

Mind of God consists are positive, more positive than electricity, even more positive than the mind of humanity. Your mind must be tuned to supreme positiveness if you would realize the power of life. Your faith in the power of life to overcome every negative condition must be more positive than your belief in the lack of life and health if you would polarize the intelligent healing power of the divine life.

Electricity flows freely through the copper wire, but when it meets the positive resistance of the wire in the glass bulb it instantly generates heat and light. The electricity glorifies that which is as positive as itself. Life will glorify you with its power of health and perfection as your faith becomes as positive as life. You will become Godlike with divine powers as you develop in the strength of I AM-ness which polarizes and radiates the life, intelligence and love of the universal Father to all. Always remember that one of the conditions of divine receptivity is humility toward the supreme Power. The most Godlike realize that their strength is the strength of the Father. As the friction between the electricity and the resistant wire generates light and heat, so the vibration of the wonderful forces of the universal mind against the positive center of your mind will generate the heat of divine love and the light of true wisdom which will make you a mighty power for good, a radiant center of all the divine attributes that you have developed.

Your body is an image of your mental character. Your character is the aggregation of all your past thoughts and feelings. It is your mind body and is formed from your habitual processes of thought. If there is discord or inharmony in your mind, if passion dominates your feelings, then pain and disease must show forth in the body, for every atom of flesh is obedient to some thought in the subjective body of mental energy. The mind body is the more positive and the flesh responds

to its influence, as the iron filings respond to the magnet. Place some iron filings on a paper and put a strong magnet underneath the paper and you will see the filings climb on top of each other and also form symmetrical curves in their efforts to follow the lines of magnetic force and produce an image of the invisible sphere of influence around the magnet. In like manner the atoms of flesh obey your sphere of mental influence in an effort to image the influence of your positive pole of thought. Do you not begin to see what a marvelous polarizing power you have? It is no one else than yourself that is holding these millions of atoms in organization. You are a creator, that is, you are an individualizer of atoms. That is all there is to creation; it is a process of individualization. Creation is God in the act of individualizing Himself. As He has forever been individualizing and becoming manifest, so creation is a perpetual process without beginning of days or ending of years.

Who are you but that unknown power of the Eternal whom no man hath seen or comprehended fully? You are that One coming to consciousness, awakening to the realization of yourself, and just beginning to know and feel that the power of the Almighty is yours to manifest for the good of all. You are growing to Godhood through exerting the power that is inherently yours. The Being of God is your Being, the foundation for all that you are, and God is glorified in glorifying you. Who else shall he glorify but Himself made manifest? Awake! arise! proclaim your own Being the King of your nature and of your world. Assert your I Am in the quality of divine love and you will add a positive pole to your mental battery that will make you a mighty magnet, holding subject to your will all the less developed and negative forces of your nature. You can realize by constant practice that your will is the focal point for the mighty energies of God. Not in a day will you realize the full

powers of your divine being, nor will God endow you with the power from on high until you have by practice of the good and true proved your wisdom and ability to use the thunderbolts of Jove. You have been ages growing to your present state of selfconscious individuality, and now you have taken the step of recognition where you see that All is Good, because all is a part of the almighty wisdom and intelligence, and by your true and persistent recognition you will appropriate the wisdom of God only, and all things will work for your good.

You are lifted above the animal plane by your ability to think. The power to think unites you to the most positive state of the divine Mind and enables you to polarize Divinity. You are the image of the Almighty, and can do whatsoever you see your Father doing.

THE LAW OF ATTRACTION.

The Law of Attraction is the supreme power guiding the destiny of all solar systems.

The sun is a mighty electro-magnet for the generation of attractive force.

The sun does not produce light and heat by the consumption of its own substance. Light and heat are generated by the interaction of the sun's force upon the force generated by the earth.

The relation of the earth to the sun is not that of a piece of soft iron to a magnet, but of a magnet to a magnet, for the earth is also a great magnet suspended in the universal currents of magnetic force.

How marvelous is the balance and adjustment of these forces which hold the suns and planets in a harmonious unity. How simple and yet how mighty is the law of attraction, the attraction of God's Presence, in holding all things in obedience to Himself.

The statement that like attracts like seems to conflict with the statement that opposites attract each other. It will be better understood when we say that the opposite poles of like attract each other.

"Birds of a feather flock together" but the positive and negative characteristics mate. Personalities are attracted to each other, because one possesses what the other lacks.

"Familiarity breeds contempt," because there is a tendency on the part of one character to supply the deficiency in the other, and when both become positive in the same characteristics they no longer need each other, and are again attracted by those who are positive to their negative qualities.

It is according to the same law that the negative nature of God is attracted to His positive nature, and a reciprocal unity forever established.

COMPARISONS.

The universe viewed as a Whole is one mighty magnet embracing all things within the positive and negative poles of being. These two words explain the Whole, and yet they are used to describe relative, not absolute, conditions, and they are always relative in their application also. The Whole—all that we can gain a conception of—may be compared to one grand sliding scale of intelligence, the negative conditions growing into the positive and the positive becoming more and more positive on and on, ever and ever.

The one primal Energy is the substance of all forms of life in this world, and ranges in development from the clod of dirt to the vibrant brain cells of man. And in the worlds invisible it ranges from the dark thoughts of ignorant minds to the luminous thoughts of Divinity, which are

archangels of majesty and power. None of these forms is absolutely negative, none is lacking altogether in intelligence or vital power. All forms contain the possibilities of progression and do progress through the unfoldment or expansion of the latent intelligence within them. This development of the simple into the complex, or of the negative into the positive, is called evolution.

The one power dwelling in all substance compels inorganic matter to organize life, as earth to change into green grass. This one power also enables the lower forms of animal life to develop into the higher, and the ignorant and weak forms of humanity to become wise and strong. This is always accomplished through the unfoldment of intelligence which is latent in all forms no matter how inert and dead they may seem. The earth is negative to the grass, the grass is negative when compared with the tree or animal. The animal is very negative and undeveloped in intelligence from the standpoint of conscious manhood, and men are but babes in intelligence beside the elder brothers of the race, those angels and archangels who stand in the Presence of the positive Sun of Divinity and work to lift themselves and all below them to a still higher plane of wisdom and power.

Man's state of positive intelligence is still negative when compared to the supremely positive intelligence that holds him and all other atoms of intelligence subjects to its organizing wisdom and power. That supremely positive Intelligence, the ultimate of all intelligence, is Almighty God, the Absolute Truth. It demands imperatively that all intelligence and every truth not absolute shall adapt itself to it, for the Absolute does not conform. It stands in mighty majesty, just as it has stood forever, compelling every soul that beholds it to bring every thought of his life into conformity with it.

Glory to God in the Highest!

OUR POINT OF VIEW.

We cannot truly comprehend the wonders and glories of the infinite life unless we view the universe from a high mountain of thought where our understanding is not clouded by our ideas of time or space. We should be able to see that the universe, as the manifestation of an eternal and infinite power, is not limited by time or space. It began in eternity and through endless time its evolution will proceed. It has the whole of infinity in which to grow, and there are no limitations anywhere either to the growth of the universe as a whole or to that of any one of its parts.

The possibilities of life are unlimited, and each thing is being inspired from within to express more and more of its inherent power and intelligence. Even the lower forms of life are intelligent but the intelligence is unconscious. It is only when life has unfolded for itself a form sufficiently perfect to express conscious intelligence that the soul power from God becomes manifest. Then man, the creature of authority and power, enters into his rulership. Then he realizes that his conscious intelligence gives him dominion over all less developed forms of intelligence. Judging from our mortal idea of time how slow is the unfoldment of intelligence. But judging correctly we must see as God sees, from the timeless state of the eternal, where life and growth are impelled to be by the quenchless Bliss of Being.

And down in the plane of time every form of life feels stirring within it that desire to be, to grow—that perpetual presence of the Eternal.

The power and wisdom that man exercises today was not given him by any arbitrary act of the Creator. The Creator has been with him and in him, leading him through a long series of development during which his

ignorance has been outgrown, and he has gained the conquest over many crude conditions.

That mind called man is a being of eternity. It has gained much experience through previous embodiments and it is this innate knowledge and experience stored in the interior of the mind that has enabled man to overcome limiting conditions and to tread obstacles under foot. He has climbed the steep mountain of evolution, and has gained added strength with each step upward, exercising his will and all the faculties of his mind until they have become rounded out and capable of grasping somewhat of the light of Wisdom.

And now in the conscious union with the Father-Mother God he ripens his soul powers by leading others to see the Way of life in which all must walk to the journey's end.

ATTRACTION INDIVIDUALIZED.

As man applies the truth that he is organized intelligence and a central point in the law of attraction, that he is attraction individualized, he will realize more and more that he is a mighty magnet and all things are subject to his will.

The intelligent control of the processes of life to produce health has not been general with mankind, because they did not recognize that mind could control the digestive and other forces of the body.

Man is the manifestation of a universal Force and is glad to control it as fast as he gains the recognition of how to proceed.

He is a unit, a whole, a complete generator of power within himself.

As he seeks the Kingdom of Heaven he awakens

more and more to his innate power and realizes the fulfillment of the promise that all things shall be added.

The Heaven-Mind within will be brought forth as he recognizes its power, as he rises above the limiting belief in matter into the knowledge that All is Spirit.

Let everyone roll away the stone from the door of the sepulchre and pray the Christ to come forth, opening the mind to accept the truth, with all desire to do good.

* * *

Every atom and fiber of my body being is an omnipotent magnet which draws to me with resistless and incessant energy all my heart's wishes.

All the life, force and energy of almighty God are working to bring me prosperity.

GOD'S MANTLE OF PROTECTION IS SPREAD OVER ALL HIS CHILDREN.

Whenever an electrical storm passes over us and the fiercely flashing lightning seems to be bringing fire and death to earth, let us unite in generating a protecting influence by positively asserting the above statement.

There is a tremendous power in thought to intelligently direct the blind forces of nature, and when a number unite in creating a thought to that end, it stirs into activity the mighty forces in the mind of the world and results in a grand demonstration of the power of mind over material elements.

When human beings learn of the power of thought and all agree in holding such thoughts as the foregoing, it will generate a wonderful protecting power in the mental atmosphere or state about us, and their united faith will enable the Spirit of God to effectually protect His children. God needs intelligent co-workers

in this mortal sphere of activity through whom He may work to do good to humanity. The Spirit of Love and Goodness is all about us. It enfolds us in the magnetic sphere of its gracious power, but it needs to become individualized in order to bring into manifestation the mighty goodness that it holds for humanity. God needs men and women with hearts of love and minds of true faith through whom His power may act to save and heal and protect. God has evolved us for the very purpose that we might act for Him, and that through us He might do that which He could not do without us; that we should become the links that would join His finer sphere of wisdom and power with the grosser state of mortal life, and make God and man one united power for good.

His Spirit brooding over the darkness of material elements evolved the sun and the planets, inspired the dull elements of the earth to manifest life through gradually developing forms of crystal, vegetable, and animal; and when through a long evolution the "dust of the earth" finally arrived to the form of man, His Spirit endowed man with a self-conscious soul after His own likeness and power, and now He is trying to inspire us to use the talents with which we are endowed to the further manifestation of his divine love and wisdom as sons of the Eternal.

God manifests through the enlightened faith of humanity. When all believe in the goodness of God as the supreme motive of existence and express His goodness in thought and act, all the destructive forces in nature will become infused with the Spirit of goodness that radiates from the mind of humanity, and the earth will manifest the goodness and glory of God.

This is a period of great tribulation to humanity because we are passing out of a cycle of old into a

cycle of new thought. We are passing from the darkness of man-made creeds and false imaginations into the brightness of the light of revelation as it shines from the eternal realm of souls; but the darkness does not comprehend the light of heaven, and the clashing of the light and the darkness is causing great disturbance in the elements of nature as well as in the minds of men, because the elements are negative and reflect the discord in man's life.

Now, at the beginning of a new cycle of progression, thought will have a great influence in molding the future of this cycle. Now we may sow the seeds that will fruit in great good to humanity. Let us all unite in affirming the above thought and those which follow, remembering the words of the Master:

"If two of you shall agree on earth
As touching anything that they shall ask,
It shall be done for them
Of my Father who is in heaven.
For where two or three
Are gathered together in my name,
There am I in the midst of them."

The Lord God Omnipotent reigns in heaven and shall reign on earth. The supreme Will of Love shall be done, shall be made manifest in all the contending minds and forces on earth.

The truth in the world shall be quickened with the power of the Spirit of Truth and it shall gain the victory over all error and falsity.

The workers for right and justice shall be strengthened by the power of God and they shall defeat every apparent enemy.

The light of truth must reign throughout the land and dissolve all ignorance and all the bondage begotten from ignorance.

The Spirit of love must dissolve all greed and selfishness and bring an era of co-operation and prosperity.

Glory to God in the highest, for Justice and Mercy must prevail in the land over which the mantle of Divine Protection is spread.

THERE IS LIFE, SENSATION AND INTELLIGENCE IN MATTER.

Many believe and try to practice the teaching that there is no life, sensation or intelligence in matter. Is it not more rational to believe that if God is omnipresent substance, there is no lack of life, sensation and intelligence in matter?

Matter is the visibility of the God Substance. When this planet had condensed from the elementary fire mist and formed a crust of solid rock, there was nothing visible but water and rock. In the course of time the surface of the rock disintegrated and the particles recombined to form lichens and other primary exhibitions of life, and when these primary forms had disintegrated and fertilized the soil, conditions were made for still higher manifestations of plant life. Through ages of time these simple types evolved and combined to produce new and more complex organisms, so that from the planet of solid granite has been produced all the forms of life, sensation and intelligence that inhabit the earth at the present time. The original matter was a substance potential with all the attributes of God, and only needed time to unfold its vast possibilities of life, sensation and intelligence.

It is the aim of God to develop the latent possibilities of matter, for it is all His nature. God's nature is substantial. Whether we say that His nature is infinite matter or substance, or infinite spirit or intelligence, the same truth is expressed. If there were no substance there could be no intelligence, for all knowledge is produced by

matter in motion. To illustrate: the optic nerve is vibrated by the waves of light, and the vibrations are imparted to the brain substance and the activity of this substance produces thought and knowledge. It is the interaction of positive and negative substances that produces first, life; second, sensation; and third the vibration of thought called intelligence. Viewing matter as a living substance we can truly say that all is matter. What is thought but a more radiant and evolved condition of matter? All matter is vibration. Magnetism and electricity are produced by the chemical action of material elements, and are those elements transformed into more intense vibration. What we call physical life is the interaction of these magnetic and electric forces. Through the vibration of the matter of our nerves sensation is produced, and because the human body has evolved a larger body of nerve substance called brain, it is capable of producing the more complex vibrations of thought. To be sure there is a soul power in man that by its individual action in the physical substance enables it to produce these intelligent results. But it must be remembered that the soul of God is infused into all nature, for it is His nature, and therefore we must realize the truth that matter is not something apart from the divine life and intelligence and incapable of divine expression, but that the transforming power of God is forever active in all matter, causing each atom to individualize and grow in the unfoldment of its inherent life and intelligence.

Thought is not an intangible something, but an energy as substantial and more intelligent than electricity. Thoughts are substantial things. They are higher forms of matter—matter grown intelligent. The Mind of God is an infinite sea of divine thought substance; an ocean of radiant, intelligent energy, which fills infinity with the glory and majesty of the Eternal One.

The splendor of the sunlight is caused by the vibra-

tions of electric and magnetic force as they mingle and blend in the atmosphere of the earth. In higher states and conditions of matter—in the spheres of spiritualized matter—the same process is transpiring. The mingling of the love and intelligence of the One with the more negative substance of the universal Mind produces the transcendent beauty, grace and harmony manifest in the heavenly spheres of God's eternal nature. The soul generates, from the body of flesh, physical life, sensation and mental energy. These forces combine to form the mind-body or spiritual counterpart of the person, which is a higher form of matter, and more lasting than the physical form in its present state of development. This spirit form is substantial although its rate of vibration cannot be perceived by the physical senses. What we term Spirit is the highest evolved condition of universal matter imaginable, and it must not be forgotten that this spiritualized essence of God's nature has its abode in the essence of each atom, and it unceasingly strives to expand as it feels the warmth of divine love. This expansion of the spirit of things is the cause for all growth and progression.

By individualizing love, and blessing the flesh with the intelligent feeling of love we can accelerate this process in our physical development, quickening the atoms with our realization of the divine Presence.

It is true that All is Mind and it is also true that All is Matter, for mind and matter are the one substantial principle in different states of unfoldment. There is but one substance, one life and one intelligence, and His name is One. There is nothing besides the Infinite and Eternal One. God is omnipresent, omnipotent and omniscient. It is necessary for us to realize that matter is the divine nature if we would learn the art of glorifying it. If the rocky structure of this planet could yield such a marvelous array of beautiful, intelligent forms under the

brooding Presence of the Spirit of God, how much more should we expect the highly evolved substance of our bodies to respond to the loving intelligence of our thought power to unfold its latent possibilities of life, health and perfection to the highest degree. It is through recognition of the Presence of God in our negative nature that the nature yields the intelligence and power of the divine Presence. We cannot expect good results if we deny matter or flesh for by our thought power we cut away and deny that the negative pole of our being contains any possibilities of growth toward perfection. The negative pole is just as necessary in the constitution of the magnet man as the positive pole. Matter is as necessary in the constitution of the nature of God as Spirit. Without matter there could be no creation. There could be no electricity generated without the negative as well as the positive pole of the battery. The positive and negative poles are necessary in the constitution of the Mind of God, and without such relative conditions life, sensation and intelligence would be impossible.

Humanity was generated from the marriage of heaven and earth. Swedenborg wrote that all the heavens and heavenly beings were produced from the physical side of the universe by the Spirit, and that heaven without earth would be like a house suspended in mid-air without a foundation. The marriage of the soul and body produces human self-consciousness, and the growth of the soul comes from its development of the latent possibilities in earth and earthly experiences.

Matter is often denied that the sensation of pain may be overcome. More would be accomplished by educating the flesh to express its latent healing life, than by denying its existence. The atoms of flesh are a negative form of mind and express only as much intelligence as they have unfolded. They are capable of developing a higher grade of intelligence which will yield more harmonious results

in the physical instrument. Organs may be dominated by thoughts and desires which are antagonistic to each other, and consequently the organs fail to work in harmony and the whole organism is disturbed. Let it be remembered that matter is always responsive to thought, according to its degree and quality of intelligence. If the soul came into the world to carry out a purpose of God, and the conscious mind is bent on accomplishing an unlike purpose, although the soul may not be strong enough to make its purpose known, and the mind may not be wise enough to do right, nevertheless the conflicting motives and purposes of the soul and mind will disturb the even equilibrium of the nature. Many suffer because the soul has not free expression. Very often pain is the cry of the parts for more life and power to do their work efficiently. The wise mind will not deny this need but will immediately send the currents of love and life to strengthen and harmonize the conflicting vibrations of the matter in the physical or negative mind of the human battery.

The time was when the highest evolved species of animal on earth could not reason, but gradually as the matter of their flesh became of a finer texture and experience called for the most intense exercise of the mentality so far developed, the higher faculties were born, and the enlarging cranium has marked the upward trend of evolution. Now the present evolved beings are just beginning to learn that they can consciously develop every nerve center and organ in the body to a condition of perfected activities which will be as much above the diseased humanity of the present as the brain development of man is superior to the animal.

Matter is potentially vital and intelligent with the power of God, and flesh is the highest evolved condition of matter visible. When flesh is educated to the positive degree of intelligence and love, where it is no longer

subject to the negative vibrations of sin, sickness and death, it is then an exhibition of the divine substance—the Father made manifest.

It has been said by scientific authority that one cubic inch of matter has locked within it enough force to annihilate an army. Think of the immense possibilities of the living power stored in your flesh, which you can develop into a state of intelligent co-operation with your will to the expression of your growing wisdom and love. What a transforming power is yours. You take into your body the elements from external nature and your organism assimilates certain of these chemical elements and transforms them into a higher order of substance which is fashioned into a form that represents your particular character.

By knowing that matter is an expression of the Mind of God and that it is capable of yielding more abundant life, more harmonious sensations and a mightier intelligent will that shall manifest the will of God, we lose the limiting beliefs of matter as something apart from Mind, and are able by the intelligent use of our thought power to convert the sensations of pain into the more positive sensations of peace, and to tune all the vibrations and feelings of the flesh into a body of force whose tone is the tone of the divine soul, and whose every effort is the expression of the love, wisdom, grace and beauty of the indwelling individual soul—the Self from the bosom of the Father.

Desire for the necessities of life leads through experience, and experience results in mental growth. Even the animals through their desire for food gain the experiences that developed them into more positive individualities.

MATTER PRODUCES THOUGHT AND CONSCIOUSNESS.

Knowledge begins with perception. Substance produces thought, and thought, which is a form of reaction, deals with substance.

We are made conscious of things not self and then become conscious of self. It is not the brain alone that thinks; it is the whole man. The sensory nerves reaching to all parts of the body are all a part of the thinking organism. If the eye rests on something dangerous, the optic nerve is affected, and we become conscious of the danger. Thus the eye was as much concerned in producing the thought as any part of the brain. Had it not been for the eye, neither the nerves nor the brain would have been moved to action. Consciousness comes simultaneously with perfected thought.

Sensation produces thought. Our ideas depend greatly on the character of sensation. Human knowledge is born of nature, is her offspring. To think is to have our organism acted on by matter in motion. Knowledge comes from and is produced by matter in motion. Were there no matter, there could be no motion,—hence no thought or knowledge.

All our ideas and the words we use to represent ideas were derived from experience with external things. Even our conceptions of God and of the ideal realm are but reflections of things within our personal experience. All ideas of beauty are derived from forms of matter. And if an angel messenger from God were to try to lift our minds to a higher state of thought he would of necessity use our material concepts, as Jesus did in his parables, and when he gave to the Unnamable One the name "Father" which brought Him within even the understanding of a little child.

TRUTH IS MIGHTY AND WILL PREVAIL.

Ignorance is binding in its effect upon the thought of humanity. A test of divine truth is its uplifting, inspiring and freeing quality. A truth that does not free the mind from the thought of bondage does not perfectly image the freeing Spirit of Truth.

Truth is the revelation of the love and wisdom of God, and of the beneficent goodness of all the active laws in His vast nature. And all the laws of existence when rightly seen and interpreted proclaim the inherent goodness and wisdom of the Power that pervades existence.

The ancient Hindus were dominated by the belief that existence is evil, a product of Mara or illusion, a vast hypnotism that must be escaped by a process of counter-suggestion and absolute renunciation of mortal thought and desire. It was a common idea with them that man is in bondage to his good thoughts as well as to his evil thoughts and desires. His good thoughts bound him to dwell in heaven until the stored-up merit thus acquired was exhausted, when he was compelled to return to physical birth and acquire more merit. And by the demerit of his evil thoughts he was bound to suffer in hell and to be born in the womb of an animal or even worse. Even the gods were held in bondage to this terrible law of Karma—so it is written in their sacred books—and the only way to attain liberation from that ever-active law was through a process of renunciation of both good and evil carried on during several incarnations.

It will be noted that bondage and punishment were the dominant elements in their idea of justice. To them justice was not tempered by mercy.

Knowing that thoughts have a tonic or toxic effect upon the structure of the mind and body, according to their quality, we should refuse to harbor ideas like the

foregoing because of their depressing effect upon the mind and consequent debilitating effect in the body.

The present-day teaching of reincarnation from the standpoint of an avenging Karma is as depressing to the spiritual nature as the orthodox idea of hell and everlasting damnation; they are both built upon the foundation of an avenging justice.

The Hindu Masters in the celestial heaven are very positive in denying the prevailing idea of Karma.

The thought they promulgate as truth is so inspiring and uplifting, so strengthening and encouraging to the soul that it dissolves all fear and depression from the mind and gives instead a feeling of joy and praise for the wisdom and mercy of God.

Man suffers on the earth plane because he ignorantly violates natural law, not because he did an evil in a past incarnation for which he needs to receive punishment. Those who understand the laws of thought as well as the laws of nature are not so liable to violate these laws and so their knowledge saves them from harm. The good and evil suffer alike from the general ignorance of the race, and only as the whole race is gradually evolved into the knowledge of the truth and the expression of its characteristic quality of goodness and love will mankind be free from sin and suffering. A man may be very evil in his thoughts and actions on this plane, and when he enters the spiritual state he may be attracted by the beauty of goodness and receive a knowledge of divine truth, which, entering his spirtual structure will gradually transform him as a spirit into the beauty of character of an angelic being, thus freeing him from all bondage to evil and from the necessity of reaping anything but good. And through the holy ministry of the angels of God the truth may likewise enter into our spiritual nature while we are yet in this mortal body and purify and spiritualize the nature to that degree that sin and the

mental and physical effects of sin may be dissolved. Thus the truth of God's mercy overcomes ignorance and the results of ignorance in those who love and obey the Spirit of Truth.

My own experience in visiting the various spirit planes, in hearing of the personal experiences of the lower kinds of spirits as well as higher, both while in the body and out, coupled with like experiences of my friends and with the wider knowledge and experience of the Masters convinces me that there is no law in the spirit world, nor in the constitution of the nature of spirits, to compel them to reincarnate because of their evil thoughts or deeds; that spirits are not impelled to reincarnate from any inherent law of retribution or justice, but solely from a desire to gain further experience, as one would leave home and friends for the sake of the experience to be gained by traveling through a foreign land.

The belief in the law of Karma is injurious in that it weighs down the incarnate spirit with the thought that it is in bondage to an inscrutable Nemesis that may compel it to enter many dreary rounds of experience to balance up an unknown account of possibly vast proportions. It is a terribly depressing belief. It does not inspire with hope or courage or faith in the power of the soul to conquer. It would have us believe that the negative side of the law of cause and effect is mightier than the positive operation of wisdom and mercy. It would dethrone the freeing Spirit of Truth and enthrone a frightful Nemesis.

It continues to limit the spirit that believes in it even in the spirit world. A large number of spirits continue to hold this belief in the necessity of reincarnation as a means of atonement for past sins. They urge spirits to reincarnate who would be much better off did they stay in the spirit world, following up the true teaching until they were freed from the mortal limitations

accumulated during their earth life, because when a spirit reincarnates before gaining wisdom and spiritual freedom, and some degree of soul awakening in the higher spheres, he will not only be weighed down by the ignorance of his personality but the load of past sins and false beliefs will still cloud his spirit and hinder his progression in knowledge.

It is true that we reap as we sow. Our character determines our destiny, drawing to us from the universal Mind qualities like those we have incorporated into our nature. Our character is the result of the blending of the mental attributes of our parents plus the thoughts and feelings we have accumulated from experience, sometimes reshaped and transformed by the awakened power of the divine indwelling soul. It is upon this law of cause and effect in the mental realm that the doctrine of Karma is founded, but the structure built on this foundation was designed by an imagination intoxicated with the belief in an eternal principle of darkness or evil. It is a metaphysical nightmare, from which the oriental mind needs to be awakened by the merciful and inspiring touch of the Mother love in God, the saving Spirit of Truth.

A soul aflame with the Mother love of God for humanity proclaimed these words: "Ye shall know the truth and the truth will make you free." When I saw those words in great letters of gold across the peristyle at the World's Fair twelve years ago, I wondered within myself what they meant. The spirit of those words was revealed to my mind soon after, and during these twelve years I have had constant cause to rejoice in the knowledge of the living power of the Spirit of Truth. The woes of mankind have all been born from ignorance, from a lack of true knowledge. Through a partial knowledge humanity suffers; with full knowledge comes peace and power. An oriental priesthood saddled humanity with the belief of Karma and transmigration that it might

ride to the selfish heights of dominion, and the occidental priesthood accomplished the same results by holding their followers subject to the belief of a punishing God with everlasting damnation for those who strayed from the fold. But praises to the Eternal and to the merciful angels of light, we have outgrown the ignorance of the past, and the mercy of truth is now proclaimed by thousands of tongues and will rapidly conquer and put away forever all falsity and error in the mind of the race.

Let us turn from the consideration of the negative law of cause and effect to the recognition of the positive law of mercy and truth. We have been bound under the spell of evil by our faith in the presence and power of evil; now we may be freed from all evils by our faith in the presence and power of the Spirit of Truth. The same amount of time given to preaching and proclaiming the goodness and power and wisdom of the soul in man that has been given to teaching the inherent devilishness of man would result in giving such a strong mental force to the indwelling soul that it would rise up in majesty and power and conquer the petty limitations of sin, sickness and poverty, which result from the world's ignorance; it would evolve humanity into a race of incarnate angels. That wonderful Spirit of love, purity, joy and wisdom which exists in the higher spheres of the celestial existence transforms every spirit seeking to know and live its life, into a beautiful radiant spirit of love and perfection. That Spirit which has redeemed hosts of spirits into angels of goodness and mercy, healing them of all their diseases, giving them peace for pain, and plenty for poverty—that omnipotent Spirit of Truth—is now shedding its bright and tender rays of love into our earth land, and as fast as we receive it will it glorify our spirits even while we are pent up in form of flesh. It will transform this world as it has transformed the spirit worlds by the predominance of its quality of goodness

and love into a land of peace and plenty. It will heal the sick, and so quicken the souls of mortals that disease and pain will no longer be a necessity to the dwellers in earth. And so glorious will the consciousness of the immortal soul of man become that he will sense and know at all times that he is an immortal son of God, and the soul in the mortal will walk and talk continually with the souls in the celestial spheres, "and God shall wipe away all tears from their eyes, and there shall be no more death."

All Glory to the Power of Truth!

THE WHOLE TRUTH.

Man must know the whole truth in order to live a wholesome life and manifest perfection. Students are hugging their half truths in desperation, wondering why they do not yield full results, and at the same time they turn a deaf ear toward those truths which they need to know in order to overcome their limitations.

If we stand on the foundation statement that all is truth we must hold our mind in a state of unprejudiced receptivity toward all expressions of truth in order that we may not refuse to receive some precious word of utmost value. The presence of truth is visible in all material objects, in all forms of external nature, if our eyes are but unveiled to see. Our ears may hear the voice of truth in every creed and doctrine or science and philosophy if they are not closed by bigoted opinion.

What is truth? It is the revelation of the Whole, the meaning or Spirit that pervades and expresses through every least part of the Whole. It is God revealing Himself as sensation in matter (for every atom of matter is an atom of sensation), as the venom of the serpent, as the devastating power of the volcano, as the formative mind in nature,

as the beauty and intelligence of all nature's children from amœba to man, as the understanding and will of man, as the mercy and power of the angelic hosts, and as the love of Divinity that embraces all these degrees of truth from the very lowest to the very highest. In the absolute sense there is no ignorance. Every form is a form of intelligence and represents a degree of knowledge. Ants and bees know how to carry on a co-operative commonwealth, the bear knows where to find the honey storehouse of the bee, and man has the knowledge to overcome most of the lower forms of intelligence; each is wise in his degree of unfoldment. No one being in all the universe is all-wise or omniscient—that is, no one being knows all that every being on this planet knows in its own sphere of activity; only the Mind that senses in the rock, feels and thinks in every one of these its own manifestations, knows what they all know in the aggregate. Each plane of manifestation is one department in the Mind of the whole, and each species is a specialized faculty of the One Mind for the gaining and expressing of the truth manifest in its sphere of activity.

All is intelligent. There is One omnipresent Mind embracing all. Individualized minds evolve from lower to higher degrees in this Mind as they expand in intelligence. There are three general degrees of Mind—the material degree, represented by physical life; the spiritual degree, represented by the rational life in this world and in the world of spirits; and the celestial degree, represented by the soul nature in man and by the celestial worlds where souls enjoy the fullest realization and expression of soul love and wisdom.

It is less difficult for the animal to keep in health than man, because his mind is simple and there are but two degrees of his nature to be kept in harmony. Man has a more complex mind with many more disturbing thoughts than the animal, which alone would account for many of his

physical illnesses, and he also has a soul nature that often refuses to live on bread and material thought. By living like an animal he crucifies his soul, the Christ within; the soul becomes discouraged with its personality and refuses to give its life to satisfy his mortal cravings, and the inharmony between soul and mind results in the death of the body. Therefore man must know and live a larger truth than the animal in order to be perfect. He must understand the laws of mental action and the consequence of his various moods and beliefs on his body. He must also understand the relation that exists between himself and Divinity and that Divinity is embodied in his soul if he would realize the fullest expression of life from God; and then the body must be properly cared for, and this is an art that varies with each temperament and with every mode of living.

We should like to believe that mind alone is able to heal all ailments, keep all the muscles strong whether they are used or not, and supply all deficiencies in the way of material elements, but experience teaches that while mind is a mighty healer and organizer of the physical form, it is dependent to a large degree upon what kinds of food are taken into the body and the use to which the body is put. A little alcohol will arouse the latent mental energy in the body and cause the heart to beat faster and the blood to flow swifter; a larger amount will stir the mind to fiery enthusiasm or drug it into brutish insensibility, and it will do this despite man's manner of thinking, and whether he believes it has power or not. This potency has been inherent in alcohol as its inheritance of power from the Mind of the whole, and not as a "belief" of power given to alcohol by "mortal thought," as our metaphysical friends would have us believe. The mind of the poppy has learned how to extract a certain force from the universal Mind, and this manifest attribute of Mind, when prepared as

opium and brought in contact with the mind of man by way of the blood, will overpower his mind. Thus every plant and every form of nature expresses certain potencies and attributes of the Mind of nature, which is the one Mind we call God. We condemn these things as evils and thus condemn in our short-sighted way God, the source of all these elements and powers. They are not evil in themselves; only the misuse of them by man gives rise to those hard experiences and develops a negative form of knowledge which is called evil. "Even virtue becomes vice, if misapplied," said Shakespeare. Would it not be wiser for us to praise God for the benefit that has been derived from the use of the various remedies that man has discovered and applied to the healing of physical ailments? That certain drugs have virtue in alleviating pain and restoring at least a temporary condition of harmony to the body cannot be denied, but the knowledge of the effect of these chemical potencies on various temperaments is so limited that we cannot truly say that medicine is an exact science.

Every proprietary medicine placed on the market cures a certain percentage of those who use it. There may be found many genuine testimonials praising God for the blessing of health after long suffering, and after many other remedies had failed. Now it cannot be said that faith alone cured all those cases, because they had equal faith in each one of a half dozen or more different remedies, but not till they found the right remedy containing the mental potency that would act with just the right effect upon their mental organization were they healed. All force is at the last analysis mental force and acts upon the mind of man to produce effects, whether it acts on the mind in the body directly as a remedy or upon the body indirectly as a thought force given to the mind. If I were suffering with rheumatism, for instance, it would make little difference to me whether I were

relieved by a doctor skilled in the use of drug potencies or by a doctor adept in the use of thought potencies. It would amount to the same thing, as both would use "remedies," and I would thank God that someone had a knowledge of the proper remedies to bring relief. Of course there would be one drawback about the medical man that I would object to; he might possibly have some positive "beliefs" about the power of disease to overcome life accumulated from much study of the action of disease, and these silent suggestions of his I should have to combat.

Even the animals have imbibed some knowledge of the healing virtue of herbs from the Mind of nature. When a dog is sick he will seek out a certain herb and eat it, then lie down in the stillness with perfect faith that nature will accomplish his healing.

It is hard to determine when we are taking medicine and when we are taking food, because there is no line dividing foods and medicines. You may object to taking iron for your blood and at the next meal absorb a large amount of iron from a plate of beans. What we call remedies are very often elements derived from plants that would be valuable as foods if they could be properly prepared, and the healing value of the remedy consists in its supplying necessary elements to the body. Prejudice against medicines might deter you from taking some element into your system which would be the proper one to complete your healing. Poisons are never safe unless taken in homeopathic doses.

People are sadly limited by their prejudice and bigotry, often closing the door to the mercy of God by their petty beliefs. Those who believe in medicine are prejudiced against mental and spiritual healing, and those who believe in mental and spiritual means refuse some little material aid to the sufferer in order to appear consistent in their pet theory; few are broad-minded

enough to accept the whole truth, physical elements for the body, mental elements for the mind, and divine elements for the soul.

A lack of knowledge of some little detail of truth pertaining to an essential factor in the healing prevents perfect demonstration.

A man may know truth relative to the needs of the body, he may eat the foods which his nature and disposition call for, he may understand how to regulate his hours of sleep, exercise, and meals to get the best use of his body, he may have a knowledge of the power of thought and understand the relation that exists between his soul and God, and yet, through lack of desire or perseverance, he may fall short of fulfilling the truth he knows on any or all planes of his being, and his knowledge may not avail to save him from sickness and pain. "If ye know these things, happy are ye if ye do them."

Some there be who gain an intellectual comprehension of the power of thought and have a deep appreciation of metaphysical subtleties, and they wonder why God does not heal them, why discord and inharmony still affect their affairs, why the new thought does not inaugurate a new order of affairs around them and satisfy them with healing peace. If they will search deep into their hearts they will often find that they are not living exponents of the truths they believe. They act deceitfully, do unjustly, live lustfully, crave mortal approbation, conspire to selfishly wrong their neighbor; the light and love of true spirituality do not manifest through them. The truth is but painted on their minds; it is not incorporated as a living, moving force in their characters.

I met one who had studied metaphysics for several years. He was schooled in the knowledge of the power of thought and was always using it to try to demonstrate wealth, but barely earned enough to feed him. He wrote a pamphlet that told just how the mind should be operated

to open the doors of unlimited supply, but dressed like a tramp. Most of the money he received was gained through deceptive methods. He could lecture learnedly on God and one to hear him would believe that he knew all the laws of the universe and possibly even how God came to be. He believed that with his knowledge of truth when he left this mortal plane he would enter into the most intimate companionship with Divinity, and he was convinced of my lack of spiritual perception when I told him his spiritual merit was not enough to raise him above the second degree of life in the spirit world, which is the second plane of unregenerate humanity. And still he continues to think truth and do falsely, and "self illumination" blinds his eyes to the real path, and he wonders that disease and poverty hold their sway over his life.

As we live the pure life, the honest life, the true life of the soul, the inner soul nature becomes more closely united with our personal mind, and our character determines our destiny, whether it shall be toward harmony and pleasantness with an abundance of health and success, or toward discord and the way of pain and defeat. We are spiritual beings now and according to our character we vibrate in unison with beings on the spiritual plane that chords with our nature. Beings in the spiritual planes of life have more wisdom and power according to the degree of their ascendency into the life and love of God. As a man attunes his life and character to the highest truth and lives a spiritual life on this plane, he draws on the deeper and higher planes of power and gains the co-operation through prayer of those divine souls who have washed their garments in the water of truth until they are glorified with the life of truth and manifest its power in their celestial lives.

THE MUSIC OF THE FUTURE.

Music is a universal language, embracing in its vocabulary all possibilities of human thought, feeling or utterance, from the crudest rhythm of the natural man—the untaught savage—to the keenest analysis of the philosopher or the deepest emotions of a soul on fire with God, wrapped in the devotional bliss engendered by direct contact with the divine Heart of Love.

In the blending of musical tones there is the possibility of unimagined and unfelt emotions and revelations. The ancient seers of India did not try to convey by written scroll the revelation of things celestial attained through exaltation of the soul senses to direct perception of eternal verities. The sublimity of truth and the glory and power of the emotions awakened in the soul of the seer, while attuned to spiritual realities, could only be expressed in the language of the emotions, through the modulated intonations of the human voice. The illuminated teacher intoned his revelations to his pupils, teaching them truth in mantras, every tone of which had deep spiritual significance. When the words of the mantras were written and the tone values forgotten, their spirit was lost.

The spirit of truth contained in them no longer appealed to the pupil because the emotional effect of the tones upon the soul was not felt. In other words, truth was something the soul might be led to feel were the tones sounded that embodied true emotions, or the emotions of truth, and the teacher who realized truth was able to awaken the same realizations in his pupils by clothing his interior feelings in proper musical language.

Modern music portrays in a large degree the dark side of mortal experience—the melancholy of a Chopin or the depths of darkness and sorrow felt by Beethoven. And even when the lives of the gods are pictured,

they are not the gods who have evolved to the transcendent heights of immortal love and sympathy, but common mortals cast in heroic mold, full of the petty vindictiveness, jealousy, passion and affection of beings in this mortal world.

If Chopin, Beethoven and Wagner could have lived an ideal life, apart from the petty side of mortal life, with its cares and troubles, and have realized the sublime truths revealed to the souls of the ancient seers of India; if they could have heard the songs of the cherubim and seraphim and seen the glories that the prophet Isaiah and others saw through open soul vision, or have felt the heavenly truths that John the Revelator tried to picture in symbolic language, would they not be the mightiest teachers of heavenly verities to the soul and the most convincing that the world has known? Their musical revelations would be soul moving and soul convincing. Souls that would give themselves to the sway of the heavenly emotions induced by their musical pictures of the joyous life of the Celestials would be awakened to the Divine Motive of existence, would be attuned to harmony with the divine nature and purpose. Such music would compel the soul to feel and see God, and once a soul felt Godlike emotions, it would forever after desire to live up to that Godlike ideal.

Music is but in its infancy. Musicians have been learning the language of the emotions—how to express in musical terms what they felt, and, as is natural, they could not express more than they felt. But as musicians gain a deeper perception of eternal truth, which is always revealed to the searching souls of mortals, they will reveal more of Divinity and less of mortality in their music, and awaken divine emotions in their hearers.

In the future the dominion of the orthodox religious beliefs of the dark ages will be cast aside, the vast processes of human evolution will be understood, the warfare and strife among nations as well as in business life will be

done away with, and the necessity for competition and its concomitants—selfishness and hatred—will no longer exist. Man will rise above the savage in thought and action and music will not only keep pace with man's spiritual evolution but it will be the most inspiring guide to that evolution, for, through the ability of inspired musicians to feel the nobler and higher sentiments of spiritual manhood—through feeling the inspiration of high ideals—musicians will make those sentiments and ideals real to their less fortunate brethren and lead them to feel and live the ideal life. Thus music will become the mightiest redeeming and transforming power in the development of character, and, through character, of the welfare of the whole race, that human evolution has produced.

* * *

It is now positively proven that thoughts and feelings create poisons and tonics in the flesh. Analysis of the perspiration and breath a half hour after a fit of anger, for instance, shows that anger has created a poisonous element, or vice versa, after a period of joyous emotion, the blood is enriched by a tonic element. Some eighty different elements have been traced directly to the creative power of thoughts and feelings by Prof. Elmer Gates of Washington, D. C.

The composer, who understands this wonderful fact, holds the key to a new healing art, the most magical and mystical that the world has ever heard of and also the most potent. In the emotion-creating power of music we have in embryo a whole science of healing, which will yet be developed for the overcoming of discord and inharmony and the restoration of divine harmony and health in the nature of man.

The inspired musician of the future will feel the celestial emotions of love, joy and peace, and he will weave these emotions into music like that which breathes through

all the atmosphere of the heavenly spheres of eternal life. He will evolve such music as will create health compelling emotions in humanity. He will make the joyous brightness and health of heaven real to spirits clad in the vestments of mortality and awaken them to the reality of their divine nature through the use of like musical emotions. With mystical minor tones he will enter into the dark recesses of their hearts, where they brood alone in "chambers of imagery," nursing their sorrow in selfish misery, and then, when he has reached the secret chamber of their hearts and gained dominion over their feelings, he will lead them, and compel them to follow him through the mighty magic of his music, out into the brightness of a God-lit land, in green pastures and beside still waters, away from and beyond themselves into a heavenly atmosphere where joy perpetual reigns, where it is life to live, where living is a song of praise to the Eternal and everything pulsates with goodness and health. He will lead them from the bondage and darkness of their ignorant, mortal concept of life into the freedom and joy of the eternally true and real.

* * *

The time is not far distant when, through the discovery of more refined forces and more sensitive instruments, man will be convinced from the demonstrations of material science that the human spirit continues to exist as an intelligent entity after the death of its physical counterpart. Professor Crookes, F. R. S., Professor Alfred Russell Wallace, Camille Flammarion and many other savants who represent the foremost achievements in exact science have arrived at this conclusion now through private investigation and much experimentation, but as yet a method of communication between the two degrees of life, material and spiritual, that would be as convincing, say, as any chemical or electrical experiment, has not been found. But more and more are those whom the world looks to as

authority in the realm of exact knowledge, giving time to investigate the occult phenomena known to exist through the different phases of human mediumship. When the scientific world seeks with unprejudiced mind for truth from the spiritual world, it will draw the attention of those scientists and philosophers among the inhabitants of the lands of Spirit who will co-operate with the seekers in this world and use their more advanced knowledge of chemistry and more developed powers of will to bring to the world such convincing evidence of the truth of progressive immortality as will leave no room for doubt.

Then, when humanity are convinced that there is no death, this truth will free them from the terrible burden of sorrow that they have borne for ages. When they learn from the inhabitants of heaven (as some have already learned) that there is no wrathful God sitting on a throne of judgment, waiting to damn them to everlasting punishment because they were no better than they could be, and no devil to delight in their tortures, the truth will free them from fear—that fear which has enervated the manhood of the race and made humanity slaves to the authority of the priesthood.

Then through the power of truth woman will be emancipated from the slavery of ignorance-born subjection to man. She will use all the powers of her will and imagination, of her affection and understanding, to create a new race through a wise understanding and compliance with the laws of heredity. When the truth reveals that there is no death, no need for fear or sorrow, or pain or poverty, that all is good even in its present degree of unfoldment and growing better forevermore, then the music of the present, with its revelation of mortal sorrow and pain, will be but a historical relic. In its place will be a music through whose every minor strain even there will run that triumphant song of the soul vic-

torious over sin, sickness and death that is heard in the immortal worlds where truth reigns supreme and love inspires all hearts to do the will of the Good Father.

HEALTH THROUGH MUSIC.

Music, the divinest of the arts, has begun to reveal a healing potency that, when rightly understood, will reform all present methods of healing.

Music is the language that sways the emotions and enraptures the soul with its deep mysterious message. It is the key to the deepest emotions of the soul and under its sweet compelling influence the cares and worries of life are laid aside and we become harmonized and rested.

"Out of the heart are the issues of life."

The emotions of the heart have life-enriching qualities, and as music awakens soul vitalizing emotions it becomes the key to health and happiness.

As we sit in the twilight listening to the piano or to the voice, we feel a soothing element entering our mind, the discord of the busy day fades away and a divine calmness overpowers our spirit and gives us peace.

These moments, in which we rest under the peaceful influence of music, harmonize the nature and attune us to the vitalizing Spirit of Life. Even though it is but a street piano that plays under your window, lay aside for the time being the critical intellect, close your eyes and allow yourself to vibrate with the rhythm of the music, and you will find you have become attuned to a state of unified feeling as though all the parts of your mind that had become scattered and disunited were again merged into a unity, strong for accomplishment.

When you listen to an orchestral concert close your eyes so as to concentrate your mind wholly upon feeling

the music. You will notice that as soon as the music begins the atmosphere becomes alive with sound waves, in like manner as the earth and air become radiant with the vitality of the sun as it charges the otherwise negative atmosphere with its electric force when it emerges from behind a cloud. Then as you sink yourself into the flood of sound proceeding from the orchestra, your emotions become harmonized and exalted, and your feelings will seem to expand to unimagined heights and depths of sound-glory. This new emotional life is even felt thrilling through your flesh, imparting a new force and energy to the body.

A concert heard with the intellect alone is tiresome to the majority of persons, but heard in this way, and felt by the emotions, it reinvigorates the tired nature and opens up a new realm of pleasure.

In the same way, church music can become a source of healing. Enter church with the idea of becoming attuned to the devotional spirit of the music, for this devotional spirit speaks to the soul of the things of eternity and feeds the soul with the bread of heaven, giving it a realization of its eternal life in God.

Close the eyes and the mind to the changing fashions of the time, to the vanities of the world, and with the feeling that you are in a sacred place give yourself to devotional worship under the guidance of the deep, inspiring tones of the organ.

Rest as though in the Presence of the healing Glory of God and you will feel uplifted into a state of mind where all is peace. The all pervading Spirit of Life will become a conscious possession of your spirit, imparting to you somewhat of the joyous health of the life eternal.

The time is not far distant when the wonderful healing power of music will be so universally known that concerts and devotional services will be held for the healing

of the sick, thus calling into activity by united faith and expectancy on the part of the audience all the healing forces stored in the nature of man.

When the healing power of music is recognized and co-operated with, it will immediately begin to demonstrate its great value as a therapeutic agency.

POSSIBILITIES.

The first chapters of Genesis hold hidden within their deeply symbolical language the story of the creation of the true man and the evolvement of his outward semblance.*

In these first chapters it is revealed that there is a spiritual man and a material appearance of a man. We also find that all things upon the earth were created in the invisible realms before they were manifested physically.

The spiritual man pronounced "good" by the Almighty Truth when viewed from the physical sense standpoint appears fallen and degraded.

But he has within him the lofty goodness of his first estate and in his "fall" or descent into the material world he has not lost the power of his true being. What our senses tell us of man as a limited being is not the truth as seen from the height of spiritual understanding. We may cultivate our senses to a higher degree of perception.

The senses are the obedient servants of the language of man. They are not really limited by matter. When we educate the vision, for instance, to penetrate farther, to make an effort to pass present limitations, it will prove itself able to expand and extend to the infinite stretches

*Those who are interested in the interpretation of spiritual symbolism will find it elucidated in the Arcana Cælestia by Emanuel Swedenborg.

of visionary power. The sight is really spiritual and able to observe the wonders of creation far beyond what it does now.

The senses are manifested in obedience to the creative force of mind. Responding as they have already, they will continue to prove themselves obedient and respond more fully to the needs of man.

We may talk to the senses, the muscles, and the various organs of the body until we educate them to that degree that they will respond to us and manifest according to our word. They will manifest more life and greater activity and intelligence as the right language is used, thus proving the dominion of language.

As we gain experience in the power of words we shall cease to condemn ourselves or others. We shall not limit ourselves or our friends with our thoughts. We shall not condemn ourselves for not being or knowing more, for we shall know that we have not held the right thoughts or used the language of Truth.

We gain dominion when we take time for contemplation of Truth, for it endows us with words of power.

We should recognize the power of our desires. We should praise them, for they contain the possibility of fulfillment.

Take the desire for money, for instance. It is looked upon and condemned as unspiritual. Paul's condemnation of the love of money has made beggars of the spiritually minded.

The desire for money is good, for it is a prophecy of plenty. Like all things it may be cultivated unwisely.

Money as a mere medium of exchange is a symbol of value and power. It represents the obedience of things to thoughts.

When we are thinking or talking about our money we are apt to express it in a limited way. We think: "The sum we have does not amount to much in purchasing

power. It is not enough to satisfy our needs or desires. We are likely to lose it." The money is obedient to mental forces. If we but believed in its possibilities, a small sum would often open the way to great opportunities.

The wise man believes in the value and possibility of little things. Large fortunes have been made by those who saw great possibilities in little things that others had passed by as insignificant.

We should praise money and help redeem it from the condemnation that has made it a source of evil to many. It is a form of mental substance groping around, as it were, under the condemnation of the thoughts of humanity. Knowing that we have dominion over all things, we rise up in the majesty of our mental power and talk more wisely to the money we already have, that it may show us its possibilities of increase.

Faith and hope can dissolve every hindrance and enable us to fly on prosperous wings. We have been sitting at the Gate of Plenty looking at poverty and lack and disease too long. We have been seeing and believing in obstacles when really there are none but what may be overcome. Let us remember that our words are capable of opening sluiceways from which we shall derive the everlasting prosperity of the children of God.

Arise, let us go hence in dominion! As we awaken our thoughts will rest in the innocence of the divine life. We shall contemplate vast, unnamed spaces of activities and possibilities whose unrolling will extend the youth and strength of mankind. Who shall limit the strength or the possibilities of the Man described in the first chapter of Genesis? Who shall limit the strength of God in Man?

We are the sons of the Elohim. He is Immanuel.

OPULENCE.

The man who knows how to give and receive, how to attract and express, is living in opulence. By his actions he is preaching the value of circulation. The virtues and usefulness of many things depend on circulation. That which loses activity is as useless as if it were dead.

Those who are rich, and do not know how to spend their riches, are often poorer than those who have no wealth.

If we accumulate and do not give forth, we meet stagnation. A vessel that is full can hold no more. Keep emptying it and it is always ready to receive.

If we give forth of our money and our talents, letting them flow in a perpetual stream in doing good to others, we are living in the understanding of our union with the inexhaustible productiveness, which is opulence.

As we grow to understand our true relation to the Universal Mind, we must demonstrate the unlimited possibilities of Being. The universal Intelligence yields its treasures to man in proportion as he makes demands upon it. By virtue of the divine Soul within us, we are joined to God the Fountain Head, and this gives us the authority to draw from this unfailing Source, life, love, wisdom and prosperity to fill our needs. There is no limit to the supply, there need be no limit to the demand.

ENTER INTO THE SPIRIT OF PROSPERITY.

Develop the thought that God wills your prosperity and health by repeating the following affirmations. Continue it for weeks and months until your faith grows to that degree of power that you draw God's blessings to your aid. There is plenty for you in the world. Open your mind

to this thought and walk in the way of Prosperity. You will realize, when you fulfill the conditions of faith, that the mighty Spirit of Prosperity is generous toward all.

Be generous in thought and actively generous and kind at all times. Cultivate hope and joy in your work and you will grow more and more attractive to the good things of life. You will make friends who will help you.

AFFIRMATIONS.

I believe there is an abundance of wealth in the world for everyone of God's children. All wealth is controlled by intelligent minds that can be influenced by intelligent thought to use their wealth for the good of all.

My faith, which is intelligent thought force, can influence the Mind of God, in which all individual minds live, and bring from this bountiful storehouse all that I need.

I will no longer interfere with the influx of prosperity by hating or condemning any of God's children.

I will feel generous good-will toward everyone.

I bless the whole world with loving thoughts and I desire that everyone may realize an abundance of health, joy and prosperity.

Omnipotent Goodness is blessing the whole world now.

DENY MORTAL, AFFIRM DIVINE HEREDITY.

When I sought to fulfill the life of the soul I was shown that the law of heredity and the belief of mortal relationships were hindrances that held me in bondage as by spiritual cables.

I find these among the denials and affirmations which I used to gain my freedom:

DENIALS.

There is no separation in the Infinite Mind.

There are no errors in the eternal plan.

There are no earthly things or ties to limit the soul.

There is no prejudice or opposition working against me.

I have made no sacrifice.

I deny the belief in the need of sacrifice and the power of any sacrificial Deity.

I deny all mortal gods of attraction or satisfaction.

I am not tempest tossed by wind or wave.

I do not belong to any sphere or spheres.

There are no failures in the eternal and unchangeable God.

I was not born under any laws of man and I am not subject to the laws of flesh, for I am a divine soul.

I never had any near or distant relationships, for I am the pure, innocent child of the one Father-Mother God.

I call no man Father upon earth, for one is my Father, even God.

I, an immortal soul, have no father, or mother, sisters or brothers or kinsmen upon the earth or in my mental world.

Spirit is the only true relationship and all spiritual beings are my kindred.

I never really belonged to any family.

All my ideas of family ties are now buried in oblivion's wave.

I deny the fleshly man, the true individual is not flesh but Spirit.

AFFIRMATIONS.

Righteousness and faithfulness shall be the strength of the Christ within my heart.

I will give expression to His love and manifest Him throughout my life, for He is my all, both Lord and Christ.

I will identify my being with the Divine Nature, which brings to me an almost constant realization of the omnipresent power, and makes me one with the eternal Ego, Jesus Jehovah. My heart is now filled with His love and peace and I am satisfied.

Besides my soul being there is none other being or power forever.

I am, I know I am.

After I had made these denials and affirmations a number of times, I found that my mind was stirred up and I felt enfolded in a cloud of dark thoughts like a swarm of bees. These were the dark and limiting beliefs that I had generated in my mortal mind. They lived in the cells of my physical body and shrouded my soul in darkness.

The use of denial brought them to the surface and they received the light of the true idea of divine parentage.

The reception of a new and powerful idea is usually followed by mental disturbance, as the old thoughts in the subjective nature resist and try to overcome the new idea. It is called "chemicalization" by many because of the similarity to the reaction that takes place when acid and alkaline chemicals, like vinegar and soda, are combined.

When this reaction occurs in the mind, the use of denial should cease for the time being. Peaceful, soothing affirmations will harmonize the disturbed thoughts and keep them from reflecting discord in the body.

The foregoing denials would seem rather harsh to anyone who made much of family ties and relationships. To many that has been a hard saying of Jesus—that all relationships should be denied if we would follow him. Jesus never compromised with the world's belief of filial duty. He recognized the true filial duty—to His soul's Father—as paramount, and he tried to lead his dis-

ciples to the same clear vision of that truth, that had the power to free.

My problem was this: I felt the call of the Spirit to walk in the way of the Christ and preach heavenly truth. Prejudice and opposition on the part of those whom the world said I should obey interfered.

Should I follow the leading of the Voice of God in my soul or should I obey mortals? I could not disobey the divine leading.

The success of my work during the last few years has confirmed the wisdom of my way even in the eyes of those who were as a wall of opposition in my path, and I have not lost one true friend in spite of the apparent sacrifices at the time. Few souls are called to take a radical stand in regard to relationship in any way that will cause family ruptures. The path of duty usually lies very close to family and friends. But each soul is called sometime in its progression, either here or farther along, to cast aside the belief of mortal relationships in favor of the truth of the Fatherhood and Motherhood of God and the universal brotherhood of man. It may be readily understood that this is a truth of deep import and a true perception of it would change the whole perspective of life. When this basic truth of being is fully grasped by humanity as a whole and brought down from the ideal realm of thought and lived, will there be hope for the kingdom of heaven and the brotherhood of man on earth.

This is a truth that opens the vision to the unity of all souls in the divine plan. It shows the unreasonableness of selfish family conservatism and the foolishness of family pride. Who that really knew of his soul's relationship to Divinity could be proud of the feeble fame of mortals?

What parent that saw the value and power of this truth and had given his life to live it, would clothe his son in royal purple and see his soul brother's son, the child of God his Father, dressed in pauper's rags?

But there is a deeper and more occult side to this subject. When it is a question of personal health all ought to be willing to accept and practice the truth that frees and heals.

A son was born of a mother who had consumption and cancer. The doctors said that the son of such a mother would surely die of either or both of these diseases. And the growing youth seemed to fulfill the prophecy of mortal heredity. Suddenly a hidden soul force awakened within him and his constitution changed. He became a vigorous, strong man. The soul caught a gleam of immortal truth and realized that its source was the inexhaustible life and strength of God.

I know a little girl who was of a nervous, eccentric disposition, entirely unmanageable. The guardians held the thought over her that she was just like her grandfather, and so it seemed. They were intensifying his characteristics that the child had inherited until their thoughts were becoming the law and rule of her nature. We denied over and over the power of the negative law of mental heredity and affirmed the spiritual law of soul heredity from God. We dissolved the mortal law and its suggestions by denial and placed her subject to the beautiful truth of her free soul being, and we had the satisfaction of seeing our silent words carried out in her changed character.

In the same way the unwise impulses and tendencies to disease that lie latent in the subjective mental nature of mortals can be eradicated by the dissolving thought of denial and in their place there may be sown positive thoughts of moral and physical health.

How often we hear parents express the fear that this terrible disease or that evil propensity will show forth because the child's nature is like that of his father or great grandmother. In too many instances children are kept under constant suggestions of evil and disease, and

that many survive and grow up healthy and uncontaminated is due to their souls' power of resistance. Yet many negative characters do succumb to false suggestions.

Shall we deny the power and presence of the soul or shall we have faith in the supremacy of the divine attributes of the soul and deny mortal heredity?

"According to your faith be it unto you."

The subjective mind is stored with seeds of false affirmations and beliefs that are based on the idea of the strength of mortal heredity and these seeds but wait the proper conditions of weakness to show forth in the flesh.

All these false beliefs may be rendered powerless by denial, and they must be denied over and over before true soul freedom can be realized.

Ascend the throne of your true soul being and drive from your temple the thieves that steal the substance of your life.

OUTGROWING NEGATIVE BELIEFS.

When we see a divine truth we should grasp it with all the tenacity of the mind and by positive affirmation incorporate it into the structure of our thought so that it becomes part of our mental organization.

Affirmations of truth create faith in the power of truth. They fill negative brain cells full of the energy of positive thought. There is character and strength in affirmations. Through their persistent use the latent life and perfection of the soul may be woven into a thought structure of great beauty of character, which will gradually become manifest in the flesh.

We meet with students who hesitate to make affirmations, fearing that they will interfere with God's will or disturb the outworking of karmic law. Deeper insight into the truth reveals that the law of cause and effect

(called Karma by students of Hindu metaphysics) acts in obedience to the thought and will of man and should never be accepted as having dominion over man. And anyone who wills and affirms the truth is not interfering with the will of God but is most powerfully co-operating with the Divine will, for God wills eternally that life, health, success and every form and attribute of His divine goodness shall become manifest on this lowest plane of manifestation and even to the least of His creatures.

The reason the goodness of God is not manifest in this world is found in the fact that the race is so immature in its development and so young in the unfoldment of its intelligence that the higher degrees of God's intelligence, called love and wisdom, have not been comprehended. The mortal nature of the race is so closely allied with the negative nature of God, the earth, that it can but faintly realize the goodness stored in God's positive nature awaiting realization, and so from no other cause than lack of knowledge the merciful will of Divinity is not manifested to any great extent.

Now that we have seen His saving grace let us shout it to the skies and proclaim in every quarter the goodness and power of our God. Thus will knowledge of His truth and power increase in the world.

God has given us dominion by planting in our nature a divine soul, an image of the wonderful activities of Omnipotence. Let us rise up into the majesty of our soul nature and cast every burden away from us by a recognition and positive avowal of the great truth that All is Good.

This brings forth from within the manhood of men, the womanhood of women and the Godhood of the soul. Let us deny every limiting belief evolved from the ignorance of the race, casting aside the belief in a karmic law of retribution as well as the belief in the chastening hand of the Lord. God wills mercy and not punishment. There are

no "Karmic Angels" guiding us so that we reap suffering for every evil done in the past or leading us through hard experiences for the strengthening of our souls. Every angel worthy of the name is awake to the mercy of that Power that desires with tenderest affection to make the pathway of souls incarnate a way of life and joy. Free your mind forever from the delusion that suffering is part of the divine plan of redemption. Suffering is the result of the undeveloped animal nature, born from those qualities that man has retained from the lower animal species. Selfishness, vindictiveness, anger, jealousy, deception, etc., are from below, not from above, and these elements in human nature result in all the diseases, pains and evil environments that man is heir to through natural heredity. These are not the attributes of divine justice conspiring to repay for an evil done in the past; they are the attributes of ignorance.

The knowledge of the love of God harmonizes and overcomes these negative causes, creating peace, thus making the goodness of God manifest. Let us deny over and over that the race has fallen from grace and is under condemnation for the sins of a mythical pair in Eden. All the facts of evolution point to the truth that man has progressed to a greater degree of intellectual individuality since the time of the simple minded Adamic race. The belief that the race was cursed by God has grown stronger through the ages, and this belief has, through the power of thought, itself been the curse that has held unnumbered souls in dreadful bondage, a source of great suffering to all who came under its influence. It had its rise at that time in the world's history when the Hebrews were led (or misled) by undeveloped spirits, who claimed to be gods, and instigated wars and curses and the many occult laws of sacrifice and condemnation written in the Old Testament, all of which Jesus repudiated when he taught the truth of love as the fulfillment of the law of God. The founders

of the Christian religion were so hypnotized by the old Hebrew belief in sacrifice and propitiation for sin that they saw in the apparent death of Jesus the supreme sacrifice to God for the sins of the world.

We are mental creatures and through the law of heredity we come under and are bound up in all the false ideas current in the world, and we are also limited more or less by the environment that these false concepts have created in the outer world, for greed and selfishness have built a false standard of living, with which each aspirant for freedom must compromise in his effort to live to his highest. He must conform to some degree to the world's ways or become an outcast. But no matter how much we appear to be bound either by externals or by hereditary beliefs, we can find peace and very often entire freedom by recognizing that our inner immortal nature is of God, and by affirming those attributes of Divinity which we find in the soul we turn our thoughts to operating the law of heredity under its divine aspect, and we begin to realize the bliss of being true to our divine parentage even though we have to deny out of mind the ties of kinship through which the negative law operates.

There is glory and power in this wonderful truth of our sonship as souls with God, and in proportion as we affirm the divine perfection and natural freedom of the soul we are lifted into the glorious light of the eternal truth consciously and we gain the strength that nothing but this eternal truth has power to impart. But we must be faithful in making our denials ere we can gain the mastery over all the mistaken ideas that are woven into our subconscious mental nature. We must make the mind clear and free by erasing all errors, cleansing it so perfectly and guarding it so vigilantly that no negative ideas can take root in its fertile soil.

We are not required to reap from all the ignorant beliefs of the past any more than a gardener who has

mistakenly planted weeds in his garden instead of flowers is obliged to let the weeds grow. We can uproot the false beliefs as the gardener uproots the weeds, thus making more and more room for the growth of the seeds of divine truth and for the development of the tree of knowledge which gives to us perfect faith in the ALL-GOOD. It is our duty to use the leaves of this tree to heal everyone that comes to us for healing, it matters not how negative or helpless, weak or undeveloped they may appear, for if we have risen to the realization of the majesty of truth and cast away every unbelief by the positive avowal that we know that All is Good, we have then educated ourselves so perfectly in this great truth of the universality of the divine nature that we realize that Good is all and contains all there is. And thus knowing the higher law of the goodness of God and through this light having gained a perfect comprehension, we shall now see things or states as they are to the Eternal, and through this knowledge, which has wiped out our own false beliefs, we can also wipe out the beliefs of those who are led to us for healing, for we have come to see that beliefs based on the eternal Reality are self-existent forces which cannot be overshadowed by the beliefs of the world, but can and do conquer all mortal beliefs and make manifest the goodness and mercy of the living God of love.

THE POWER OF THE I AM.

The I is the man, the Self. This very short word has never yet been pronounced with even one-hundredth part of the force which belongs to it.

I must take hold of my individuality and lift it out of the earth-mire into which it has been dragged by the earth's negatives.

I must lift it up and establish its identity in the world.

I must stamp the impress of my personality on all my environments.

My I Am is the image and likeness of the great I Am. I will claim the power of the I Am. I will attain to my highest aim, which is to hold myself in God. I will hold my I at the right hand, the positive side, of the Throne of Power.

I am the personality of Power. I have won the victory by my own persistent efforts, God being my strength.

I have grown to my present degree of power out of latent Good or God.

My I Am is Master. I Am: I have gained the mastery. I have demonstrated according to my will and wisdom. I can demonstrate more and more. therefore I will not be subservient to anything.

I am the highest expression of God. I am the image of divine strength. I deny weakness; there is naught of it in me.

I have my origin in the Central Sun. I am in the warmth or love of the life of the divine Sun.

I have gained the recognition of the truth and I am positive to all things and substances that have not gained this recognition. This recognition is the key to the healing of the whole world and I hold it now within my conscious mind.

* * *

Healers must recognize in all patients the power of life over death, the power of positive over negative, and thus establish this positive condition within them. As they come to recognize the power of positive thought they will see that all must be taught to overcome.

Effort is necessary. Unceasing effort brings all the faculties and forces of the mind into activity.

The desire to overcome must be cultivated. The seeming difficulty of overcoming lies in the way of assuming the position of mastery.

The power of habit must me broken. All who wish to gain this high position must break through the habits of their old ways of believing. This should be done by and through exercising the force of the will.

When one gains the true understanding of his position as a wielder of the power of the divine Will, he must remember to use his will in breaking all conditions, for the will is the I, and this I is so great, by virtue of the power of God vested in it, that the rest of the personality is nothing in comparison with it.

Thus I must break the fixed habit of thought which, despite the intelligent understanding, still clings to the external part. The beliefs in the power of disease held by the race, and held by the conscious mind before it became aware of its mastery, are consolidated in the surface mind. Those beliefs and the cells in which they reside are but negative intelligence. They may be brought into subjection and their tendencies redeemed through the exercise of the will.

* * *

I am all mind, God's Mind. My will is supreme. My will shall cast the decisive vote in the contest between the positive and negative forces within my nature. My will is Spirit active in manifesting the power of my soul.

I have climbed to a height in my evolution where I recognize that I reign supreme. I have dominion over all negative conditions. I have reached the perception of the Absolute Truth.

I will not, for I need not submit to the tyranny of any negative authority. Therefore I will not permit any disease to dominate my flesh or destroy the health and peace of my nature.

I reign supreme in this organization and I exact implicit obedience from every part.

I deny and defy all negatives for my knowledge of absolute Truth swallows up every negative assumption.

Centered in Thee all will be mine
That I have failed to reach.
This gives my soul a perfect joy;
My heart's too full for speech!

HEALTH CULTURE.

CHRIST OUR HEALER.

A few years ago Nicola Tesla exhibited an experiment in electrical illumination in which a vacuum tube, held in a stream of invisible electrical energy, became luminous.

The mind of Jesus was like that vacuum tube. He held it empty of mortal thoughts that it might be glorified with the Thought of God—the Holy Spirit.

The beneficent Spirit of God was radiating through the world before He came, but it was invisible to the many, and unrecognized, until His clarified mind intercepted the divine Rays and made them visible to humanity as love and wisdom.

With His eye single to God, standing in the Rays of Divinity, He caught the mighty energy of Life in His own person and turned it to the healing of the sick. And Christ is now standing in the Almighty Presence listening to our prayers and turning toward us the healing love of Divinity.

He is still the Light of the world, the Lover of humanity. Christ is still a Healer, unsurpassed in power. If those who are sick, and who have been unsuccessful in gaining relief, would ask for help from Jesus Christ, the mightiest of healers, and then abide steadfastly in communion with Him, they would feel His healing life permeating their flesh.

Jesus, the most successful healer the world has known, is a merciful manifestation of God's healing power,

and if those in need of healing would send a mental message to him in prayer whenever they wanted the benefit of His treatments and would just as confidently expect to receive from Him of the life renewing energy as they would after having telephoned to a mortal healer, they would soon realize the kindness of this divine personality, provided they used affirmations of truth to appropriate the blessings focused on them. Soon their minds would become receptive to the rays from His glorified personality and they would be invigorated by His vitalizing Spirit. The light and joy of His mind would dispel their depression, and discouragement, their doubt and fear, and give them holy peace. In contemplating Him as their loving healer their minds are exalted above the plane of mortal thought, their souls enter into that inner realm of peace and perfection where He abides and they begin to rejoice in the resurrecting power of His all-pervading bliss.

THE SPIRIT OF HEALTH.

The Consciousness of the Soul is the Spirit of Health. Blessed is the one who realizes the eternal life of his Soul, for such a one will cause an epidemic of spiritual health. The consciousness of health is more "catching" than any contagious disease, for it is the most positive condition, the natural expression of divine life.

Health and strength are inwrought into the very nature of the soul. Your soul is health and strength this instant, for your soul is the image and likeness of God's nature of immortal perfection. Awaken to the wonderful truth of your soul. Lift your faith from the delusions of mortal sense to the comprehension of your immortal Self that is now one with the power of divine Perfection.

Stand on the Rock that is higher than your personal I, this I AM within that was spoken forth by the Voice of

Omnipotence; stand positive in the majesty of your true Self and express the Word of health and strength that you ARE in your eternal Being with God. Cultivate the Spirit of Health by expressing the Consciousness that your Soul IS. Mortal thought of disease and weakness is from below, of the limitations of the natural plane, but your soul consciousness of health and strength is from above, born from the unlimited life and power of God. Cultivate a positive faith in the healing life and energy of your Soul, for thus your external mind learns to think forth into manifestation the perfection that God has stored in His Word of power within you. Deny the petty cares of mortal life. Deny every feeling that is not God-like and affirm not only mentally, but by living them, the qualities of love and good-will that your soul desires to express. Your soul desires to love all with the love that will overcome the limitations of family ties, the limitations of relationship, a love so grand and deep that it will feel for all created things the same gentleness and sympathy that it feels for its best beloved. The soul is not swayed by mortal attractions, it is not limited by personal affections, it feels the same impersonal tenderness toward humanity that God feels. Thus the soul is not limited in its life, for its life is the unlimited love of God, and as it finds means of expressing this divine Consciousness, its power expands as the seed in the earth expands under the benign influence of the sun, and it radiates its blessed life and strength through its physical instrument.

Be true to your soul whatever appears. Feel as it feels. Think the truth as it sees truth. In conversation with others, your language will need to be modified to their understanding, to their present limited view of life, in order to appear rational in their sight, but in the silence of your own mind be true to the vision of the majestic strength and perfection of your Self that now lives in God. Exercise His will that makes for perfection. Exercise His

Spirit that transforms and renews the mortal form. Exercise your faith in the truth that you are a radiant, healthy son of Omnipotence and BE perfect as your Father in your Soul's sanctuary IS Perfect.

May you realize the invincible Life of God within that makes for peace and perfection. All your flesh is now filled with the glory of your immortal Soul. Your mind is pervaded with the Consciousness of life and health eternal. You now realize and are healed by the Consciousness that is always with you, your divine, immortal Self, the Son of God.

GERMS AND MENTAL ATTITUDE.

It has been said truly that germs are the occasion for, not the cause of, disease. Disease germs are impotent, mere food for health germs while the mind and body are harmonious and happy. But fear of disease will paralyze the activity of the mighty life force in the nature. Fear is a weakening, disintegrative thought force. Anger, hatred, jealousy, and all other low and impure states of mind are sins against the body's well being and immediately create poisons which if increased by such habits of thought are sure to cause disease and death. On the other hand feelings of good-cheer and good-will with continuous brightness of thought are just as certain to create tonics in the system.

So what is gained by taking tonics if one's anxiety and care and meanness of disposition are creating poisons that sooner or later will show out in cancer or consumption?

Why travel over all the earth in search of health when the kingdom of health is within us? Shall we inject the impure virus of animals into the pure blood of children to show out later in scrofula and other diseases when there is a fountain of living, healing waters within ready

to spring forth with germ destroying energy when properly recognized and called forth into expression?

These are not fancies but incontrovertible facts; science of the most vital sort. A great many physicians have already incorporated these facts into their experimental science of medicine and they testify that thought will cure where medicines produce no beneficial effect. They are learning to use the silent healing force of thought while they apply the elements which the body needs for recuperation. Medical, mental and spiritual science are all in the experimental stage, but the wonderful healing results attained by schooling the mind into an optimistic and more generous attitude have revealed to those that have eyes to see that mind and soul culture will hold a most important position in the healing science of the future.

MASTERY OF GERM DISEASES.

Colds, catarrh, diphtheria, malaria, pneumonia, consumption, appendicitis and all diseases where bacilli invade any part of the body and destroy tissue, may be conquered by the persistent use of the will in turning a mental force into the parts affected with the determination to expel and conquer the cause of the disease.

There is a physical as well as a mental side to every destructive element that enters the body and we must have an unconquerable faith in the supremacy of our will over all forms of disease, physical or mental, because, by the use of the will, we can awaken into active resistance the whole vast army of cells of which the physical body is composed. The power in all cells is intelligent and they may be shown the danger and aroused to combat the invading army of bacilli.

The human will is so potent that it can conquer and

destroy, if it is kept persistently at work, even a well intrenched army of bacilli, because the disease is foreign to the part it occupies and the strength of the whole body can be hurled against it again and again until it is dislodged or destroyed.

Do not at any time surrender to fear, for fear weakens the will. View the condition, of no matter how long standing, as an exercise for the development of all the powers of your soul.

Do not falter in your determination to conquer. Be patient and serene in the knowledge that your will is growing in power daily. No matter how strong the disease appears you can cultivate a stronger force because you are a soul supported by the power of omnipotence, while the disease is but a negative condition and depends for its existence upon the strength that it absorbs from your body.

Exercise and develop the power of your will by the following affirmations.

I am master of my body.

I am conscious of a force of will which I now turn against this disease to destroy it.

I will not allow my flesh to be invaded by disease germs.

I now destroy these parasites of disease.

I have no fear. Fear cannot weaken my resolve to conquer.

I will get well. I am now exercising the power that will make my health manifest.

I now exterminate all disease germs.

I will that all the intelligence and power in the whole aggregation of physical cells be turned to exterminating disease germs from this part of my physical body.

My subconscious mind recognizes the cause for this disease and now proceeds to exterminate it.

I am a body of healing intelligence.

I turn the whole force of my healing intelligence into these parts.

Health and peace must now become manifest.

There are no elements of decay in these tissues. Conscious life prevails.

All these disease germs are dissolved; they are all destroyed; by the power of my will I annihilate them, every one.

I say to them: "You shall not feed upon my flesh. I now kill you and eradicate your poison from my body."

When the mind becomes tired of this aggressive action, rest in the passive knowledge that the power of your spirit is now turned against the disease and is working silently but surely to conquer.

As soon as new mental force is gained by rest the same positive assertive attitude should be resumed. The exhaustion following this exercise of the mind is evidence that an actual force has been directed against the disease.

Not any disease is as powerful as this living, intelligent force, and no disease can withstand its action, for it will search out the hidden cause and slay it.

It is a fact that disease germs enter the organism daily, but the army of health germs in the organism is usually so vital and strong that the enemy is conquered before it gains a foothold. Only when the vitality has been depleted and the resistance of the system is not up to normal is it that disease gains the upper hand.

This knowledge of the conquering power of the human spirit will some day be so prevalent that mortals will not fear disease and talk of its insidious power, thus hypnotizing into inactivity the healing forces of the body. They will know that health, peace and perfection are backed by the full power of omnipotent life and their flesh will exhibit the beauty of their true faith.

HEALTH RAYS.

As we notice the drawn shades excluding from living rooms the vitalizing and germ-destroying rays of the sun, we wonder at human ignorance which knows not the value of sunshine.

When the sun is obscured the atmosphere is not positively charged with the electric energy and we quickly feel the lack of vital force. In some natures this will react on the mind to produce a feeling of depression, which goes to prove that the state of the body affects the mind, until the mind asserts its supremacy.

The human body was formed to live close to nature, to depend on the magnetic and electric forces of nature for its more ethereal food.

Whenever I go to the outskirts of the city where the wind blows in from off the fields and prairies, I feel that that air is charged with more vitality than the air we breathe in the city. In consumptive cases great success attends the return to nature.

The lone fisherman sitting in the sun is mentally soothed by the sound of the waves or the flowing current. The complexities of his mind unravel under the harmonizing, hypnotic chant of nature's voice and he enters that state of simplicity and peace where the spontaneity of life finds free access to his being.

Worn-out city workers go to the country for a few days during the summer and return to the city refreshed and refleshed.

Sunshine is nerve food, nerve force.

We should live in the sunshine as much as possible, breathing deeply of its exhilarating electro-magnetic force.

Those who exclude the ozone-producing sunshine and the fresh sun-kissed air from their homes will not find a substitute in the artificial ozone sold in bottles.

Our great benefactor and physician, the sun, gives

electric treatments, white ray, blue ray, X ray and all other ray treatments combined, without price.

This vitalizing ozone is to be had for the breathing, but the majority are so anxious about their health, or the annoyances of existence, that they fail to recognize and appropriate the marvelous healing virtue so abundant and so free.

BATHE IN THE SUNSHINE.

Whenever in the privacy of the home the opportunity offers to take sun baths, use the following words to consciously appropriate whatever element is needed from the sun's living rays.

Oh, Vitalizing Sun, I recognize thy beneficent radiations as life giving and disease destroying.

I welcome thy vitalizing rays into my flesh.

I draw thy soothing force into my nerves.

I am a magnet for thy vitality and strength.

Thy life and power shining there in the heavens is in my nature.

I am strong with thy unlimited life.

I am inbreathing thy vitalizing radiations.

I also am a sun of God, a soul radiant with perfect life and power.

GOD'S GLORY IS VISIBLE.

Every form in the universe is a manifestation of the power of God. We should strive to realize this truth and to look so continually for the Spirit of God in all things that His Presence will become real to us. Created things are striving to reveal and manifest, according to their several capacities, the intelligence and power of that One

who is infinite and eternal, that One who is greater than all.

The sun is one of the grandest symbols of the presence and power of God that we can see.

I like to look upon the sun poised in the western sky as a symbol of the Soul of the universe. It is like a great yellow or ruby soul made manifest to our vision. It is one of the bodies or forms through which the Soul of the universe radiates its power. Wonderful exaltation of spirit comes to me as I walk out under the sky and worship, as did the ancient Persians, the One Spirit manifesting there in the heavens, visible to my sight, the source of life and light to all nature. As I walk along under the trees catching glimpses of that Splendor that glows there in boundless space, I cast aside the materialistic ideas which would separate cause and effect, the created from the Creator, and see in truth that God, the One Power, is there visible. The eternal Being is there shining forth His life to all worlds. That is the form through which His power becomes visible to my sight. Matter and material thought no longer hide from my mind the vision of the One.

Now, as I look at that outermost glory of the One, my mind is filled with reverence and adoration, and I am happy with a spiritual happiness that comes from a perception of the eternal truth, and I know that my joy in the realization of God's Presence will continue to grow as I see His beloved Face shining throughout all creation.

Love, faith, hope, trust, adoration, reverence, devotion and awe are spiritual qualities, the activity of which create the spiritual character. These are a few of the elements of the higher spiritual or soul nature. They should be cultivated for they are the heavenly qualities through which God is known.

Spiritual joy comes to whomsoever develops the activity of the faculties of the soul. Where there is no

faith, love or trust, there cannot be spiritual joy, for these are the life and the very essence of the joyous spiritual experience.

Physical pleasure comes from the contact of the outer senses with their objects. The contact of the inner spiritual senses with beautiful and inspiring truths gives spiritual joy. These higher senses must be developed, must become active, if we would experience the growth in spirituality that satisfies.

We admire that which is attractive. We look for that which is beautiful that our sense of pleasure in the act of admiring may be stimulated. Then, when we have realized the transitoriness of earthly attractions, we find our pleasure in acts of praise and adoration, which awaken the beatific joys of the spiritual nature.

As we contemplate the presence and power of God, all the spiritual attributes of our mind are awakened, and in the activity of these qualities of mind we have an enduring peace and joy that forms the kingdom of heaven or happiness within, and we are no longer servants to that unsatisfied longing and craving which seeks gratification from external things.

Some time, after we have laid aside our gross physical form, we shall live in a more spiritual land. We shall behold the Sun of Righteousness shining there in the sky, filling all the heavens with the glory of His love and wisdom. But if we have not cultivated our sense of the beautiful, if we have not learned to see the Spirit in the form, if our inner faculties have not been cultivated in the exercise of love and adoration, His unveiled Glory will be no more to us than the sun we see daily in the sky above our heads.

The amount of joy we experience in this or in any more spiritual state will depend upon our capacity to recognize the beauty of truth. Our joy and delight must always arise from within, the spirit within us learning

to recognize and commune with the Spirit all about. Only as we cultivate true understanding, true faith and discrimination, does the Spirit of God become real in our lives.

Heaven and earth are full of His Spirit now, but it is apparent only to those who have eyes to see.

Let us recognize that there is but One Being in all the varied forms of life, One Spirit that is informing all intelligence, One Beauty that the most beautiful things but faintly reflect, and His name is One.

All is the manifestation of One Omnipotent Being, whose glory fills the universe with life and love.

WORDS OF PRAISE.

O Thou mighty invigorator of the universe, Thou visible Form of the Power of God, fill me with Thy unlimited vitality.

Thou Sun of Power, I praise thy omnipotent energy as the life and energy of God.

Thou art God's Image in the natural world.

My mind is exalted to behold more of the goodness of God as I recognize thee as God's Image of Power, visible to my natural senses.

Thou art stirring within me the realization of unlimited life and power.

Almighty Spirit, I recognize Thy wonderful Presence in the sun and in all the natural world. I, myself, am a form of Thy glorious life. I praise Thee, O God, for this visible symbol of Thy Presence. I rejoice in the realization that Thou art visible here in all nature. This is Thy nature, Thy very substance made visible to mortal comprehension. All substance has come from Thy Essence, is imbued with Thy intelligence, and holds

locked within it wonderful healing power, radiant health. It is all the very Essence of Perfection.

I rejoice in the awaking of my spiritual faculties which enable me to see Thee in the purity and glory of Thy mighty wisdom.

I behold Thy visible majesty.

O God, my Father and my Mother, there is no absence of Thee anywhere. Thy Spirit pervades all, is the creator of every form, the substance and life of which every form is composed.

All glory to Thy infinite goodness and power. I am one with Thee forever.

INCARNATE THOUGHT.

As the heavens contain myriads of celestial beings who are not incarnated on the physical plane, so the mind contains many beautiful thoughts which are not incarnated in physical cells.

We need to incarnate in our flesh our beautiful thoughts and feelings.

A great many students have held abstract statements until the mind is crowded with beautiful ideas, but these ideas live in a more spiritual state than the body-consciousness, and are of little influence over the body. Hence it fails to express the beauty and truth of that ideal realm of thought, and those who have cultivated these abstract thoughts say that they cannot demonstrate what they know.

When a deep spiritual emotion is felt that quality of vibration should be centered into some part of the body that needs retuning. The soul realizations of divine love which are induced by contemplation of the Christ or awakened by our efforts to bless others with the Spirit of love may be turned into the body. We can bless the

discordant mental cells until they come into harmony with the celestial quality of love and express perfection. Thus the intelligence latent in the physical cells must be educated and redeemed that the body may have the intelligence that will enable it to create perfect conditions.

HEALING THOUGHTS.

Keep happy and hopeful and it will have a tonic effect on your whole nature and also prosperously affect your affairs.

Praise God even when things seem dark and your praise will create brightness and joy all about you.

AFFIRM:

The peace and prosperity of God dwells in my world and fills my life with His bounty.

I dwell in the Presence of God. I dwell NOW. in the unlimited Power.

I AM UNLIMITED.

I am an organization of healing life.

I have the power to perfectly organize my physical body.

I infuse all these tissues with life and strength.

I will that this flesh shall become positive with healing substance.

The intelligence that I infuse into this flesh reorganizes the tissues and makes health to manifest.

I am positive intelligence and strength in all these tissues.

God is my power to manifest health and perfection.

All Power wills my permanent health.

Omnipotence is the life and power of my soul.

My soul is alive with the all-seeing Spirit of Jesus Jehovah.

I am Thy grace and purity, I am thy love divine,
Living in true sincerity I all to Thee resign.

Individualized love manifests the harmony and perfection of the Divine life. Be Godlike! Be love! Feel love! Act love! God is Love.

TREATMENT FOR DEAFNESS.

I draw the vital currents of my life up into my ears to strengthen and restore my hearing. My inner ears are vitalized with healing intelligence.

All the healing intelligence in my nature is turned to vitalize my sense of hearing. Perfect life and intelligence are recreating my ears. There cannot be any inertness or deadness in my ears. Every atom is alive. The resurrecting life of Jesus Christ is now restoring my hearing. The limitations are all dissolved by His Spirit. Every defect is dissolved from my inner ears. Every limitation is dissolved from my mind, so that the Spirit may now enter into my ears and quicken them with perfect life. I will hear perfectly. I now listen attentively to every sound. As I listen I expect the life force to arouse the intelligence in my ears to receive every least wave of sound. As I listen all my intelligence conspires and endeavors to make every part of my hearing organs positive and receptive to every vibration of sound. My hearing is unlimited. I place all my attention in the act of hearing and force the parts to readjust themselves to perfectly receive the waves of sound.

I look to the intelligent Power within my nature that originally formed my ears to revitalize and reform them in every part. My soul has the power and intelligence

from God to completely heal my ears and restore perfect hearing.

I look to my soul and expect it to exercise its healing intelligence in these parts both day and night.

My hearing is daily becoming stronger and stronger. Each day the cells are storing up new life and energy. New cells are being formed and some day the work will be complete and I shall be healed.

Exercise develops strength in the ears as in any organ or muscle of the body. The ears may be cultivated to hear sounds that are imperceptible to the normal hearing. The native Indian by placing his ear to the ground could hear the tramp of horses when they were yet a long way off. Exercise the sense of hearing daily and in this way the intelligence in the nerves and muscles will be stirred with a desire to produce a more perfect organ. Added nourishment may be imparted directly to the parts affected by rubbing olive oil all about the ears before retiring.

ROARING IN THE EARS.

Persistently deny out everything that relates to the limitation. The more experience I have with the effects of mental denial the more thoroughly am I convinced that it is a powerful factor in overcoming physical and mental limitations. Few use it long enough to realize the full effects.

The following treatment will enable you to grasp the process.

TREATMENT.

The mental and nerve substance in my ears is good and healthy. There cannot be any cause for disease or disturbance in this substance. I dissolve from the mind of my ears all spiritual causes for disturbance. Every

cause for roaring is now dissolved. There cannot remain any disturbed mentalities in my atmosphere to interfere with my hearing. My hearing is not sensitive to occult vibrations of any kind. All disturbing vibrations are shut out of my range of hearing. The dissolving power of the Spirit is now eradicating every cause for disturbance from my ears. The nerves in my ears are building up healthy substance, becoming more and more vital and are now responding to the intelligent power of my soul which makes them perfect. My soul is vitalizing and transforming all the organs within my ears. The goodness and perfection of my soul must become manifest within all this substance. All the intelligence in my ears is conspiring to heal them and keep them in perfect peace.

STUTTERING.

The vocal organs may be placed under the control of the will by persistent affirmation and by conscious control of them while you are alone. You should read aloud while alone and enunciate clearly and distinctly. Compel the organs to obey your will. Exercise your will over them until they have no other power but your will. Form clear ideas of how words should be pronounced and these ideas will combine with your will in the subconscious part of your mind, and after a time there will be developed in the organs of speech a more perfect intelligence, which will be able to enunciate correctly. The mind in the nerve substance that controls these organs has not been properly trained. You can add your will and intelligence to these parts by persistent practice and fully overcome the false habits of utterance. The more you supervise the process of speaking and place thought and will force in these organs, the more developed will become the intelligence in the controlling nerve centers. Every center of intelli-

gence in the body can be brought under control of the conscious will. Keep in mind how wonderfully intelligent the fingers of a pianist become by constant practice, or how intelligent cultivation develops and rounds out the voice of a singer; all through gaining conscious control of the nerve centers. Also repeat these thoughts over when you are able to give them your full attention, and especially upon retiring:

I dissolve every limitation from my organs of speech. I have full control over the articulation of all my words. I will focus so much energy and intelligence in these centers that every weakness will be overcome. I am gaining the mastery over my speech. I will express perfectly just what I want to say and there shall be no hindrance. Every hindrance is eliminated. I am gaining conscious control of the organs of speech. I cannot be embarrassed when talking to others. I am more positive than any mental condition with which I come in contact. Every weakness is dissolved from my character. Every defect is dissolved from my speech. I am bold. I am courageous. I have faith in myself as a soul of God. I will develop an invincible determination to conquer every mortal obstacle. I will accept the duty of overcoming as a joyful one and lift up my heart in praise to the Father that I have the opportunity and the knowledge to prove myself master of mortal limitations. God has placed His conquering power in my soul and I will become what I desire to be. I will be what I will to be. God is the strength of my soul. God is the wisdom of my mind. God is intelligence in every part of my body and I will be perfect as He is perfect.

RHEUMATISM.

It is no simple matter to give a general treatment for rheumatism that will fit every case. The cause may be wholly mental or it may be wholly physical or it may be both. Various intense emotions will disturb the nerves or create an overabundance of acid that may accumulate in the joints and muscles and cause rheumatic pains. Inflammatory rheumatism, of so intense a character that the patient could not be moved in bed, has succumbed almost immediately to the thought and magnetic touch of a healer. On the other hand, less painful cases have been much slower in responding to treatments. And this has been due to a debilitated state of the body or a weakness of the kidneys. When the cause for rheumatism is mental, treatments and prayers which uplift and harmonize the emotions will often result in a cure. When the cause is weakness or inactivity of the physical functions, these must be re-enlivened.

Give the kidneys mental power to do their duty in casting off the uric and other acids and the system will not be poisoned by them. As a boil becomes a magnet for certain poisons in the blood and draws them to itself, so in like manner the kidneys must become magnets to draw to themselves the accumulations of uric acid from all parts of the body that they may cast it out.

The conscious mind must supervise the work of the kidneys. If they have become negligent in attending to duty, they must be inspired to renewed and unceasing effort to cleanse the flesh of poison. If the mind has lived in the idealistic concept of truth or used its energies entirely for others, it must now be turned into the body and made to energize the activity of the various organs so that more perfect work will be done in the physical organism.

In order to regulate weak or inharmonious action of any organ, one must enter into the work of manifesting health in the physical body as one would enter into an enjoyable duty. Attention to the proper development of healthful activity in all parts of the body must become a joyful duty, for this is a work of overcoming that gives conscious dominion. The body is the proper field for the exercise of the power of the will and the understanding of perfect ideal expression.

TREATMENT.

When resting, place the thought in the kidneys and imagine them acting intelligently and powerfully to draw the poisons from the blood:

My kidneys are powerful magnets, drawing all the uric acid out of my blood. The influence of my kidneys reaches to every part of my body and draws all uric acid from the flesh and from the joints. The dissolving power of my spirit dissolves all accumulations of uric acid crystals from the joints and from the muscles. The active cleansing power of my thought is purifying my body from every poisonous influence and element.

My kidneys are organizing good, healthy substance. They are strong and intelligent. They are capable of doing their duty. They are not limited by any thoughts in the conscious or sub-conscious parts of my mind. My kidneys are powerful to cleanse my blood of all impurities and I aid them by adding to their power the energy of my conscious will and concentrated thought. They MUST do their work perfectly.

I bless them and praise them for the good work they are doing. They know that it is good for them to work for the benefit of the whole body, for thus is their life prolonged. I bless them with my strongest realizations of the love and wisdom of God.

The healing water of life is washing all poisonous acids from my system.

The water of life is coursing through my veins, dissolving every poisonous element.

My system cannot harbor any poisons.

Uric acid cannot accumulate in my flesh. It is dissolved from every part and entirely eliminated.

My soul draws from space the alkaline elements which neutralize the acids in my flesh.

The cleansing water of life is purifying my nature of every pain-causing secretion. My nature is cleansed and purified by this living power of the Holy Spirit.

LOST IN THOUGHT.

Whenever one tries to penetrate to the essential state of existence prior to the beginning of things the mind is lifted above the realm of concrete ideas and loses itself in a state of metaphysical abstraction. The consciousness may be led from the material to the spiritual region of thought, and when the cells of the brain are not acclimated to the rarefied atmosphere of this state, the conscious mind is stilled, and while the mind continues to roam in subjective space the body rests and recuperates.

This subjective realm is the source of most of our physical energy. During sleep the consciousness appropriates strength from the universal Mind for the recuperation of the body, as the storage battery, when exhausted, becomes recharged through reunion with the source of electrical supply.

Those whose minds are daily occupied with material thoughts that have to do with the strenuous business life of our time should, if only for the sake of their health,

give some time to the study of spiritual literature. After several hours of mental activity along one line of thought there should be a conscious direction of the mind into another channel in order that overtaxed centers may rest. A change of mental direction is often more restful than mere idleness, because unless another part of the mind becomes active and diverts the forces from the region that has last been used, the momentum of past thinking will not be overcome. A course of spiritual study would save many tired minds from softening of the brain or apoplexy.

To the brain-weary I would say:

Transfer the mind from that part of the brain in constant use to a more ethereal plane of thought. Turn the attention toward the abstract realm of spiritual ideas and cultivate the spiritual side of the nature, and that high center of intelligent attraction cannot fail to draw to itself the mind which contains thoughts that respond to it. As the state of the mind before going to sleep is most likely to affect all the night thoughts, which in turn help or hinder the recuperative action of life in the body, devote the latter hours of the day to spiritual meditation.

The following directions will make clear one method of entering the subjective state: After retiring for the night let your mind drift back to the farthest reaches of time. Follow backward the process of evolution to the time when the suns and planets were yet in the original fire-mist. Let your imagination try to conceive the state of existence before even the fire-mist, containing all the elements of manifested existence, had evolved from the bosom of boundless space, when all the gross elements were reposing in the state of subjectivity, hidden away in the universal Mind that filled infinity with its eternal Consciousness. As you follow this thought into the depths of the past your mind becomes merged into the ocean of pure thought, the Essence of all being, and you compre-

hend in some degree at least that you and all beings have evolved from the Consciousness of Eternity and are forever in and part of the eternal Being. Then let your mind dwell in the thought of the serene peace of that pure Consciousness which is the essence of all elements, all bodies, all minds, the very foundation and source of the infinite creation of forms. As you abide in that free state of thought its ethereal vibrations of peace will soothe you to sweet, dreamless slumber.

ADVICE TO AN INEBRIATE.

Your study of the soul awakening thoughts of truth has brought your soul to a realization that it had become intoxicated with the things of sense, and it has also drawn to you ministering spirit friends who desire to strengthen your soul with the power to overcome. There is so much to overcome as a result of these many years of trailing your soul's light in the dust of carnality.

It is wisdom for you to frequent places where strong souls congregate for the expression of religious truth, for the congregations of the righteous inspire to righteousness, and strengthen the wavering will to renewed endeavor. Even in the presence of those who are ignorant of the deeper things of the Spirit there is mental strength and the persuasion toward goodness, if that be the quality of the simple seekers after the things of God.

Your many years of obedience to false desires has filled your subjective mind with a host of phantoms of carnality, a veritable hell, in which your soul is held prisoner, drugged almost into insensibility by the poison of false desires. It may help you to bring forth the resistance of your manhood to know that you have drawn to yourself many spirits who will to hold you in subjection to

their uncured craving for sense enjoyments, and who, using you as a medium, continue to gratify their sensual natures.

It is well that you have begun to cultivate the desire to return to your Father's house, for if you should die without freeing yourself of this habit your soul would be held in bondage to the terrible incubus of your accumulated desires for mortal pleasure; it would be held in bondage to the earth until you became victor over yourself, which might be a long time. But now as you desire to overcome, as the quickening Spirit is entering into the lowest depths of your mind, there is much hope for you if you will turn all the forces of your mind and every power of will to breaking the chains of sense that have held you so long. You have to clean the Augean stables of your nature and you cannot afford to become discouraged. As it took time to store up the desire force for drink, now it will take time to mentally dissolve all these accumulated desires and create good and perfect desires in their place. The subjective nature is formed of thought and desire force. This spiritual nature is the character and also the form which man appears in to the inhabitants of spiritual life both while he is still connected with the body and after he is freed from the body by death. The spiritual character retains the form of the thoughts and desires that composed it, and the momentum of its desires will be the force which directs it spiritually, determining whether it shall seek after the gross pleasures of earth or the refined joys of heaven. And the Germ of Divinity—the soul—must redeem this personal character, which it has become identified with by birth, before it can return to its Father's house.

Praise God there is a mighty power working through the ministering souls of the redeemed on earth and in heaven. They will add their strength to the strength of

your soul in every endeavor you make to regain your standing in your soul's Consciousness of purity and dominion. Your soul is crying to the Holy Spirit for help. The help will come to you as you make spiritual conditions by prayer and affirmation of truth. Rise from each failure with new determination to mount to your soul's former state of spiritual freedom and dominion, and you will become stronger and stronger until perfect victory is within your grasp.

Use thoughts of denial toward the habit continually. Talk to your soul and make of it a companion with whom you will commune as you would with an angelic presence. Encourage it with affirmations of faith. Talk to it and tell it you will, for its sake, gain the ascendancy over sin. Give it all the strength of your conscious will that through the union of the personal and soul consciousness an irresistible conquering force may be generated. Pray to be plunged so deep into the depths of the holy, eternal Silence that you will feel no more the temptations of the senses. Pray that your soul may be filled with the pure Spirit of the Living Christ that like Him it may live in the peaceful atmosphere of God.

AFFIRMATIONS.

I will no longer be a medium through which undeveloped spirits gratify their sensual appetites. I resist all desires and cravings that are insinuated into my mind from the mental realm without. I resist and conquer every desire and craving for drink born within my own mental nature. I realize the wanton waste of effort in living to gratify the senses. I realize that I have a greater destiny than to live like an animal in the sensuous realm of feeling. What is good and proper for an animal in his degree of unfoldment is not good or wise for me in my state of evolution. I must push on toward the high goal of spiritual dominion and bring all my senses and

every faculty of my nature into useful subjection to my soul. Thus will my soul lift me up as Jesus was lifted up, mind and body, into the transfiguration of the sons of God.

PRESENT WITH THE LORD.

My Heavenly Father: Through faith in Thy goodness and love I can walk along in the pathway of truth and health.

I turn my mind to Thee, O God, from this transient world of fleshly sensation to Thy spiritual worlds of eternal life. When I turn my thought and imagination to the spiritual life, I am really turning inward toward Thee, entering the more refined realm of my being where Thy Spirit dwells as the life of my soul. When my love and desire are present in the pleasures of the body, I am absent from Thy gracious love. I will live in communion with Thee and be saved from all weakness of the flesh.

My will shall be tuned to Thy divine will; my desire and love shall be toward Thy Spirit of Wisdom within my soul. To live in the thought of Thee is joy eternal.

By the omnipotence of Thy Spirit within my soul, light and liberty can be mine even here in this transient world, and I shall gain Thy faith to walk along in the shining pathway.

O my Father! strengthen me with Thy Spirit that I may climb to the summit of the Mountain of Holiness, where dwell all the blessed of the Father, angels and archangels, radiant with the light and love of Thy Divinity. There, on the heights of holiness, are heavenly scenes that never fade and pleasures that never pall. There is the Fountain of eternal life, light, love, strength and energy; there, O God, Thou dwellest in the sublimity and majesty of Thy divine Form.

I am a soul descended from that height of holiness into the present, lapsed condition. And now, O God my Father, I desire to awaken to my former royal state. I will strive to recover the health which seems to have departed from me, for I know it is not lost; it still exists in the higher part of my being; my soul is health and beauty and perfection itself.

I will live the pure and wise life of a son of God, recognizing Thy Spirit as my wisdom and power. Thus will I daily bring more and more of my soul into conscious expression. Since Thou art my Lord, the strength of my life, what shall I fear?

The Highest dwells within me and wills the greatest good for me, as His offspring. I may rest in Thy bosom of love, my Father, and draw all I need from Thy inexhaustible power. I lean on Thy power for the recovery of my health, and I trust implicitly in Thy power to restore to peace and perfection the consciousness of my lower soul. I will not yield to the earthly infirmities of the children of this world. All the possibilities and powers of the sons of God slumber within me. And as I again realize the consciousness of my divine birth, and draw from the interior the soul consciousness that dwells there in God, I shall have the power to invoke and command health, for it is mine now. I have it within. Thou art my Health!

Convince Thy children in the world that their seeming loss of health is spiritual poverty, that in Thee are to be found the true riches of life and health. Lead those who seek to solve the problem of existence to the knowledge that they live in Thee and from Thee, though they realize it not. Lead them, O Father into Thy Consciousness of everlasting health and peace.

Help me, my Father, to reveal to the world this gracious, saving truth: That Thy Presence fills all space, Thy Spirit—the Everlasting Father—is forever able to

quicken, renew and sustain all through this life, even into the life beyond. Thou wilt never leave us.

Reveal to the children of earth that they are really, as souls, the children of God, that they may turn to Thee and be saved through the abundance of Thy love. Amen.

THE SEA OF BLISS.

We recognize that behind this veil of time and space is the all-pervading Sea of Bliss.

We close our eyes to outward things—these mortal sense vibrations—and look with soul sight and true understanding to the radiance of Divinity, the soul light, which is the Essence of all things, the basic principle of life.

In this interior realm of glory all is vibrant with the active bliss of God.

This blissful Presence may be compared to a luminous Sea in which all things are immersed. We have always lived in this Presence but our minds and senses are so occupied with the sensations produced by the gross realm of matter that they have failed to take notice of this abiding reality.

As we look with eyes of faith to that which lies beyond the senses, we become more refined, more spiritualized and better able to comprehend that there is a Presence that is all-pervading, intelligent and self-conscious; a Presence more beautiful than all the beauties of sight or sound in the realm of sensation; the very Mind of grace and loveliness, from which all external beauty is derived.

This Divine Presence is luminous with the light of wisdom, vital and warm with the mother love of God, and enfolds us as a Sea of Bliss.

This Sea of Bliss is the positive reality. Compared with it, the world, which seems to many the only real state of existence, is but a negative reality.

This Sea abounds with perfect Essence; it is the substance of perfection.

It pervades matter, gradually refining it, imbuing it with more intelligence and organizing its atoms into more perfect forms.

This Sea of Bliss is filtering into the developing mind of the world. More and more of its intelligence is being individualized by mankind.

As we become open to its influx and inspired by its quality of love, we feel the power that makes for righteousness, we realize that God's healing life is a mighty reality in our midst, and our faith becomes the channel through which the perfecting wisdom flows into our flesh.

Our faith lays hold of the Essence that is love and bliss and as faith manifests these divine qualities to the mind, the whole nature becomes exalted and spiritualized by the vitalizing Spirit.

In this exalted state of consciousness we partake of the wisdom of God, the mind becomes clear and those things which heretofore seemed dark and hidden shine out in their true aspect. In this high altitude of thought we see and understand the purpose of God, and we wonder why we can be persuaded to give so much time and attention to the intellectual imaginings of mortals, who grope blindly in the valley of the shadow.

To live in this all-comprehending consciousness is bliss supreme; the search for mortal pleasure is no longer attractive; the mind is content to wait upon the Spirit and fulfill the will of love and wisdom.

Faith in this blissful Presence opens the door to its healing energy. As the expectant attention turns to it, it silently responds to the invitation and quietly fills the cells with its wisdom light, with its vital energy, until it

conquers the disease and pain and becomes the dominant and controlling life of the organism.

Patient faith is necessary. The Spirit is working all the time that a receptive state of faith is held. If its work is not yet manifest to the senses do not doubt, it is working as rapidly as conditions allow. Be not over-anxious about results. Faith rests in the work that is now being done, looking to the perfect power at work and trusting with childlike confidence to its wisdom. The Bliss of Being is the mainspring of life.

As we become identified with this endless Joy we forget all pain and anguish.

I AM BATHED IN BLISS.

This flesh is immersed in the Sea of Bliss. Its every cell is enlivened with the perfect life, the perfect health of this healing Sea.

The intelligence of this Sea of Bliss is now rearranging the cells to produce perfection.

There is no power in disease or pain as great as the healing power of this Sea of Bliss.

The water of the Sea of Bliss is entering into all the nerves giving them the substance of peace. These nerves are fed and soothed with the blissful substance.

There is no sensation here as powerful as this sensation of bliss which now envelops and pervades this flesh.

BLISSFUL FREEDOM FROM COLDS.

In this Holy Sea of Bliss there is no cause for congestion.

My nature is pervaded by the free Spirit. Every part is opening up to the healing influence of this Spirit.

There cannot be any congested condition in my head or throat or lungs, because all these parts are subject to the freeing Spirit.

My bowels and liver and kidneys are working actively and intelligently to cast off all accumulations of useless substance.

The Sea of Bliss pervades and harmonizes all the functions of this organism. There cannot be any clogging up of any part. This free Spirit dissolves all limitations from my nature and opens all channels for the unhindered operation of life.

I cannot be subject to ill effects from changes of temperature because I am positive with the warm vitality from the sunshine of the Spirit.

I am not sensitive to drafts because my nature is cleansed of all clogging impurities by this spiritual energy. I now recognize that the Sea of Bliss is entering into every part of my being, restoring the harmony of life and giving me peace, PEACE, PEACE.

I am a spirit of love in tune with the love and harmony of perfect life.

CONQUERING PAIN.

While treating pain have a firm conviction that you are conquering it, that your exercise of positive thought is certain to put it down.

Tell the pain, whether in your own body or in the flesh of a patient, that it is going down under your harmonizing words, believe it and expect results. In speaking aloud to the nerves, and also while affirming silently, let the feeling of harmony pervade the thought and express in the tones of the voice.

Let there be the realization that the painful nerves are being soothed and pacified by your words in the same

way that a hypnotic subject is sent into unconsciousness by the words of the operator.

Painful conditions should be harmonized first; later when they are in complete subjection to the will of the healer an effort may be made to dissolve the cause.

All such conditions are states of intelligence in the parts affected. Like children they should be met with love and harmony rather than with resistance. Resistance is apt to cause added suffering by arousing the antagonism of the intelligence which is trying to perpetuate its false claims to place and power.

I have put down into oblivion agonizing pains that were causing the patient to groan in anguish, by speaking the following soothing words, while in the consciousness that my thought was the most positive and therefore master.

PAIN IS LOST IN BLISS.

I recognize no power or presence here but the Sea of Bliss.

This flesh is but an ethereal shadow compared with the perfect substance of this blissful Sea.

All sensations of pain are put down, DOWN, DOWN, under the influence of this Sea of Bliss. Pain has no power to exist in this all-pervading Bliss. This blissful Substance quickly soothes and heals all pain.

This purifying Spirit is now cleansing this flesh of all poisonous and disturbing elements.

Poisonous accumulations are washed out of the system by this all-penetrating Spirit.

All feverish conditions succumb to the pervading harmony of this Sea of Bliss.

All false vibrations are regulated by this intelligent Power.

False growths and swellings cannot exist in this healing Essence.

The whole mind and body are responding to this blissful, blissful Spirit.

This Sea of Bliss puts away all disturbing sensations and the whole mind and body are becoming peaceful and harmonious under the sway of its healing power.

* * *

The blissful life of my soul is now dissolving all pain from these parts.

Pain is but a negative sensation: I have the power to extinguish it.

I have the soul power to dissolve every sensation of pain from my flesh and I now exercise this divine dominion.

I now put this false sensation down deep into the ocean of blissful life.

Blissful life pervades all these parts and harmonizes every sensation.

All is peace in these nerves and muscles.

Every cell is saturated with blissful life.

Every sensation is going down, DOWN, DOWN, under the blissful power of life.

Repeat this last sentence many times.

THE POWER TO HEAL.

The power to heal resides in each living cell of tissue, because the cells are forms of life that represent a certain degree of intelligence. This power of the cell is conferred upon the whole organism.

When an injury occurs to the flesh, the nerves convey a sensation to the brain, which immediately produces a flow from the nutrient arteries. Blood, filled with the life

essentials, is immediately carried to the injury and the rebuilding process is begun.

It is natural to get well. It is out of the order of things in Mother Nature's laws to remain sick.

To keep well one must keep clean in mind and body by banishing all error thoughts.

Thoughts pure and holy do not produce unclean or poisonous products in the body, hence they are conducive to health, admitting, of course, that all sanitary measures hold a position of great importance, as do also the class of foods that are used for nutriment, the life essentials for the building process in the physical body.

TRAINING THE IMAGINATION.

A properly trained imagination is a very powerful factor in the practice of healing and in spiritual development.

We can often realize more of love and power in treating others, and feel more fervor while praying for another, than when we try to pray for or treat ourselves. Love flows strongest when directed to aid someone in need of help. Love and compassion are soul forces capable of powerful expression when self is forgotten and when there is great sympathy for the one to whom these forces are directed.

When other methods do not avail, imagine yourself as a distinct personality, separate or apart from yourself. While you are in the silence, imagine yourself lying in bed, sitting at the dining table or in the midst of your friends. Then turn all the power of your soul and mind to blessing or speaking truth for this other self of you, as you would for another personality.

Imagine that you are the Angel of God's Presence filled with the Holy Spirit, and given the work of redeem-

ing and glorifying this other self. By this simple practice you will begin to feel that you are the Self of power and perfection, the real Self, endowed with angelic powers. And you will more easily generate and express through your thoughts and emotions this divine power which you have and are, for the healing, purifying and ennobling of your lower self.

Different methods will appeal to you more strongly at different times, because there are so many sides to the spiritual nature that must be exercised in the development of a full-rounded character.

Suppose you desire to purify and spiritualize the sub-conscious mind that is active in the dream state. Proceed thus: While you are sitting in your chair, imagine yourself lying in bed asleep. You are now, as it were, the guardian angel of your sleeping self, empowered of God to dissolve all mortal thoughts from his mind, and you feel a great love for your charge as you pray for him thus:

Father, in Thy name and power, I bless him (or her) with the pure thought of heaven. During his sleep the thoughts of the day shall drift away and his mind shall rest in Thy healing peace and harmony.

By the power which Thou givest me, Almighty Father, I dissolve from his mind all lustful, angry, vengeful and fearful thoughts. I dissolve all impure desires and discordant feelings.

I am the pure thought of Thy Mind and I purify and spiritualize his mind and body. His dreams shall be filled with the beauty of truth. While the body rests, his spirit shall grow strong in immortal purity and truth and fill the body with its healing currents of purified thought.

I will that the powerful forces of his sub-conscious mind shall work intelligently in renewing the life and structure of the diseased parts. I will that the vital force

shall be conserved and reabsorbed for the renewal of the life and intelligence in every organ.

Thy healing Spirit of Love broods over this sleeping form and charges every atom with divine life and health.

This is a very powerful way in which to treat yourself. The more of love you feel for your patient, the more of divine power you will generate and the greater will be the results. The oftener you treat your other self the more satisfactory will be your realization.

Imagine your other self in the midst of social or business life and feel a blessing going to him as you use these thoughts:

Father-Mother God, I bless him with the realization of Thy great love. I feel Thy love surrounding and inspiring him. He is protected by Thy mighty Spirit of love and cannot be affected or influenced by the discordant thoughts of mortal minds. His spirit is so charged with Thy great love that he is a creative tone of divine harmony, giving mental peace and soul strength to all about him.

His aura is radiant with Thy beneficent Spirit, which fills his atmosphere with healing and uplifting power.

If you have to appear before the public as a speaker, or soloist, you can overcome your nervous fears by following this practice:

Think strong thoughts to your other self as you imagine him before the public, fulfilling his engagement, as follows:

You are strong and fearless. You have nothing to fear.

The Spirit of divine courage inspires you, and gives you perfect self-possession. Every part of your organism responds to your will. You know that you can fulfill your part perfectly. You are equal to and greater than the occasion.

You have such positive faith in yourself that you do not feel the influence of the minds of your audience.

You are filled with the inspiration of the Spirit and enchant your audience with the exaltation of your spirit. You lead their minds to see and feel as you see and feel and enjoy the rapture of joyful soul expression.

This method may be applied in a great variety of ways. After having practiced these formulas from memory, there will come to you, while applying them, great exaltation of soul, and you will feel the inspiration of your soul formulating thoughts and emotions suitable to the need. The thoughts generated will go forth from your mind and work in the state or place imagined, to fulfill their mission.

CONTROL OF EMOTIONS.

My will is Master.

I will control my emotional nature.

I will hold all feelings subject to my will.

I will exercise the force of my will until I can suppress every emotion when desirable.

My will is growing in strength through this affirmation.

I will control my emotions. I will. I WILL, I WILL.

LIVING ON AIR.

A friend became convinced that she could live on the finer essences of life absorbed by the spiritual nature. She reduced her diet to almost nothing. As long as the store of energy lasted that the cells had accumulated, the body fed on itself and she rejoiced in her apparent success. But when the store of energy became exhausted she was reduced to nervous prostration.

She held in mind the idea that eating is a gross animal function and thinking that she could live with-

out it, depending on spiritual substance for her sustenance, unconsciously imparted this thought to the subbrain that controls digestion. The solar plexus became imbued with the idea that it was too spiritual to engage in the drudgery of digesting food, and so strongly did it hold to this thought that when she saw her mistake and began to feed the body in the natural way, the stomach refused to perform its duties.

Then the false beliefs to which it was bound had to be dissolved from the mind of the stomach by denial and true ideas of its duty toward the whole body imparted to it by affirmation. Several weeks were occupied in educating it to do its work as it should be done.

All suggestions that we hear or read in regard to the value or injury of certain foods have their effect upon the digestive intelligence. Therefore we should be cautious in accepting negative ideas, and cultivate confidence in the value of those things we put into the stomach.

Students often make the mistake of working when they should be resting, rousing by excitement or mental affirmation the latent energy in the flesh and going without sleep. They do these things under the false idea that they are demonstrating over the need of recuperative processes, whereas they are but overdrawing their account in the bank where the nerve force is deposited and the deficit will have to be made good.

AROUSE THE INNER INTELLIGENCE.

An organ in distress needs the encouragement and assurance of the conscious mind. We should have faith in the intelligent ability of every function in the body to carry on its allotted work, and our faith should be expressed in thoughts and words to the weakened parts.

If a condition of extreme weakness prevents one from

treating or holding thoughts for himself, he should rest in an attitude of passive trust in the healing power of God present in the body. Someone in the understanding of the healing power should exercise the positive attitude of faith for him until his mental strength is restored. The one who takes the attitude of healer should generate for him strong thought forces, either by silent or audible affirmation. This may be done in the presence of the patient or at a distance, because thought force is so intelligent that it traverses space instantly and locates its object.

Where there is sympathy of thought between healer and patient an audible expression of truth is certain to make the mental atmosphere surrounding the patient positive with healing energy. It arouses and encourages the subconscious intelligence in the organ spoken to. There is a renewal of activity in the whole body as the hidden intelligence is stirred to accomplish that which is affirmed to be true.

AFFIRMATIONS FOR THE HEART.

I believe in the healing intelligence in my heart.

This marvelous life, which is the cause of my existence, organized my heart from cell substance and there is no reason why it should not work as intelligently now to reorganize and rebuild my heart into a perfect form of intelligent energy.

That same power and intelligence which originally formed the wonderful mechanism of my heart is within my heart now. It is capable of renewing every cell and repairing every defect.

This Spirit of intelligence within my body is able to repair any organic lesion, to mend the valves, to reconstruct the arteries and in every way conquer the effects of strain or disease.

I will not harbor any mortal beliefs of limitation. I have faith in the unlimited healing power now resident within my heart.

My heart is the active existence of a divine energy. All beliefs of incapability and weakness are dissolved from my mind.

The Spirit within my flesh, in my heart and in every organ of my body is ever and always creative.

My spirit is the manifestation of the creative Spirit of God and there is no limitation to its creative ability other than what mortals have falsely imposed.

While not disregarding common sense in the care of the organism when any part is laboring under the appearance of weakness, I will not allow the prevalent ideas of weakness or the race beliefs acquired from experience of fatal termination to paralyze the action of the all-conquering, all-renewing vitality of God.

I see the falsity of that belief which declares that an injured heart cannot be healed. The power that added cell to cell to build the heart can again add cell to cell to restore the substance of the heart to perfection.

I have faith in the intelligent presence of God within.

I know that all life is intelligently constructive. There is no destructive energy outside of my own false beliefs, and these I dissolve.

My heart is inspired with the almighty energy of God and it is now gaining strength.

It is now encouraged by my thoughts to build up new muscles, to mend its valves and to accomplish its own restoration to perfect health and normal action.

THE SECRET SPRING OF HEALTH.

Emotions create either poisons or tonics in the body according to their quality.

The secret of rich blood and healthy flesh is to feel pure and good; to sustain that generous feeling of good-will toward everything and everybody that creates a harmonious tone throughout the nature.

The feeling of impersonal and divine love, when cultivated, overcomes feelings of annoyance, of disturbance, of antagonism, as well as the more intense feelings of hatred, vindictiveness and anger, which result in discord and disease, and it establishes a tone which is not only moral and spiritual health but also health to the flesh.

Love is the likeness of God that gives grace and beauty to the soul possessing it. It rounds out the soul into harmonious and symmetrical form and this image of the Divine reforms the character. And the harmonious temperament developed from the Spirit of Love is certain to transform the flesh to express somewhat of its own grace and peace, for the flesh is but the visibility of the character and must picture in its essence and in its form the coarseness or refinement, the purity or sensuality, the deception or honesty, the irritability or harmony of the character.

We need to develop discrimination in regard to the characters of mortals that we may be cautious and not court defeat at the hands of deceivers; that we may not associate too freely with those whose aura is disagreeable to the soul, and be overwhelmed by the darkness existing in the mortal sphere of thought; that we may not be vampirized by those we seek to help.

Caution and discrimination save from many pitfalls, but we must not allow our discrimination to develop into condemnation. The tone of love and compassion should

become so strong that we feel and express only love and good-will toward those who manifest even the vilest and most disreputable characters.

We must cultivate that broad spirit of universal charity which sees beyond appearances into the soul of things, for only by this spirit do we enter into the harmony that pervades the inner nature of life and becomes attuned to Godlike emotions.

We must have Godlike—Christlike—emotions if we would express the soul's beauty and manifest the perfection of our Father in heaven. Here is the secret of Divine healing for ourselves and others.

Jesus' soul was on fire with love for humanity, thus he was moved by the Love of God, and through this divine emotion, through feeling it constantly as the dominant feeling in his own life and thus awakening it in others, he gave them harmony and peace for their discord and disease.

He was the embodiment of the impersonal love and compassion of Divinity and only as we are like him in these attributes may we touch with equal potency the springs of healing life resident in the souls of the afflicted.

INVOCATION.

O Thou Master of Love, mightiest physician of souls. We pray for the Spirit of Love, to feel as thou felt and as thou feelest toward humanity.

Help us to realize that love is the all-conquering, all-attracting power of Divinity. Help us to see that we are living up to the highest in us only as we express this ennobling attribute of Divinity.

Resurrect in us, O Master of Life, the inspiring feeling of love for all. Awaken us to the soul feeling of kinship with all that lives. We would become as gen-

erous and charitable toward the failings of others as God is.

We would become lovers of thy ideal life and workers with thee in the healing and awakening of souls.

But we are only fit to teach love in the degree that we live the life of divine impersonal Love.

We are not worthy of the name of disciples of thine except we keep the example of thy kindness and sympathy before us so vividly that it softens all our harshness and tempers all our fault-seeing into a divine gentleness of thought and action that reveals thy Spirit as a living reality within.

O saving Love, the world needs thy transforming Spirit. The world is wise only in its own conceit. It needs to feel thy love within its heart until it be uplifted out of the narrow and limited sphere of selfishness and greed.

And we as thy servants—servants of Love—can each and every one increase thy Spirit in the world, and thus enlarge thy Kingdom in earth.

Through living in and from thy Spirit of Love we can silently attune hundreds and thousands of souls to harmony with thee. Even though we do no more than live divinely in secret, the contagion of love will quickly spread from soul to soul until it becomes a living flame of mighty power consuming in its fervent embrace the sins, the fears, the pains, the poverty, and every ill that lack of love has begotten. It is blessed pleasure, O Lover of all the world, to be living examples of thy peace and love. And we praise thee for thy example and for the power we now receive from thy immortal Presence, which inspires and heals, prospers and blesses us in all our ways.

To thee, Divine Love Personified, be all the praise and glory forever. Amen.

Suggestions to Teachers and Others.

THE OIL OF GLADNESS.

It has been made known to the world that all blessings can come to humanity through the ministration of the Spirit.

The eyes of God's beloved are being anointed with the oil of gladness.

It is not the eye that sees the beauty of the ministration. The mind and soul that look through the eye sense the anointing touch. This is the quickened perception of the soul, bringing to the perceptive powers the joy and strength that comes from within.

The Angel of Truth is waiting at every mental gateway, waiting to give of the oil of salvation to mankind.

If justice fails and all human kindness seems gone, if every hope is taken from you by adversity, still the Angel messenger can lead you through pleasant sunlit paths into fields of light.

It is a blessing and privilege that is yours as you live in harmony with the spirit—to anoint the eyes of God's children with the oil of joy.

Life is full of sin, sorrow, hardships, sickness and infirmities to those who are walking this plane of earth with their gaze held to the material clouds and shadows. They feel that there is so much of human misery and selfishness in the world and their eyes are so filled with tears as they walk the thorny pathways that they scarcely see or realize the Presence of glorious sunshine.

Anoint their eyes with the oil of gladness and salva-

tion, which shall make their vision bright and reveal to them the light of the Spirit.

Touch the center of their being through teaching them the precious truth that Spirit can triumph over all human imperfections. Thus they will gain the knowledge, the joy and the life of the Spirit.

THE REWARD OF EFFORT IS GROWTH.

In the spiritual work there are occasional heights as on the mount of transfiguration, but these are rather the culmination of work than the labor that leads to it. These heights are results which only come after long periods of living in the thought of the Absolute, and laboring earnestly for the promulgation of highest truth. This truth, which day by day we hold in sacred keeping in our heart's treasure-house of love, should be given universally to all. Thus the work of true teaching goes on in the world and there is a steady, cumulative force of the workers which unites with the light of the Spirit to overcome error. It is the fulfillment of this daily work with the Father that will lead us all to those higher degrees of wisdom and power which we so long to attain.

THE LIVING TRUTH.

You have been called to the ministration of healing and teaching by the same Spirit that called the good of the past to leave their homes and all their worldly ways to teach the way of Salvation, the Living Truth of the Eternal One, which would satisfy the hopes and aspirations of the race.

You stand ready and willing to preach full salvation from every evil to every living creature. You are willing to devote your life to the contemplation of Jehovah-Jehovah.

You uphold the expression of living truth, based on the thought that God the Good occupies and prevails, and there is no reality or power in evil. You know this mighty truth and use it regardless of all appearances.

Your present position as a healer and teacher compels you to deny that the Creator and Ruler of the universe is any respecter of persons or powers, or that he permits evil in any form.

You teach of the One who occupies all space, everywhere, who is the only Substance, the only Life, the only Law, the only Mind.

You believe that all the children of the universe are the offspring and thought of the Mind that is God. And as God, the eternal Mind, is incapable of imperfection in His thought, then all the children of the universe in their true being are perfect, holy and divine, like their Creator.

You believe that it is your duty as a child of the Holy God to prove your nature and office. The command comes to you in your moments of highest, holiest certainty of your calling: "Prove thyself."

You believe in the Divine Being. You make the statement of the origin and character of your being to correspond with the nature and character of your Source, and you hold to the truth steadfastly.

You believe and know that you must prove yourself divine in character and office, as your Christ did before you, and thus prove divine parentage.

By the mysterious power of the spoken word you give to all of the knowledge of life and its purpose. You know you are connected with Jesus Christ and his mission. You must cultivate yourself until you fully understand the laws he taught. By the cultivation of a mighty faith you may demonstrate like him.

You go into the world to fulfill the purpose of Divine Love. The world is your church; it awaits your healing

and teaching ministration. You are to uplift those who are lying under the shadows of mortal mistakes, hypnotized by fears and sorrows and false loves. You shall uplift them by teaching them that their word is their only burden. Teach them to speak the words that are true, that agree with the nature of their soul. Show them through the power of your mighty faith that when they speak the true words only they shall awake into the glorious dominion of their soul, and their burdens will depart like the dreams of the night. Teach them that disease is not the spoken God, and that all flesh, when it is above the liability to pain, sickness or imperfection, is God made visible.

SILENT INFLUENCE.

That which we are we shall teach involuntarily. Thoughts will come into our minds through avenues which we have not recognized. When we are living the truth, the Christ life—when our mental condition is sound—we give our contribution of thought to the well-being and benefit of the children of God.

If you cannot teach humanity by verbal instruction to your own satisfaction, then teach them by the silent influence of your mental sphere. Create for yourself a clear atmosphere and pervade their inharmony and despair with your unlimited faith, thus you are surrounding some child of God with your own clear, bright, atmospheric and auric conditions. A great good is accomplished by transfusion of thought. It does not always have to be verbal to establish the rapport. It will work marvels in the silence. You have bewailed the fact that you could not be more active in the work, now you will see that this is your work whenever you feel strong enough to help others.

You will find that nearness and distance is not to be

considered in this work. You can work with the interior states of the mind of those you desire to aid. You will sense a nearness or a consciousness of their presence which touches your soul's aura. In and through this work your soul will gain strength and freedom and you will, through your soul's consciousness, get a foregleam of the life eternal.

Remember that since there is so much power in the mind—the all desirable place of mastery—you must reach this place by recognizing the central fact. What is this? Where is it? It is your higher Self. Your faith which is your guiding star will point the way to the healing of minds and bodies. This faith will be the sun of light, strength and power in your mind and will grow stronger by the growth of your consciousness and understanding through use.

VITALITY IS ENDLESS GROWTH.

Vitality pours itself out in vigorous forms of life. God expresses himself in vitality. It exists. It pervades. There is no lack.

Have you a patient that is hard to heal? Perhaps it is a lack of recognition of this vital principle that causes the trouble; a lack of this force which is the breath of God in man.

How shall you treat him? Recognize for him and teach him to recognize the well-spring of life within. Your intelligence stands in place of his intelligence. Your knowing faith stands for his knowing.

He wants to be healed, and you shall reach the case, for you have found the cause. You are vindicating the truth. You have recognized this vitality within his nature and the God within has responded to your recognition and he is healed for the time being.

You continue to teach him and bring him to an understanding of the laws of his own being and he becomes internally and externally whole through the love you have given him.

It is this patient teaching, qualified by the Spirit of Love, which shall redeem the race and feed them from the Fountain Head, which is one ceaseless stream of vital growth.

ALL GOOD IS YOURS.

Know now and forever that all good is yours. In proportion as you recognize it, will be your power to heal. Enter into the clear understanding of it with your every belief, your entire life.

Go down deep into the silence of your life and watch and wait for the fair Truth which shall fortify you as it wells up from the inner temple, where is the River of Life.

Your patients will come to you by the law of attraction, and you can give them that for which they come.

You have intelligent faith. You are the supply of the patient; he is the demand upon you. You will heal him, for you have the actual power close at hand, the God-power within.

The true teacher sees into the awakened soul state of pure knowledge and bliss. He portrays the beauty of that state to minds dreaming of sin, sickness and sorrow until they awaken to see and know the true condition as does the teacher.

SUSTAIN THE TONE OF HEALTH.

We have often heard of healers "taking on" the conditions of their patients. They would try in some cases to make themselves negative so as to feel the condition of the patient. While this may result in benefit to the

patient it is trying to the healer as he lowers the vibrations of his organism to sympathize with the disease. He should endeavor to feel the tone of health that he desires to arouse in his patient and then sustain that tone so persistently for his patient that the discordant nature becomes attuned to the vibrations of healing power. Thus the healer keeps himself above the sensations of disease.

The healer should always strive to realize the sensations of health in his own body before trying to awaken the same feelings in another. This formula will be helpful:

"I realize perfect life in these parts for ——."

The word that is "made flesh" in the healer's body will have greater power than the word that floats in the mental realm without a body of physical vibrations.

Any quality or tone that the healer has sustained in his mind until it has become embodied in his magnetism will produce quick results. This is one reason for the instantaneous healing wrought by Jesus. He meditated on the love of the Father until he had incorporated its quality into the outer vibration of his being, and until his magnetism was the mighty reconstructive life of God.

POTENT WORDS.

Each healer will find words or sentences that will so appeal to him that he will use them continually and thus cultivate with those words a mighty healing idea.

"Dissolve" and "dematerialize" are potent words to disintegrate thoughts and conditions when properly used. The writer has realized most wonderful results from the use of the words "Sea of Bliss."

"Jehovah-Jehovah" and "Jesus Jehovah" may be used to invoke the most ethereal peace and potent love of heaven.

The word "Glory" signifies the highest state of interior illumination. It is expressive of the luminous substance of the soul, and when used in praise it awakens the inner essence of the soul into vibrant life and activity.

When a thought or sentence is found that produces a strong vibration in the healer it is a keynote to whatever condition of his patient he is treating at that moment, and sustaining that tone of thought will awaken the most powerful response.

STRENGTH FROM RESISTANCE.

Strength grows from resistance. The sprouting acorn resists the heavy clods, the furious winds, the blazing sun and the icy cold and becomes the mighty oak.

There has never yet been a teacher of non-resistance who was not forced at some time or other to resist or go down under the mortal beliefs of poverty, disease and death. It is a law of all life to resist and overcome all negative conditions, thus growing into the consciousness of individuality.

It is commonly believed that Jesus Christ was non-resistant to all the minds and conditions with which he had to deal. If He had not been the mightiest master of resistance that ever trod this planet, the vindictive hatred of the Jewish Rabbis, and the disembodied host that were swayed by their minds, would have swept Him out of existence. Open and sensitive as He was to all spiritual vibrations, he had to deal not only with the mental forces of his enemies, and the devilish antagonism of the uneducated spirits whom he dispossessed of mediums through his word of power, but he also had to overcome and free the race from the many occult laws which were hanging over humanity at that time.

He was a living denial of all the falsity and error that clouded the mind of the race, resisting constantly with

powerful words of denial the mental forces that impinged upon him and the hard conditions which earth's children had made for themselves through their ignorance. He retired frequently from the world to the wilderness where he could commune with the Father and gain from Him the mighty strength which enabled him to battle with minds while he was sowing the seeds of truth and righteousness in the mind of the world. And the more his faith in the omnipotent Goodness resisted and overcame the beliefs of mortal mind, the greater and mightier became his realization of the presence of the Father.

You have become what you are as an individual by virtue of your aggregated power of resistance. God is not trying to absorb you into a great impersonal state. It is His almighty will that everything shall appropriate His impersonal life to become more and more powerful as an individual. The whole aim of evolution is conscious, forceful individuality.

Not by passive trust or faith will man gain dominion over the things of the earth mind. He is in a universe of individualized forces, and he overcomes by individualizing more power than is expressed in the conditions with which he is beset.

Passive spirituality does not accomplish much either here or in spirit life. Only those who individualize love in action for the benefit of humanity become masters and live consciously in the sphere of the Christ Mind.

The influences dwelling in the mortal mind of the world impinge upon the sense mind of man, causing all false feelings and desires, and producing misery and pain.

The reason and will must be enthroned above the sense mind in order to bring it into subjection.

It is only by educating your body and infusing it with positive thoughts that you will bring this mind into such a positive degree of intelligence that it will be out of the range of these lower influences.

The God-power can only flow through such parts of your mind and body as are Godlike in their intelligence. True, your being is in God, but your mind is growing from the negative to the positive pole of the God Mind, and your closeness to the positive pole depends upon how much you are polarizing and expressing of the positive attributes of God.

When you become so positive with the love of God that your whole nature is infused with its creative energy, as was the body of the Christ from the constant exertion of his power, then you can stand in the positive presence of God. You will then be attuned to that deeper, more vibrant tone of being which will prevent you from feeling any of the sensations of the carnal mind. When you have attained to that state, you will be a Christ, and you will know Christ consciously.

Persist in using your thought and will in affirming the power of life and love that the rewards of overcoming spoken of in Revelations may be yours and that your humanity may be glorified by the Divinity of the Christ.

THE WORD IS NIGH THEE, EVEN IN THY MOUTH AND HEART.

This word is the word of Truth from which you are teaching or giving forth to the world. The light of Truth is ever present in the silent, invisible Spirit around you. This silent Truth is becoming manifested through you and harmonizes you as fast as you become conscious of your union with it. It only appears on the sense plane when seen by the soul's interior perception and spoken through the mind.

You are realizing from experience how to speak the words of truth, and are thus receiving the light that unveils perception and manifests the good. Recognize the

Divine Presence and claim the perfect good before all else in your thoughts and actions that your mind may become disciplined in divine truth.

Be strong in the Lord and the might of His Presence, for the light of his Presence is ever with you. His Presence is bright even in the darkness, but the darkness apprehends it not.

Your soul must be winged with true aspiration until you feel through every fiber of your being that you are love guided by universal justice. Through you that Inner Light, which is the Spirit of the perfect Good, must shine.

Know you that your soul is the germ of Divinity—that it is brooded over by Jehovah-Jehovah.

Lay hold of the deep things of the Spirit. Lay hold on everlasting life. Come so close to the Lord your God that all walls of separation will be broken down. Even the sting of death is removed when the soul has found its Lord. Come in close contact with the Mind of God, the Perfect Good, the Great Spirit that pervades all.

You need soul vision to mature strength, to give the fullness of realization. It will come. This soul perception will radiate through your mind until your whole being is lifted into the light of the God-idea. Become so exalted in spirit, in thought and word that you know your vision is reality, that you are conscious you have reached sublimity. Your thoughts rise higher and higher until they have all attained to the level of the God-idea.

The Christ of God is manifesting in you. Then hold the mystic words of perfect faith:

I am a spiritual being.

My soul will demonstrate divine principles by manifesting immortal qualities without limit or bound. All error will be eliminated.

My soul is being drawn resistlessly toward the Sea of eternal life.

My soul is being anointed with the Holy Spirit.

Christ is my eternal love. He is my eternal strength. I consecrate myself to him. I will practice his divine doctrine.

The germ of Divinity within my soul will become a Messiah.

I am one with God. I am in the kingdom of heaven here and now. I am now in the realm of wisdom and harmony.

I stand now in spiritual relationship with God. I walk not after the flesh but after the Spirit.

Nearer, nearer my God to Thee. Nearer, nearer to thy manifest measure of conscious power. Nearer and nearer in understanding to Spirit—the source of all blessings.

Nothing can prevent the Divine Germ within me from growing into his completeness. It will develop in me as truly and surely as God is God.

The Lord of my soul now has dominion and is putting off my material mortality. My soul is putting on immortality.

I now, through my word of power, place my feet on the Rock of Ages, which is the Rock of my understanding, from which I have life and being in boundless measure.

The Lord my Christ worketh through me now, perfecting my soul in power, giving me strength, peace and dominion over all things forever.

LAYING ON OF HANDS.

The human organism is continually generating an ethereal, vital force, which is stored up in each cell of living tissue. This vital force is somewhat like the force around a horsehoe magnet; it radiates from the human magnet a short distance, forming a magnetic atmos-

phere around the form, like the halo around an arc light on a foggy night.

The name "N-rays" has been given to these ethereal human emanations since the use of the fluorescent screen has enabled scientists to photograph them.

When one is strongly charged with vital magnetism—that is, when he is in good health—he may direct his force to strengthen and vitalize one who has less. A sufficiency of this force poured into a weakened body will strengthen the recuperative forces of that body and very often restore health.

The force that the weakened body is slow in generating may be supplied quickly by the touch of one in perfect moral and physical health. Thus the laying on of hands has always been known as a means of healing through the effect produced by the exchange of magnetic force. Transfusion of the highly refined essences of the human system will produce more beneficial results than the transfusion of the blood itself.

To impart magnetic force, grasp the hand of the patient, right with right and left with left, and assume a mental attitude of positive forcefulness and feel that you are imparting life and strength to every part of the patient's body.

To increase the digestive power, place the right hand on the spine and the left over the stomach and exercise the will to strengthen the nerves centering in the solar plexus.

Lay the hands gently on the closed eyes and bless them with life and strength to restore the vision to normal, when physical weakness is the cause of failing sight.

Paralyzed nerves may be quickened in this way, but as new life is aroused there is likely to be some sensation of pain, so care is needed not to overtreat.

When there is inflammation or pain it may be relieved by making passes with the hands over the part

affected, at the same time using audible or silent suggestions to the effect that you are now drawing out the pain and every cause for inflammation. The hands should go through the motion of drawing out the disturbed magnetism, resting over the spot for a moment and then casting it off each time into the air.

The first part of a magnetic treatment should be positive and the second part passive, in order to allow the force that is being directed into the patient to flow freely to accomplish its healing mission. During the passive part of the treatment a warm, vital influx of healing force is often felt by both patient and healer.

Always wash the hands after giving a magnetic treatment as the magnetism withdrawn from the patient is apt to produce a disagreeable sensation in the nerves of the hands and in other parts of the body.

Nervous headaches will usually dissolve after a few passes have been made close to the head. An aching tooth can be soothed by the warm touch of a sympathetic hand. And the infusion of magnetic force coupled with harmonizing thoughts will heal a tired or irritated throat. I have known of several instances where the life of a patient has been saved by the transfusion of physical magnetism at a critical moment of exhaustion when stimulants and every other means failed to produce an adequate effect.

When the magnetic healer and his patient are in sympathy and when their natures contain no chemical or mental antipathy toward each other, great good can be accomplished. But when the patient feels greater weakness following the treatment, it is evident that he or she has not found the right healer. Those persons that produce disagreeable feelings in a patient or leave a patient weak after a visit should be kept away until the patient is strong enough to endure their presence. C and D on the piano do not harmonize, although both

are equally good in their place, or when properly combined with other notes. In like manner personalities produce discord in each other when their natures are not compatible.

Experience gives proficiency in the use of magnetic and mental processes. Faith also is born when a few good results have been witnessed by the healer.

THE WONDER-WORKING QUALITY.

There is a quality in the heart and soul of man that is very wonderful. It is compassion. It is not given out to humanity as much as it should be. People do not express this quality as Jesus did. The coldness of mortality causes it to work very slowly on the earth plane. But it is such a wonderful quality that if mortals would only uncover it and be willing to help it work, it would in hundreds of instances prove an almost instantaneous freeing power.

When Jesus showered compassion upon suffering humanity it flowed forth like a miraculous, saving Substance. It was a warm, healing Substance that emanated from his very soul life. It was miraculous because it was from the Divine in Him. It was the Divine Essence and it could really break up the gravity of any disease.

It is a surety of the Divine in any of us when we rise up into the mighty unconquerable Will and compel the evil appearance to go, whether it be disease or devil, heat of fever or viperous condition which chains some mortal down in utter helplessness.

Compassion, which inspires such demonstrations, is a ray from that One Power of which all individual life is a manifestation. All we see of love is an exhibition of the one supreme Love. If we will cultivate this instinct

into warmth and fervor in our hearts we shall attain to something tangible for ourselves and others. From these wonderful, divine qualities grows faith in abundance, that strong, vital faith that will help us to carry our brothers through the dark places in life's journey. They need so much help, so much instruction given in the spirit of love.

Many of their conditions are a result of a wrong way of thinking and living. They have become isolated in thought and feeling from the wisdom and compassion of God. True happiness can come to them only as they are led back through the Way of love and light to soul unity with the Father-Mother God.

The compassion and love of Jesus Christ was mingled and blended with the Love of the Father. It was the awakening in his heart of the Father's wisdom, therefore he was truly the light of God. He was one with God and through the clearness of his spiritual vision he could see and comprehend the mysteries of life.

Jesus ofttimes restored the ailing by awakening their spiritual perception. He drew their minds so close to his consciousness of the Divine that they were able to see the emanations from the light of the supreme Truth. That Truth was the holy sunshine of his life and it united him to the Divine influx. He knew that if the afflicted could only become conscious of the shining rays of glory beaming upon them from the supreme Truth, they would listen to its whisperings and turn their thoughts toward God. Something would come down from the transcendent skies of heaven and enter their souls. A wondrous, almost imperceptible touch from the Spirit of Eternal Life would reveal to them their salvation.

When the true vision, that is, the true understanding and the compassion of God, is attained, we become revealed to ourselves. This realization of the Essence of

God, coupled with the knowledge that we are included in His Being, gives us eternal joy.

We can turn the rays of divine compassion into a healing balm for mankind. We can use it to banish their infirmities and give them strength while we teach them that all health and all power come from God, the universal Life Principle. And in this work we realize a divine blessedness as we make known the compassion of Jesus Christ.

SOUL CULTURE.

THE VICTORY OF FAITH.

As we journey on up the heights of understanding we enjoy the new manifestations of the Eternal revealed to us at each advancing step. God is a self-existent and creative force within us.

We have no conception of our immense possibilities until we knit the belief in Good into every fiber of our brain and body.

Persistence in recognition and faithfulness in affirming and living this belief in Good will open the door of the mind to the Spirit of Truth, and then we shall see astonishing results.

When we have the assurance within ourselves that we have conquered evil through constant belief in Good, that we have turned our face to the Light and can without flinching gaze steadily at the pure white Flame of dazzling brightness, then this true and permanent faith will endow us with the power to manifest Good or God in all our ways, for through the progressive unfoldment of our mind we have arrived in sight of the Absolute.

We have come to the knowledge that the Tree of Life is in our own garden, and we may eat of the fruit forever. And in the shadows of the evening God will walk and talk with us, and never more will he even seem to leave us.

When we have arrived at this wonderful stage in our development we have become polarized to Divinity and every atom in our physical and mental nature will adjust itself to conform to our polarity, for through our spiritual growth we have come into mental unity with the realm of

absolute Good. We hold the Key, and things which seemed far beyond us will come at our bidding and we shall begin to see ourselves master of time and fate.

Let us rejoice and press on and on. Let us remember that then God will never even seem to be absent from us. We may have conscious access to Him, for through our intuitional faculty He will speak to us in the "still, small Voice." God is with us and we shall become conscious of it and put ourselves voluntarily and intelligently in communion with His still, small Voice of Wisdom. Having access to God, the All of Truth, we may know that our words will become as the bread of life, for we have arrived at the Door of the great Storehouse of Omnipotence, Omnipresence and Omniscience.

GOD SPEAKS THROUGH THE SOUL.

The mortal nature is drawn here and there by the attractions of external nature. The soul feels and responds to other and higher attractions. The soul is alive toward God; it is of the same nature as God, and it desires to respond to the attractions of the divine nature and fulfill the will of the Father. Unless the mind is educated to the needs of the soul nature and is willing to give time to its development, external attractions will be so continuously manifest and the mind will be kept so busy fulfilling external desires, which seem to always beckon on to happiness, that the fulfillment of the soul's desires will not be striven for and the only real and lasting happiness which man may realize will be deferred. The soul, when it is allowed to move in the line of the least resistance in fulfilling the attraction of the Father's will, will lead in the way of wisdom and will be fed on the substantial glory of the heavenly spheres. But when the voice of the soul is not sought nor heeded, external attractions lead through

experiences that are often a source of much pain. The soul lives in union with the omniscient Mind of God and it can partake of the heavenly food of wisdom and it can manifest the order and perfection that is natural to the expression of wisdom. Let us be still and learn of God. Let us give heed to the voice that speaks in the stillness, and live but to express the purposes of the soul, which are inspired from the Wisdom of God. The soul has left its heavenly home to make its home in the temple of flesh, and if it is not allowed to come into expression through its temple, then it has no home either in heaven or on earth, therefore it is disturbed, and it may at any moment decide to leave the unhospitable house of earth and seek again its home in the heavens, where it was wont to enjoy the bliss of being. We can develop our souls until we have within us an enchanting sphere of heavenly light and love, and the ecstacy of exalted harmonious life will pulsate through our being and all will be heavenly joy.

THE WORD IS GOD.

True language is filled with the power of God.

The real man with all his wonderful clear-seeing faculties lives in mortal man's more spiritual nature. This real man, with his power and all his valuable possessions, will come forth into manifestation if we are correct in our choice of language.

Man is the image and likeness of the language used to formulate him; he is the spoken word.

Now here is the trumpet call urging us forward and onward toward freedom and dominion. It is our pure, fearless language that will enable us to arise and go hence from the paths of limitation where we are hindered in our efforts to reach the light of freedom.

It is through the word of power—concentrated power—that we shall arise from all seeming hindrances and walk forth into the Light without detention of any kind, attaining the glorification of the I Am.

The God in us speaks to us in the pure language, the language of freedom and power. He says: "Have dominion over all things—every living thing."

This pure, low, sweet Voice speaks thus to all mankind.

Let us go hence into the bright fields of freedom. Let our language be Jehovah-God, the mighty, the omniscient Truth—the pure speech of God. Its name, its quality is Light. The Golden City of the Soul has no need of the sun, for God is its Light.

If our language is filled with heaven's Light then we shall not be overcome by mental darkness. We shall be poised in the invincible Light of God, every part of our mind radiant with the words of life. When we have reached this state our Sun will never set.

The Sun of our mind is Truth. The ignorance-born darkness of mortal thought hides from mankind the light and joy of Truth.

As we listen to the Voice of Truth we walk along in the path of spiritual progression and in time we become established in that faith which is the fragrance of intuition.

Let us remember the words of Jehovah, those gracious, hope inspiring words, "Have dominion over every creeping thing," for our faith and hope are able to dissolve all hindrances. The language of Truth is Jehovah-God.

THE RIVER OF LIFE.

There is a River—an emanative principle of Life—whose streams make glad the City of God, the holy place of the tabernacles of the Most High.

This River, which is the outflowing of divine love

and wisdom from God, is always full of the water of life.

When every mental barrier is removed and we hold the soul passively and unresistingly open to receive, it will flow in and fill the finite spirit with its illuminating and saving influx, which brings to us the paradise of the One, Jehovah-God.

SOUL MANIFESTATION.

The question is often asked, "If the soul is so powerful why does it not manifest more of its powers in health of body and grace of character?"

The soul is powerful to manifest its perfection in the mental and physical states of the body only in the degree that it is provided with the thought force which it can use. Many of the material states of thought are repellant to the soul. The soul cannot express itself in those realms of the mind inhabited by lusts, hatreds, deceptions and a host of other thoughts created by the selfish mind.

The soul can express its beauty of spirit only in noble and pure thoughts. If one-fourth of the mind is formed of loving, kind, pure, just, generous and wise thoughts, and three-fourths is built of thoughts of an opposite nature, the soul will have but one-fourth of the control of that nature. But if the personal mind is willing and desires that his soul gain full dominion, he may bring all the ends of his earth, all the false and uneducated thoughts of his mortal nature subject to the wisdom and power of his soul, and have them all redeemed.

It is not sufficient that the soul be accepted as the saving power by but a small part of the mind. Every one of those false desires and impure feelings must be educated and transformed by the Spirit of the soul.

If this work is not accomplished in this world, death will not release one from this duty. The subjective mind

or spiritual body of each individual is his book of life formed of the very quality and substance of his past thoughts and feelings, and he will not have a glorified body until his mind, by beautiful and wise thinking, forms such a body of the luminous thought substance in the Mind of God.

Our souls need our faith and confidence and all the power we can generate from an active will in the service of God. Let us unite with the soul in conquering all false thoughts and feelings. Then the Spirit of the Almighty will strengthen our wills in righteousness and inspire our faith with the Consciousness of eternal life which conquers all immorality and disease.

SOUL INSPIRATION.

Thought is the vehicle of soul power. Soul consciousness builds upon thought and expresses through thoughts of truth. Begin now to catch the fugitive thoughts that well up from your soul into your mind. Keep a notebook for this purpose only. Then when you are alone, sitting in meditation, write down your thoughts. Make an affirmation of truth and as you try to realize its meaning, write it down. This method will measure your thought, and hold the mind concentrated upon each thought long enough at a time to enter somewhat into its spirit. It will develop the original thought of your own soul.

As you practice this method daily, you will see deeper into the meaning of words and thoughts—you will see their soul shining clear, and your mind will become more open to the inspiration of truth. Truth will grow powerful within your mind and even become part of your nerve structure.

Write out from the sincerity of your spiritual nature your desires and aspirations, and cultivate them by reading

and rereading what you have written. What you have written slowly and thoughtfully will make an indelible impression on your mind and will be forceful in affecting your destiny. After a time you will feel a thrill of soul realization in each thought as it forms in your mind. You will begin to think and feel from your soul. Do not practice hasty writing, but give time to each thought as you would in examining separately a number of beautiful gems.

SOUL CONSCIOUSNESS COMES WITH PERFECTED THOUGHT.

You have wonderful gems of wisdom hidden in your soul, and you do not need to read everything that is written to uncover them and bring them to light. Confine your mind to reading a few things on truth MANY, MANY times, until the words begin to glow with the Spirit—then you will realize the wonderful blessedness of spiritual communion with the Christ in your soul.

THE VOICE OF AUTHORITY.

Intuition is the Voice of the I Am. The senses speak of appearances, either material or spiritual, but intuition is the revelation of the real Realm that pervades and controls all appearances.

Intuition speaks the will of God and appearances obey, for there is that intelligence in all things which is the same as the mighty truth that speaks and it understands and is willing to obey the will and wisdom of the Absolute.

The latent power of every atom is the intelligence of God which will respond to the Voice of God.

The one who can speak from his own God center and speak truth, can marshal the life, strength and force of all the atoms in the Cosmos, separate or organized, for

they are all working from the law of love and serve the truth of love when it is manifest.

Intuition speaks from and to the omnipresent, omnipotent One.

THE SOUL IS EVERLASTING LIFE.

There is a principle in man, and in nature in general, called primordial substance, which lies in absolute subjection to the will of the soul. From it is formed that outer envelope of the soul called the spiritual or pyschical body.

The soul does not act directly on the physical organism, but on this intermediate principle. Every part of the physical body is capable of responding to the will of the soul acting through this principle.

The soul of man, the real self, is safe from sin and its phantoms, because it is securely protected in its stronghold of Divinity. The soul is immortal in every part because it has its dwelling place in the life of God. The soul is blended with the life of the One, and through the supremacy of its faith in the All-Wise it can say, "Because God lives, I live."

This is the law of the redeemed soul, who does not view the fading away or breaking of the shell as death, but only as the evolvement of a higher form or order of life, knowing that All is boundless, endless, omniactive life. Death is an illusion.

If we view disease from the lofty altitude of a God-born faith and assurance, we see that it also is an illusion. The body is besieged by a crowd of sensuous illusions and phantoms.

When the life-force is out of tune, then we are a discord in the divine song of Life. It is the will of God that His children should be ever filled with the infinite life-

giving energy, coming from the universal vital impulse that lies at the root of all manifestations of life.

All blessings come from the Holy Spirit, the Deity or Divine Presence. Ask and it shall be given. Ask from the soul which outbreathes its prayers and aspirations into the surrounding life of the Spirit. Glory to God for the power of the word which brings to man the Breath of Life. The Breath of God in man is Jehovah-Nissi, his self-existent victory.

WE GROW LIKE OUR IDEALS.

As we desire to grow more divine in character we take for our ideal the God-Man, who represents to us all that is most beautiful in human character, coupled with the grace and loveliness of the Spirit of God.

Let us seek to grow like him, giving time daily to thinking of the perfection of his personality and also to creating a telepathic connection with his Spirit by sending our thoughts to him, that we may become filled with the transforming strength of his spiritual life.

Becoming true disciples of the great Master we shall gain his friendship and walk under the inspiration of his Spirit toward perfection of heart and mind.

By practicing daily we shall feel a daily growth in grace.

It should be our satisfaction at first to know that we are fulfilling the law of divine thought and from faithfulness on our part will be developed gradually those more spiritual thoughts that give us the realization of God's loving Presence.

Set apart some time morning and evening for devotional study. Read selections that appeal to you from the Scriptures and other spiritual writings. Then be still and try to realize the spirit of the words.

When the mind wanders, turn again to the printed

word. This is the highest form of concentration and meditation because it fits the mind for soul expression. Persist in this practice and it will unfold the latent spirituality of your nature, giving you great peace and clearness of mind.

JESUS JEHOVAH.

I recognize thee as the greatest soul that ever walked the plane of earth.

Thou wert the purest medium for the expression of spiritual wisdom. Thy soul sight was the clearest and thy discrimination the wisest, and therefore thy teaching was the very highest that humanity has heard.

I recognize thee now as the mightiest healer in the heavenly realms. I recognize thee as the mightiest Master of souls, the Spirit of divine impersonal Love.

I bow in humility of heart before the majesty of thy Soul, and ask of thee the blessing of thy love, that I may daily grow more like thee in the expression of loving kindness, purity of thought and nobility of character.

I know that with thee as my immortal ideal I shall become inspired with thy divine spirit of love and goodness.

In devotion to thee I will bring all the forces of my nature to serve thee. I will force all my thoughts and feelings to turn toward thee that the light of thy true Presence may glorify all my nature, converting all the ends of my earth to thy service.

I will walk in the path of righteousness and truth for thy love's sake. Amen.

* * *

"Lord, with glowing heart I'd praise Thee
For the bliss Thy love bestows,
For the pardoning grace that saves me,
And the peace that from it flows:

Help, O God, my weak endeavor;
This dull soul to rapture raise:
Thou must light the flame, or never
Can my love be warmed to praise.

Lord, this bosom's ardent feeling
Vainly would my lips express:
Low before Thy footstool kneeling,
Deign Thy suppliant's prayer to bless.
Let Thy grace, my soul's chief treasure,
Love's pure flame within me raise;
And, since words can never measure,
Let my life show forth Thy praise."

FRANCIS S. KEY.

* * *

"O Jesus, Lord of heavenly grace,
Thou Brightness of Thy Father's face,
Thou Fountain of eternal light,
Whose beams disperse the shades of night:
Come, holy Sun of heavenly love,
Shower down Thy radiance from above,
And to our inward hearts convey
The Holy Spirit's cloudless ray."

AMBROSE OF MILAN.

CHANT OF THE SOUL.

Thou Infinite One! All-pervading, all-glorious is thy light. All perfect is the manifestation of thy law, and still more perfect is the source of that law, the Divine Light of the soul.

Oh God! Thou Most High! Thy presence is visibly manifest, thy spirit pervades, thy light enkindles all worship. May I be brought to a consciousness of all thy blessings, always remembering that the blessing which cometh in the shadow is even greater than that which cometh in the light.

May I always remember that out of the shadows of time the Spirit works the treasures for eternity. Beyond the conflict I shall gain the triumph of peace. My heart doth praise thee for all blessings. I will praise thee in each hour of my existence, in joy, in sorrow or adversity, knowing, O thou Infinite One, that in the life eternal the shadows pass away forever.

THE IMMACULATE CONCEPTION.

All substance and all space are intelligent. Every thing that ever happened is remembered by the Mind of things. The Mind everywhere present never forgets the acts done in its presence. Even the "walls have ears," and a bit of plaster from a room in Pompeii will reveal to the awakened sense of a psychic all that transpired in that room hundreds of years ago.

Spirits can read in the mental atmosphere somewhat of the records stored there of mortal happenings, but not so clearly or truly as awakened souls. All spirits have not become awakened. Awakened souls can see in the atmosphere of Waterloo or Gettysburg the pictures of all that happened there, both on the material and spiritual side. In spirit they can walk again with the Christ and see all the wonders of that immaculate life of God manifest in the flesh. And when they have pupils on the earth plane sufficiently unfolded, this spiritual knowledge may be imparted to the world.

The following was given as truth from the mountain heights of wisdom where dwell those who love the Christ as the supreme individualization of Divinity. The words are mine.

A soul was born from the immaculate glory of the Father's presence, born like many other mystic souls from the Central light and love of eternity, the Father-

Mother God. For ages that soul lived in the most sublimely luminous kingdom of the Father, growing in wisdom and power, passing through all stages of soul education and experience in the heavenly worlds until he attained the supreme power of mastery. He developed from a soul spark of deific consciousness into an innocent cherub, such as always beholds the face of the Good Father; from a cherub to the self conscious beauty and grace of an angel, and from an angel to the wisdom and power of those who manifest the will of the Father in all heavenly realms of life. From an archangel he passed to the sublime degree of Godhood through the path of incarnation, through sacrificing his high position in bliss to use his divine powers of soul for the education of humanity and the alleviation of suffering.

The ways to the heights of Godhood are as varied as the needs and temperaments of souls; no two souls travel exactly the same path in their upward progression. The path of incarnation in the flesh is not a necessity to souls but a choice. Only an infinitesimal number of the great myriads of souls continually being born from the Divine Nature ever seek incarnation; they find all the experience and wisdom necessary for their development of self conscious divinity in the various realms of spiritual activity above the mortal plane.

But the earth needed the transcendent soul of Jesus and the truth in his possession, as it needed those other mighty souls of light, Buddha, Zoroaster, and Krishna, who before him had compassion on humanity.

He felt the love of the Father-Mother God within him, inspiring him to go to earth and seek for those who were lost in the ignorance and sin of the mortal realm; those souls who were so bewildered by the darkness of the lower realms that they reincarnated over and over and could not seem to find the path which led back to the realms of light.

There is much light and much freedom in the spirit realms close to the earth at the present time, and the mental darkness that surrounded the earth has been scattered and dissipated to a large degree, thanks to the wisdom and love of the heavenly hosts and to Christ their leader.

The Father sent him. He heeded Love's monition. He came and conquered the occult laws and the false beliefs that had held souls in chains of ignorance. Among these occult beliefs that the selfish priesthood had woven into the mind of earth was that age-old belief in the necessity of reincarnation as a means of redemption, the belief that justice could be appeased only by sacrifice and pain. The spirit priesthood, in order to perpetuate their selfish power on earth, held this binding belief over spirits coming up from earth (as they do to some degree to this day) and compelled them to reincarnate without gaining wisdom and progression in the spirit spheres.

He himself, a form of Truth, descended into those dark paths of mortal ignorance and led captivity captive in a mysterious way which mortals do not comprehend, bringing the freeing light of love not only to the conscious mind of mortals but also to dark mortal spirit spheres, the cause world, where the cause for mortal sorrow was rooted, where the principalities and powers of darkness were enthroned over humanity. Surrounded by the mightiest souls in heaven, he fought the spirit priesthood as well as their counterparts on the earth.

If mortals could but see as the angels see the mighty work that was accomplished by that soul, they would worship and praise him with true appreciation as he is adored by angels and archangels in the higher heavens.

It is recorded of all the saviors worshipped by humanity that they were immaculately conceived. Herein is a spiritual mystery that, like many other spiritual truths, means nothing when taken in a literal sense.

After the archangel soul of Jesus decided to enter the physical world through human birth, he must involve his soul powers and veil the mighty light in his possession in order to make himself negative enough to come in touch with the lower planes, and then, after that long period of involution, he must seek for a suitable birthplace and for parents who would provide him with mental and physical characteristics that would offer the least resistance to the unfoldment of his soul after it was born in the physical body. He found parents with psychic faculties unfolded and mediumistic powers developed to the degree that they could see him and be impressed by his angelic presence to fulfill the divine laws of heredity whereby the best elements of their natures were conserved for the conception of a child that would have the intense spiritual devotion and aspiration that the parents had previous to its conception as the dominant characteristics of its mortal nature. When we think of the mighty overshadowing of the Holy Spirit that radiated from his soul, of the love and power focused on the tiny germ that was to grow into a body for his indwelling, and of the angelic company gathered about him, making all the subjective atmosphere luminous with the light of heaven, we do not wonder that the conception of his body was called immaculate.

This will become a heavenly world, peopled with a glorious race of beings, when children are conceived in pure love, and the aspirations of the parents draw the emanations of the angels to spiritualize all parts of the nature that is to become the soul's instrument for physical expression.

Parents must be educated in the laws of heredity; they must understand how sacred is their work, and what a tremendous power is theirs to direct by prenatal culture the future character and destiny of their children; that if they want ideal children they must be ideal parents.

When parents fulfill the conditions leading to immaculate conception by devoted spiritual lives, their prayers for strong and great souls will be heard and answered by heaven, and those wonderful souls in heaven who are now repelled by the animal-like lusts of humanity will be attracted to enlightened parents, bringing to the world a wisdom and power that will inaugurate the golden age.

But souls incarnate can gain dominion over the law of heredity by understanding that their true and most powerful self is of God, by faith in this Christ within, by denying those limiting qualities derived from mortal parents and affirming the divine attributes of the soul which they wish to bring into conscious expression.

Every soul is wonderful in its inner divine attributes, be it of little or great power in the expression of those attributes, and even a young soul may by devotion to God draw a power into expression that would shame mightier souls that are simply drifting in the currents of mortal pleasure.

PRAYER OF PRAISE.

Let us commune with the White, Majestic Presence of our God. Let us turn to the light and love Divine, the first cause of all things in the visible universe.

Come, let us turn our thoughts to the Infinite One, through whose laws every form has its existence and every beauty or beautiful thing derives its expression.

We give praise to the Father that within the outer is the inner realm. We praise Him that the mind of man is given a perceptible understanding of that realm, through powers invisible yet palpable. Through these powers, O Father, thou hast made humanity aware of its divine inheritance.

Thou, who art the Ruler of spirits, hast given the Way for thine earthly children to gain a knowledge of immortal things. We now attest the power of ministering spirits in the fulfillment of the Providence of God.

We now know that in the Cathedral upon the altar is at this time kindled the fire of aspiration which bringeth us even now close to the Inner Shrine, where the Quenchless Flame is burning.

We know that through the period of silence whilst we are alone with thee, thou Absolute and Mighty One, we are again passing through the Quenchless Flame that will consume more and more the dross that the pure gold may manifest.

Glory to Thee, O Thou Most High.

We know that it is not to the visible but to the invisible we must turn, the Invisible and Eternal, for we have learned that the kingdom of the Spirit and the requirements of the Spirit are to us the most potent.

We know, O Father, that Light and Life are in the Realm of Spirit, that the senses are not required to perceive spiritual things but only to demonstrate the truths perceived by the soul; they are but vehicles of expression for the Spirit.

We know that the Realm of Spirit has its own laws of existence. As light is the law of life, so Thy love is the light of the soul and the light of Thy Spirit governs all.

All praise to Thee, Thou Infinite Love.

THE DIVINE PERSONALITY.

The idea of personality is natural to human kind; it is woven in the consciousness of all human lives.

That which we value most when we read biographies or history is the revelation of personality. We enjoy

reading the lives of those recorded in history because their trials were real like those of our own lives.

We admire poetry, art and beautiful memories, but we cherish, love and hold most sacred heroes of our hearts.

A country's greatness consists in its glorious personalities. Its grand men and women of strong character and pure lives add more to its success than natural beauty or wonderful events, for it matters not how fair the scenery, how lofty its mountains, how vast its beautiful plains, the land would be desolate if man were not.

In looking among the people of earth what do we find they value most? Surely, generally speaking, it is not their wealth, their lands or the beautiful dwellings in which many of them live. When we come close to the abode of their existent life we find love the imperishable gem. It is there, ever ready to manifest, although sometimes we may find it covered with earthly debris. It lives in each life, is imbedded in each heart, is encircled by bright rays in each soul. Sometimes parents would give everything they possess for one frail little life that is dearer to them than anything, than everything in this wide world. Does not the treasure of mortals consist in their friends, in personality? Mortals are attached to personality. All their best affections have been evolved from contact with personalities. All their ideals of goodness and truth center about personality, and it is but natural that God should be an immortal personality, expressing all those qualities which on the earth plane are seen to make men good and great.

With personality as the ideal of their minds and the love of their hearts, how easy and simple is the evolution of thought to personality in God. The voice of the heart of humanity as a whole is a more unerring guide to the true way of soul evolution than the most correct reasoning of metaphysicians, because the craving of the heart is a

demand upon the infinite to provide a necessary step in the unfoldment of the soul.

The ideals of humanity are grouped about the personality of God; salvation dwells with this personality. Such has been the teaching of ages. The prophets foresaw the person who was to come to dispense salvation. With prescient vision they saw the trend of human evolution and said: "The Lord will come and dwell among you."

One voiced the feeling of many hearts when she exclaimed: "Oh, I am glad, my heart is full of joy that he, my Savior, my God, my Father, is revealed to me as a personality, a living being, not as a principle or a doctrine, but a living being that I can cling to with the susceptibility of spirit touch, that I can enfold in my arms of love and trust, that I can realize in the depth of my consciousness as a good and great and divine reality, more to me than any other could be. He is my Savior."

Every religion that has gained any large following in the world has had a divine personality as its central power. There have been many doctrines taught for the acceptance of humanity that have not been successful because the teacher was not the light that he taught. It requires a mighty soul to promulgate a religion that will survive the cycles of change. Its every precept must have been inspired by a soul aflame with the love of God. Only that which is real can last.

Every race has had its light. To each race has a Lord-soul appeared to guide it in the way of truth and life eternal. And in the fulness of time there came the Lord of Lords and King of Kings to plant the seed of a kingdom of love and wisdom that should have no end. Now the dawn of that kingdom is at hand, the glorious knowledge of the Lord of life is beginning to cover the earth and he shall become the central luminary of light

and love for all souls on earth as well as for those in heaven.

When we think over the life history of Christ, our beloved Master, back of all the events shines out clearly, yea vividly, the MAN in his greatness and power. The crystallization of wisdom, the gentle and lovely one whom we can lay hold of with the grasp of a great consciousness. His love and satisfaction will come to us if we obey the precious, loving words, "seek me and ye shall find me."

In his life, his actions, his very words he has left so much of himself. In his words he is always living and concrete; it is always "I." But Oh, it came from him with a consciousness of his majesty, of his right to speak thus. Yea, he could speak thus of himself, for he was a great and wondrous personality. He revealed the truth and the truth would not be of so much value without him, its personator, behind it. His was free self-devotion to great and divine ideas. His was a state of perfect faith that comes by works, comes through the unfoldment of self, the awakening of the soul's divinest qualities and the harmonious development of all its powers to the highest degree. It is not only the memory of the past, the historical Christ, that stands out from his teaching of truth, harmony and power, but the wondrous Christ who is still alive. This our Christ, is not only a vivid and cherished memory of the past, but is living still.

There is no place where God is not. We are akin to him, in union with him, and this unity underlies all nature. He is as near us to-day as when he taught and wrought his miracles. His tender heart is throbbing still for us. His dear face is still turned toward us. He is a tangible presence. We can draw close to him, for he is a risen and immutable Christ in our lives, the same forever and forever. His resurrection is the symbol of the resurrection of the living Christ in us, our hope of glory.

Know you his will and do it by striving to uncover the divine and eternal within. Though your soul may be compassed about by the actualities of mortality you can call on Christ the Master, who can set you free through love, through universal love. You can be taught of the brotherhood of mankind which will awaken you to a knowledge of your relationship not only with the few but with all. Acknowledge your oneness with all, that you may receive truth from every one, of every degree or station in the boundless universe, and then you will enter the divine state of mind and realize this wonderful unity in which you find God, where from the depth of your spirit you may fall at the feet of the Holy One and find life, life in greater measure, where you will realize the unbroken presence of your Lord and Master who could not die but is still with you. He speaketh to you from the other side of Calvary. Can you not feel that his is an uninterrupted and continuous presence? He is still with you now and evermore, for has he not said, "Lo, I am with you always, even unto the end of the world?"

Does there not come from the depths of your soul the cry: "Oh, my Savior, my heart shall be thine!"? Through his teaching have you not become aroused to the spiritual awakening of the inner and divine man, to that great consciousness of the unity of life which gives you faith in humanity? Thus you realize that men are noble and divine in soul here and now and that they belong to the one infinite Good.

CHRIST IS YOUR HOPE OF GLORY.

A wonderful path stretches out before you. You are walking into the arms of a glorious destiny as a son of the living God. Your soul is part of the great soul of Christ, one with the infinite Soul and lives in the ocean

of Soul partaking of the strength of the Spirit. Knowing that your being has its foundation in God, as an expression of the almighty fountain of Cause, you have faith in the development of the power from within. You are embodying this unlimited power in your words, spoken from this understanding.

Speak the word of truth with faith; perfect unwavering faith. Hold fast to the Christ day and night, trusting even though you see no result, trusting on and on with persistency in prayer, repeating over and over that you will trust Him, for He is your deliverance. Affirm: Christ is my wisdom. Christ is my strength. He will manifest in and through me, for in Him doth all fulness dwell; fulness of life and joy and perfect bliss. Do not allow your consciousness to limit the manifestation, for it is limitless. He will manifest through you as you give Him a body of faith; faith that is built strong and sure on the foundation of almighty goodness and love. There is nothing too small for His love. His love desires to incarnate in and express itself through every atom of negative substance. And by your communion with this inmost center of soul intelligence—the most positive realm of Divinity—your mind becomes infused with the living faith of God, and gains dominion over all mortal conditions.

Keep your mind consciously in open communion with Him without any intervention. Hold your Christ firmly and persistently in your mind. Continue praying until you bring to yourself the manifestation of the highest ideal. For the rays will surround you and array you in their shining brightness. You have only to remove every barrier that might exclude the light of this fair truth that its glorious and divine perfection may be revealed more and more fully to your consciousness, till it permeates your individual life. Pray without ceasing till you gain the victory and this fair and perfect truth sits enthroned in your life. Hold the silence sacred,

for it is in the deep silence of the human spirit that the mount of peace is attained. Listen to the voice which cometh in tuneful whispers from the magic portals of the cathedral, from the midst of the glory on the altar of your soul life, for it is the voice of your Christ that will lead you.

To reach this fair truth, to reach the glorified love of the Christ, you must cast aside all dross and earthliness; be willing to climb any height or walk through any thorny path to sit at His feet.

Be alone as much as you can with God, folded in the silence of His breast. Your heart is almost still for the brooding pinions of divine love and divine peace are enfolding you. In this calm the soul abides in the joyful consciousness of its divine inheritance.

THE MEDIATOR.

The voice of wisdom says: "Thou shalt love the Lord (the manifesting God) thy God with all thy heart, mind, soul and strength."

How much do you love the Truth? Do you love God with a more intense affection than that which binds you to children, parents or any relationship, so that if the Truth called you away from all these you would not hesitate to follow it? Has the love for God grown so strong within your heart that the attractions of the world, the pleasures of the senses and the amusements of mortal mind are less real to you than the joy of spiritual communion with God the Father?

With Jesus, love for the Father was the all absorbing passion that held His whole mind in devotion and bent every energy in service for the Father. How close a follower are you of His perfect example of perfect love and devotion?

From earliest childhood He had been listening to the

voice of His soul and thinking only of His Father. It will need just such earnestness and faithfulness on the part of any devotee who wishes to realize the same exalted consciousness of the Father that Jesus realized.

But we hear the answer: "How can I love God who has no form or place or imaginable reality, except as a principle? How can I worship a mathematical principle? How can I adore the vine on my wall as God? I can love my friends or my child because they are real to me; they are concrete; they are objects of attraction. My love craves an intelligent object upon which I may bestow it. Show me the form of the Supreme Being that my worship and love may find expression."

The Father has provided for all the needs of His growing children. The universal Father has individualized Himself as souls, and He is present in each and every soul. But there are young souls and old souls, souls developed and undeveloped. And among the mighty souls of God there stands the One who most powerfully and perfectly reveals the Father in organized form, who by right of His superior love and wisdom is given to be the shepherd of God's sheep, the guide of evolving souls —Jesus Christ.

"He that hath seen Me hath seen the Father."

"If a man love Me, he will keep My words;
And my Father will love him,
And We will come unto him,
And make Our abode with him."

"No one cometh to the Father but by Me."

In the Hindu Scriptures the voice of the Lord God speaks the same truth. "Hard the travail is for whoso bend their minds to reach the Unmanifest. That viewless path shall scarce be trod by man bearing his flesh. But whereso any doeth all his deeds, renouncing self in Me,

full of Me, fixed to serve only the Highest, night and day musing on Me—him will I swiftly lift forth from life's ocean of distress and death whose soul clings fast to Me. Cling thou to Me! Clasp Me with heart and mind! So shall thou dwell securely with Me on high."—Song Celestial.

Our physical sun is a mighty radiator of electric and magnetic energy. The vibrations of the sun's energy by their friction with the electric and magnetic currents generated from our planet, cause the vibrations which we sense as heat and light. "As below, so above." Whatever we see on the physical plane has its analogy in the spiritual part of God's nature, for the one law of attraction operates alike on all planes.

There is a great center of radiating power in the Divine Mind like our physical sun, and the Vibrations of the great spiritual Sun are sensed by spiritual beings as love and wisdom. This powerful center of intelligent life is the parent of all spiritual entities, as the physical sun is the source of all life and growth to physical forms. Our planet was originally part of the substance of the sun, therefore we can speak of the sun as the father of the planets and all forms on the planets. In like manner all souls are of the life and substance of the spiritual Sun of eternal life; therefore the Sun of heaven is the Father of our spiritual nature and the perpetual inspiration and strength of our souls.

The radiating glory of this majestic Presence of the Father fills all space and sustains all substance with His immortal power, and ever seeks to satisfy the needs of the soul, giving life in endless abundance.

This divine Sun of righteousness is mentioned in all the Bibles of the world, and all the sages and prophets, whether Hebrew, Persian or Hindu, have worshipped this golden-orbed Sun of God.

Jesus Christ is identical with the Sun of love and

wisdom. He is the personified form of the Father to all souls in this solar system, because His soul organizes and exhibits the power of the Father most fully. He therefore stands at the summit of the mountain of evolution as the supreme teacher and guide, and in Him all find the most direct way toward the realization of the life eternal.

You can affirm as true of yourself all that you can conceive as true of the universal God. You are a microcosm; a small reproduction of the great cosmos. Whatever is true of the Father God is true of your soul, for it is the organized substance and intelligence of the Father.

Benefit may be derived from every affirmation of truth made by teachers and pupils of the New Thought. There is truth in all statements that identify man with God. But all statements are not beneficial at all times. Minds weak in mental backbone need to be taught to recognize and affirm the glory of their own indwelling souls.

They must also be taught of the "Rock that is higher than I," that their self-assertion may grow in grace and love. They must know the truth of their independence of all negative conditions, but they must also know the truth of their dependence upon the more positive manifestations and attributes of the Father, that meekness and power may walk hand in hand in peaceful companionship.

Many metaphysicians teach that we are entirely independent of the more highly evolved planes, and do not need the help of our elder brothers in our own spiritual development. They say: "I am just as much God as Christ was, and I will look only to the universal God for my power." While we can all look to the Father, as did Jesus, for our all, it is well for us to get a true idea of how the Father manifests for our benefit. The metaphysical method has given birth to a great number of egotists, who glory in their "self-illumination," and believe in

their hearts that the angels of God could gain wisdom by listening to their instruction. They have closed up their spiritual faculties of reverence and devotion as hereditary remnants of the ignorance of the race. Believing that they need look no higher than self for the bread of life, they mistake the desires of the mortal self for the aspirations and intuitions of the soul. Amativeness, ambition, acquisitiveness and approbativeness grow strong and gain dominion, so that their thought is entirely centered in the things of this world.

They do not believe it necessary to give years, as Jesus did, to meditation and devotional communion with the Father because they believe that their attitude of holding themselves as being already in fullest oneness with the Father is sufficient to accomplish for them what Jesus accomplished for Himself and humanity.

Ah! but there is a vast difference between their intellectual conceptions of truth and the Spirit of Truth realized by Jesus. As different as the light of the moon and the glory of the sun. They will be obliged to follow in His footsteps of renunciation and perpetual devotion before their souls will awaken and begin to woo the power of the Holy Spirit.

The soul is God potentially, but no matter how great an incarnate soul may be, it requires the power of an awakened soul to draw out and develop its latent powers. Jesus had attained to a mightier power of soul organization previous to incarnation than any other soul in heaven or on earth, nevertheless it required thirty years of ceaseless devotion, and much retirement from contact with mortal mind to allow the ministering power of the Holy Spirit to develop His mind and body to that high pitch of spirituality that He attained in order that the pure spirit of His soul might have a fit instrument in which to vibrate its mighty tone of love and life.

As long as thoughts of self and of the things of the world are dominant in the mind, the mind is in touch only with the mortal vibration of the earth plane. It is constantly drawing that quality of vibration of which it is in the habit of thinking. It may say over and over "I am the love of God," but unless it is lifted out of the mortal sphere of thought at the same time and feels the love of God while thinking the thought, it has no more effect than any intellectual exercise.

The soul incarnate yearns for communion and contact with the awakened souls of the heavenly spheres. It needs to be kept in touch by love and devotion with the immortal glory of the awakened state of souls, that it may drink of the waters of life, and be resurrected into the consciousness of powers that belonged to it in its heavenly home.

All souls need the continual baptism of the Holy Spirit, which comes in the name of the Christ, to lead the soul into the fullness of truth.

The ministering power of the Holy Spirit is an organized power. The Father is forever organizing His power into individual forms of expression. There is no expression except through organization. His electric and magnetic power is expressed to us through the organized form of our physical sun. Intelligence is expressed through the organization of brain cells. And the life and power of God are expressed to the heavenly world of souls through the organization of the divine central Sun. The mighty waves from this celestial center are still further modified and transmitted to incarnate souls by the ministering power of the Holy Spirit, which is organized of the wise and mighty souls that have attained to the angelic and archangelic state.

Jesus Christ is the supreme Master and guiding power of this mighty host of souls, because in His own being He embodies all that has been realized of the absolute

and eternal God. He is nothing less than God personified in highest and mightiest degree. The Father hath given all things into His hands. He watches over and guides the evolution of souls as the shepherd watches over the sheep. He is our Way, our Truth and our Life. "No man cometh to the Father but by Me."

Metaphysicians may think they are independent of the Christ and sufficient unto themselves, but all that they realize of the power of God is the manifestation of the ministering Spirit of the Christ sphere. They have testified that some of their greatest healing was accomplished when they were making the least effort. It was the conscious, active power of the Holy Spirit outside of their own individuality, using them merely as a connecting link through which to come in touch with the patient.

The love and blessing of the Christ and His hosts of regenerated souls are all turned toward humanity. The world is flooded with the merciful power of the Father that comes through the Christ, and when metaphysicians recognize this truth of the Mediator who stands between us and the Absolute, they will empty themselves of egotism and resurrect those high faculties of reverence and devotion by which alone the soul is linked to God, and they will in their meekness and emptiness of self be filled with the redeeming grace of our Lord and Master Jesus Christ.

THE PICTURE METHOD.

With the majority of students the mind needs to be trained to steadiness of attention. There is no better method than to take a restful position where the eyes fall naturally upon a picture of the Christ. A scene from the life of Christ is helpful in that it brings the mind in close union with the environment in which Jesus lives and

makes his personality more real. The mind can become centered by dwelling upon the details of the picture in their relation to the central figure, the meekest and most merciful of men. But for deep devotion or soul realization the figure of Jesus is sufficient. The student should not hesitate to adopt help, such as this in his endeavor to realize a state of concentration that will polarize or center all his thoughts upon the desired accomplishment.

Students have been told to concentrate on a spot on the wall, or on the tip of their nose, but there is no inspiration in such practice, there is nothing in the method that appeals to the higher spiritual faculties. The mind needs an object for contemplation that is attractive to the eye because of its beauty, interesting to the mind because of the elements of truth it contains and inspiring to the soul because of its spiritual quality, and where can we find a better object than the One who for centuries has been humanity's ideal? His personality expresses the true and beautiful characteristics of Divinity, and we want such a character as a vivid, personal ideal if we are to grow like that which we study.

When the method here outlined is practised in the morning, the whole day is brightened by a sense of the personal Presence of His mighty Soul. The bright image of His Face, glorified by the Divinity that dwells within the soul, as it recurs to the mind, increases our faith and trust in the omnipresent Intelligence of God. As we become more and more devoted, all our thoughts and feelings center about Him, and our hearts warm with love for Him. If we listen to music, His beautiful image dwells before our mind's eye and we feel that its harmonies represent the celestial harmonies and emotions of His Soul. When we partake of food we are absorbing His substance. All that we think or do is done in the consciousness of His Presence, for Him, in the effort to express the best qualities

of our soul in union with Him, thus awakening into His image and likeness as we grow into the fulness of divine grace. The picture and the Spirit it represents become one in our thought, and we realize that He and our Father and our soul are the One Consciousness of Divinity individualizing in distinct forms.

A very attractive shrine may be arranged by placing a large copy of Hoffman's "The Way, the Truth and the Life" on an artistically draped altar and using a reflector to illuminate the picture.

The impression of this picture on the mind returns always with that quality of illumination which makes the Christ appear to the mind as a glorified spiritual reality. The main thing is to have a satisfactory picture in a good light where the eyes will rest upon it easily. A small picture such as Healing Currents contains is sufficient for all purposes if the student desires to think of the Christ.

The picture, no matter how good, is but an imperfect symbol that the mind idealizes until it gains a more vivid conception of the great spiritual reality for which it stands. As I write this I can look, as it were, into His illuminated Face and feel the substance of my soul vibrate with the tone of life that the recognition of His presence always awakens. It is a great pleasure to sit down before His pictured Presence and rest in the realization of His omnipresent Spirit. Immediately the mind turns toward the symbol, the soul through a law of telepathy becomes en rapport with His Spirit and receives of the joy and brightness that stream from His mighty Soul of Love. This soul communion may not be apparent to the senses of the student for some time, but with practice the spiritual life within becomes stronger until even the nerves feel somewhat of the glory that is shining within the soul's sanctuary. Sometimes to "look and live," resting in faith in the unseen and unfelt Spirit which the picture symbolizes, will be enough. Some students in their

anxiety to be doing something, in their desire to realize immediately what can only come to them after much faith and culture, overreach the mark and miss the pleasure that is within their reach, the enjoyment of which will of itself be the next step in their development. So the mood of the moment must be entered into and the most made of it. There will be times when peace will enter the mind of the student as he looks upon the Glorified One and draws deep breaths of His radiant atmosphere. The light of peace dissolves the darkness and discord of materiality. He breathes into the soul and it becomes a living soul, conscious of His healing life and power within itself. Again, the mind will formulate thoughts of praise to Him as the representative of the beneficent Will that desires to give all good gifts to His children, and the mind will be exalted in praising Him until it seems to soar in the realms of light. The use of a picture in this way will serve to bring all the straggling thoughts of the mind into the one Presence, where they will be purified and illuminated. Faith is developed and He seems a more real recipient of our prayers.

We can feel as living forces within our soul the affirmations that he made of unity with the Father and with us. We can feel Him speaking the words of truth in our soul. As we think of His words of life they become incarnated in us and quickened by His Spirit into active, powerful soul energy. We can look into His face and make strong affirmations of truth that are more vital, more devotional and partake more of Divinity because we feel the unity of our soul with Him in this holy communion. And then, as we look into His compassionate eyes, we feel His Spirit of love for humanity and unite with Him in blessing our enemies, our friends and the whole world of suffering mortals with His Spirit of love which we have with Him direct from the Father-Mother God.

DEVOTIONAL COMMUNION.

Oh Christ, Thou annointed of the Father: Thou annointed of the Mystic Logos: Thou through whom the Father spoke in voice of tenderest love and compassion to pain-bound humanity: I bow before the majesty and glory of Thy soul.

Oh God, I am thrilled with the conception of Thy wonderful, wonderful personality. What a privilege to be able to conceive of Thee in the grandeur and beauty of Thy divine character—to bow in imagination before Thy sublime image of grace and love, and to realize that God was made manifest through Thy personality. And then to realize the nobility of Thy life—that Thy life of sublime simplicity is the life all should live—that it is possible for all to live in close communion with the Father-Mother God; to be so radiant with the Divinity that flashes now within the life of our souls that we each one shall, like Thee, make God manifest in the flesh. Oh glorious destiny for mankind—and we may begin to reap it now.

Thou soul of God, that didst sacrifice the bliss of life in the highest heaven to show the troubled souls in earth how to live: Thou who wert an archangel of wisdom and power living in the Presence of the Mystic Wings of Glory, willing to leave all of heaven's joys—even the bliss of the supreme abode—for a lowly birth in this dark valley of suffering and woe, revealing in this a soul of compassion past mortal comprehension:—To live a life like Thine is to be Divine! To live it in the heart; to feel the same great compassion for humanity; to have Thy spirit of worship and devotion, that kept Thy thought continually with the Father; to have such wisdom and to be so meek; this it is to be Divine.

Believing in Thy wonderful personality; knowing

Thy continual love and compassion, I can draw nigh unto Thee in devoted thought and receive soul strength from Thee. I can have Thy life made real in me. Thy spirit will help me to overcome what my own strength could not overcome, bringing into my heart and life Thy blessed, saving influence.

Thou hast not forgotten our needs, our limitations. Thy affection for us is as broad as the impersonal and impartial love of God, but it is an affection wise from personal experience, from having tasted the joys and sorrows of mortal existence, and therefore willing to stoop to help us and save us, desiring to lead us out from the dark valley of ignorance up to the mountain heights of light and joy to reign with Thee forevermore. Amen.

A SPIRITUAL EXPERIENCE.

I shall try to describe one of the sacred scenes from my inner spiritual life, that the beauty of the devotional life may become more real. Similar experiences are quite frequent.

During my evening devotions I wrote down some of my thoughts as in the above devotional prayer. Then I slept for a time, only to awake, as is customary, to the reality of the spiritual world. About my bed were gathered six Hindu Masters, from the Christ realm of the celestial world, making a scene of oriental beauty and heavenly brightness.

Each Hindu was clad in a most gorgeous gown, symbolic of his spiritual office and power. But the beauty of the gowned and turbaned spirit forms was far surpassed by the glory that radiated from the Divinity within their soul natures. Their souls blazed forth with the light of God's love and wisdom, reminding me of the

words of Jesus: "The righteous shall shine forth as the sun in the kingdom of their Father."

I cannot begin to tell of the work and power of these divine souls in the celestial spheres; of their age-long devotion to God and humanity; of the wisdom they have gained; and the position they hold as archangels of God,—executors of the Will of God. And why should I be granted the blessing of their presence and the co-operation of their thought and wisdom? The answer would be a soul history reaching back into the distant past. Suffice it to say that it is a reward to the soul—not to me as a personality—for patient and weary work for humanity, covering hundreds of years in the history of the soul life. My soul, in whatever sphere of action, has always worked to promulgate truth, has always worked for the glory of Christ and always will.

And what were these mighty souls doing here? Why were they standing with bowed heads? They were praying! Yes, I repeat it, they were asking the aid of One greater than themselves—praying to Jesus Jehovah for a special blessing upon their chela (pupil) and the work he is striving to do for humanity.

And as I lay there, senses asleep in the body but spiritual perception awake, I saw their prayers answered. An emanation from the Christ came toward me, and as it entered the atmosphere of earth it appeared softly luminous with the light of His Spirit. It was alive with the thought of the Christ, and while it remained suspended in the atmosphere above my body, from it poured out into my soul life a continuous shower of brilliant diamond sparks of spiritual power. The soul was uplifted and thrilled with the ecstacy of the divine blessing, and the body was harmonized with the life of heaven.

MEDITATION.

"My Father, who led me in this Way,
Still farther the Way will show,
And He, who taught me in this Truth,
Still more will make me know."

In my hours of silence, and in all periods of my life, I have something wonderful to lean upon,—the Almighty Arm of God.

The pleasures of the world, the associations of worldly friends, are as nothing to me, for all their persuasive, gilded folly would hide the Almighty Arm from the sight of the interior life. In the world there is strife and tribulation. The minds of mortals are continually disturbed. They do not seek for the Spirit that can comfort their sorrows and harmonize their disturbances and give them peace. They are ever seeking new pleasures and failing to find the permanent source of soul joy. I have traveled the way of mortals and suffered defeat, but in the path of the immortals I find success and constant poise.

I lean on God's Arm in the hours of silence in closest union with Him. Through these holy hours of soul communion I am inspired with the highest truth and my interior vision penetrates to the secrets of the divine nature. Through this soul unfoldment I am able to utter truths that are self-creative and as I send them forth into the world, they glow in the hearts of those who accept them, with a transcendent glory, for they are alive with the life of the Spirit. These soul-born truths fill their minds with brilliant, spiritual sunshine. Through study of these truths they gain an added soul intelligence which inspires their minds and fills their bodies with vitalizing force. Thus, as they gain the perception of the living force of eternal truth and live in close conformity

to divine principles, do they prolong their lives and gain health and freedom.

Through close communion with the Father, Jesus Christ became the manifest sonship of the God-Head, and his devotion gave him the power that enabled him to heal the sick in body and mind. He was alive in the conscious recognition of the Holy Spirit. My true recognition of the Holy Spirit within, and emanating from all enlightened souls, brings my mind in touch with it, and its touch is health.

As I meditate on Jesus, the annointed of the Father —the Christ—my thoughts come in contact with his immortal mind and feel the thrill of the soul electricity that emanates from his presence. My soul receives a charge from the mighty potency of His glorified soul and through him I become the sonship of God made manifest. As I more and more fully recognize that all power is the power of the Holy Spirit and from my soul's depths sing praises and thanksgivings, I feel the thrills of power that Jesus felt and realize that being one with Him I shall grow stronger and stronger in the exercise of the Holy Spirit. Jesus recognized fully the nature of the Motherhood of God, and knew that God had given him the Holy Spirit, the quickening power, the health elixir. His character became so fully transformed by this Spirit into the nature of a son of God, that he breathed out from his personality the elixir of spiritual health that healed those who came into sympathetic touch with him mentally or physically.

When I am pure in heart I am strong with the strength of the Immaculate One.

I am living the life of a son of God when all my thoughts and feelings are inspired with the Mother love and tenderness of the Spirit.

I am a soul growing toward Divinity and supreme divine Sonship.

THE HEAVENLY INFLUX.

Through Jesus and the Holy Spirit, which he sends in his name or in the quality of His own life, mankind may become receptive to the great currents of truth and life which forever flow from God and Heaven into the worlds of angels and men. "All power flows from a higher to a lower potential."

The reception of this animating and saving principle is by influx according to the law of correspondence, as the Hermetic philosophers of all countries have always taught.

Our Father and Lord is rich to all alike, to all that call upon him. The wordless prayer leads the soul, conscious of its needs, to turn toward the boundless life of Heaven's and Nature's God.

The mute suffering of the animal is an appeal to our Lord as strong as the eloquent words of an archangel.

Man's life is perpetually imparted from his benefactor the Lord God. All creation is an exhibition of his love.

What God wills is; and the will of God is absolute accomplishment.

ENDOWMENT OF THE SPIRIT.

Marvelous are the beauties of divine thought.

The thoughts of Jesus were pure and exalted, free from that mortal bondage, that physical limitation that characterizes the thoughts of men. His mind lived above the desires and cravings of the flesh. The attractions of the external world were not strong enough to keep his thoughts from soaring to the Father. He denied the lesser attractions and responded wholly to the supreme attraction of Divine Love.

He asked the Father for that which was most essential, that which his soul craved, the food which would nourish and build a divine character. "Glorify me." This was his inward prayer, not for worldly glory or fame, but for that Glory which is the Essence of Divinity. And the Father glorified him. Divine Thought clothed him as with a garment.

* * *

Jesus obeyed the I, the true Ego in himself. This exalted his mind to the innermost state of bliss. He lived so close to the glorious I that he was ever ready to obey its promptings.

The flesh of the man was transfigured with the glory of the I, the Real Self.

The I Am Power is the omnipotent One and brings sweet rest and peace to all who live close to it and obey its voice of wisdom.

Strive to open your eyes to the beauty of your own soul, the I, the inward Spirit that can heal and save if you recognize it as God in you and live up to its idea.

Labor to overcome unbelief, that you may enter into the rest of God where all activity is inspired by the bliss of Being.

Be constant in prayer and in affirming the truth until you live only in and under its power.

Contemplate the power of Love in the works of Jesus the Christ, and desire, O so much, to be like him, to express healing love for the alleviation of suffering, and to be free from the binding chains of mortal thought.

His was a free, unchained mind that used the body as an obedient instrument in the Father's work. The Spirit of almighty God in him gave him his ability and strength. And you, too, can have great ability if you will study and think of his work. Make this a life study and you will grow in faith and divine efficiency.

The real God Spirit must be alive in you if you would

do even a part of the works that he did. As you study his life and become united by love and faith with his mighty Soul, he will endow you with strength and power to do his work.

Hold his personified Presence before your mind. Cast fear aside and worship him with love who stands in the Presence of the Majesty on high, who is that Majesty personified.

Imagine his countenance shining as the sun in its strength, with wisdom and divine tenderness, his face aglow with love and kindness toward you, and his form, the very brightness of the Father's glory, radiating the joy that springs from his heart of Love as he feels and expresses to you the kindness of God.

Turn to the great high priest in the heavens, Jesus the Son of God. He can be touched with the feeling of your infirmities, for he was tempted in all things, yet remained without sin.

He sees his devotees and hears their prayers, for their minds are naked and open before the deep searching gaze of his soul sight.

Draw near therefore with confidence to the throne of grace that you may obtain mercy and find his favor in time of need. He is abundantly able to provide the divine elements that you require. If you lack courage or faith, he will lift you up and breathe his faith into your being. He will hold you in his strength and enable you to do his work wisely and well. But you will need each moment to abide in him if you desire to feel and radiate his kindness.

Only by entering into communion with him will you gain his power to heal, for his healing was the Divine touch. Through him the Father's love spanned the gulf of ignorance and unbelief and touched humanity with the health that the angels know.

* * *

You cannot successfully lead a spiritual life separate from him. Your self must become subservient and live under the controlling influence of the Divine Spirit. You need his help to enable you to become a strong, pure character. Your will must choose him.

Yield every purpose of your heart to him. Obey him if you desire a life so full of his glory that your face will shine with joy. Your life and your face will shine with the glorious reflection of his presence within, and many in looking into your face will partake of the quality of the joy of your life. For you are his, and your life will become like an overflowing stream of breadth and power.

You lay your life at his feet. You are abiding in him in all things. Your heart yields itself in an ecstacy of love to him. Your will becomes his will, and when you are wholly dedicated to him, he will transfuse his life through your being. He will sprinkle you with the clear water of life and you will be truly baptized.

He is your great deliverer, able to meet all your spiritual needs. His everlasting love enfolds and heals you.

On the still surface of your obedient mind his hand will write the work for you to do, if you have given yourself to him unconditionally, and turned all the forces of your nature to serve his purpose.

Through your positive thoughts and intensity of devotion, you will have traced your purpose in the heavens, you will have written it in letters of light in the Mind of God.

You make your vows to him. You pray to enter more closely and consciously into the divine relationship with him, and lo, he bends toward you with listening ear, and in that precious moment the stillness is sublime. In the deep silence he whispers to you, "He that overcometh shall inherit all things."

* * *

When you are healing, keep your own personality out of the minds of your patients as much as you can. Keep their minds fixed on the Christ. They must look to him for healing. It is his risen life in them that heals. They must become participants in his life, but they can only receive it in full power as they abide in him.

When they enter the devotional silence with you and feel the overshadowing Presence of the Divine Consciousness, they will then want the instruction that will enable them to grow in the understanding and appropriation of the healing life.

Those were precious moments that Jesus spent in silent communion with the Father. When he emerged from his retreat it was with renewed energy that he again took up the work that the Father had given him to do for humanity.

Give whole days to the sacred silence whenever possible. When you realize the Consciousness of Divinity you can build on it a home of peace, for it is the Rock of your salvation that you have gained through your true and holy faith.

* * *

You should not expect to reach a state where you will not need each moment to abide in him. If you feel able to live without him you are abiding in the separate life of the personal mind. You cannot be independent of him and do his perfect work on this plane.

You should make of yourself an open channel through which his life may flow. Then he will grow stronger and stronger within you. Then you may enter into the deep stillness which is the communing place of the soul. In the hush of mortal thought the soul waits for the Lord that his will may be revealed. In this silence the power of the Christ Spirit doth clothe the soul that it may walk forth into the world and do its holy work in practical

conformity in life and conduct to the will of his guiding Spirit.

* * *

Listen for his voice in your soul. It is so soft in its whispers that its "sound of gentle stillness" is not so much heard as a voice as it is felt or known as a penetrating intuition. Keep the ears of your mind open for the positive thinking of God.

Your very high thoughts will write something of moment on the subjective record and become established in the mind of the world.

The thinking of mortals in the world is negative and does not conform to the high wisdom and beauty of the God-idea. You do not desire to live by it or put your faith in it, for your faith is now placed in the enriching fulness of God's perfect truth.

Your soul is the true church, the place for the abiding of divine thought, thought so high and pure that the Christ in your life can make your soul his throne. Thus with the redeeming Christ identified with your inmost self, the way lies open for you to know all high spiritual truth, for in him are the treasures of wisdom.

In time you will gain a perception of the absolute unity of God and his nature, and feel yourself included in that blissful unity. When the Christ is in perfect union with your inmost life, you will discover the point where God's life blends with your life, where the Divine becomes manifest in you. He is your strength and the light of his truth is your wisdom, flowing into your conscious mind as an intuitive knowing.

All your faith is placed in him and he has become your righteousness. Your spirit is not isolated from that universal Spirit of which you are a limited form. The holy inward recess is the place where God divides himself, but he does not grow less in this holy division, for soon through this unity the higher self will live constant

to the quality of the Central Divine Flame. For then you as an embodied soul will have overcome, as Christ overcame; your soul will have been lifted into the light, and body, mind and soul will be glorified.

Whether you are living at that time in this world or in one more spiritual, your seemingly isolated self will stand in the blissful consciousness of the Supreme and proclaim:

I AM A FLAME OF ETERNAL LOVE.

APPENDIX.

A MEDICAL ESTIMATE OF PRAYER.

At the recent annual meeting of the British Medical Association a testimony was given to the therapeutic value of prayer which should be recorded over against the skeptical views of some scientists. Dr. Theodore B. Hyslop, Superintendent of Bethlem Royal Hospital, has a reputation as a specialist in neurology and in the treatment of mental disease which adds weight to his words: "As an alienist and one whose whole life has been concerned with the sufferings of the mind, I would state that of all hygienic measures to counteract disturbed sleep, depressed spirits, and all the miserable sequels of a distressed mind, I would undoubtedly give the first place to the simple habit of prayer." It matters not, in Dr. Hyslop's views, what are one's theological conceptions—anthropomorphic or rationalistic—of the infinite environment with which prayer attempts to commune; the effect is the same: "Let there but be a habit of nightly communion, not as a mendicant or repeater of words more adapted to the tongue of a sage, but as a humble individual who submerges or asserts his individuality as an integral part of a greater whole. Such a habit does more to clean the spirit and strengthen the soul to overcome mere incidental emotionalism than any other therapeutic agent known to me."

Dr. Hyslop's competence to speak in the name of science is unquestionable, and what he affirms as a discovery of medical science is identical with the immemorial faith of religion, that there is a place for prayer in the

very nature of things. Not only does he find this place to be foremost among restorative agents. Of the religious enthusiasm which the nature of prayer is to feed and sustain he affirms that it "embodies the most healthy and preservative development of our social forces." Among the many notable utterances in which science is now evincing herself to be the handmaid of religion, these, the most recent, are as memorable as any.—Outlook.

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"Having become convinced, one finds 'absent treatments' on practically the same footing as suggestion in general. In one instance vibrations carry the thought in plain language to the patient—access to the mind being had through the auditory nerve—while in the other, vibrations bear the thought in graphic images. It is much like the difference existing between wire and aerial telegraphy.

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